



Dhempe College of Arts & Science, Miramar, Panaji, Goa

NSS Extension Activities 2017-18

1. Name of the College: - DCT's Dhempe College of Arts & Science, Miramar, Panaji, Goa.
2. Name of Principal: - Dr.Vrinda Borker
3. Name of the NSS Programme officer in-charge: D.S.Parab. (9422635381)
 - a) Dr.Roshida Rodrigues (9921448161)
 - a) Ms.Deepa Audi (9226219662)
 - c) Ms.Akshata Bhatt (9730330894)
4. Number of students enrolled: **Male** :108 **Female** : 335 **Total** : 443
5. Category wise enrolment **General**: 311, **SC**: 13, **ST**: 35, **OBC**: 84, **Minority**: Nil.
6. No. of Self-financed NSS Units: NIL
7. NSS Strength allocated under special camping for the year 2017-18 : **175**
8. Total No. of NSS Programme officer **Male** :01 **Female** : 03 **Total**: 04
9. Untrained NSS Programme officer : **01** (Female)
 1. **Cleanliness Drives** - On 3rd August 2017, the Swachhta drive was taken extended to the surrounding areas as **120** Female and **80** Male Volunteers undertook cleanliness of the children's park near the College. Under the supervision of the **04** Programme Officers, the volunteers sought to make the area a plastic and garbage-free zone so that children can play in a healthy environment. 04 NSS hours were allotted for the same.
 2. **Extended cleanliness services** – On 7th August 2017, the NSS Volunteers undertook the cleaning of the Miramar bus-stop. The area is a prominent one since it is in close proximity to the Miramar beach. As a result, there is a huge influx of tourists and visitors. Therefore, the area is more often than not, full of carelessly disposed garbage which not only renders the area unhygienic but also damages its aesthetic appeal. The volunteers (**135 Female and 60 Male**) undertook the cleanliness of the place and always carried placards to increase awareness among the passer-bys. 10 NSS hours were allotted for the same.
 3. **Voters' Awareness Rally** – On 19th August 2017, volunteers came out in large numbers to participate in the Voters' Awareness rally conducted by Collectorate. **200 volunteers** from the institution started the rally from Azad Maidan and walked through the city of Panaji holding placards to increase peoples' awareness regarding the significance of voting. The rally was flagged off by North Goa Collector, IAS Neela Mohanan.

4. **Cleaning the Bus-stop** – Cleanliness of public spaces is of utmost importance since they are widely and regularly used. Unclean public spaces not only taint the beauty of the locale but may only become breeding grounds for diseases or lead to mishaps. Recognising this significance of keeping public spaces clean, the volunteers initiated the cleanliness of the Miramar bus-stop on 20th September 2017. Volunteers recorded that they often saw passengers throwing waste off the bus onto the bus-station or on the road. Therefore while cleaning the bus-stop the students also held placards in order to increase awareness and raise civic sense among the passengers and pedestrians. **180 Volunteers** participated in the same.
5. **Cleaning the Miramar Circle** – The famous Miramar circle is one of the most picturesque and nodal places in Goa which has made its way into several films. And yet, one often finds that due to the continual influx of tourists at the place, the circle often gets inundated with inappropriately disposed waste which not only reduces the aesthetic value of place drastically but also causes a nuisance to regular travellers. In order to address this issue, the **80 volunteers** cleaned the place on 27th September 2017 and also displayed placards to raise awareness among the on-goers.
6. **Cleaning the area surrounding the college** – The College is set at a location which is dotted by several landmarks. But the surroundings of the place are often found dirtied thereby marring the aesthetic sense of the place significantly. A group of **170** volunteers therefore cleaned the place on 28th September 2017. A cleanliness awareness rally was held on the same day in order to instil the spirit and value of cleanliness among students as well as citizens.
7. **Cleaning the Miramar beach** –The scenic Miramar beach that serves as a backdrop to the edifice of our institution is one of the major highlights of the locale. It is a nodal attraction-point for tourists from all over the world. However, it has been noted that due to the heavy influx of visitors, the place is often inundated with garbage, some of which extremely harmful. Therefore, under the supervision of the Chief Programme Officer, on 2nd October 2017 **200** student-volunteers collected garbage from the beach and readied it for appropriate disposal. The students found a wide range of waste carelessly strewn along the shore marring both the beauty as well as the hygiene standards of the beach.
8. **Awareness drives** – Along with a display placards and posters, the street-play on “Swachh Bharat, Sundar Bharat” was performed at the beach on 2nd October 2017 in order to make people aware of the significance of cleanliness. The play gave hands-on tips for energy conservation as well as decreasing our carbon footprints as well. **20 volunteers** participated in the same
9. **Awareness Programme on Mental Health** – On the occasion of World Mental Health Day, the NSS unit of the College **in collaboration with Sangath** organised the ‘Jagruti’ programme to create awareness and reinforce the need for mental well-being. **30 volunteers** participated in the same and a few among them performed a street play on the theme of Mental Health which depicted different symptoms of mental illness. A movie was screened to facilitate the awareness.

10. **Rally on AIDS Day** – To commemorate World Aids Day on 1st December 2017, a rally was conducted with posters displaying messages on AIDS awareness. The rally was held in the Miramar area. **140 volunteers** participated in the same.
11. **Blood Donation Camp** – The NSS unit of the institution holds the annual feature of Blood Donation Camp. This year too, in **association with HDFC bank**, a Blood Donation Camp was held as part of which **50 volunteers** donated blood and contributed towards this noble cause.
12. **Annual Special Camp** – As part of the Annual Special Camp from 26th December 2017- 1st January 2018 at Government College of Arts, Science and Commerce, Khandola, **108** volunteers along with Programme Officers undertook the following major projects:
 13. Cleanliness of Juvem fort and surrounding area
 14. Cleanliness of Khandola bus stand
 15. Cleanliness of Khandola market area
 16. A street play to create awareness about the ill-effects of tobacco consumption and drug abuse was performed in various parts of Khandola.
 17. A workshop on craft-making was conducted for villagers and volunteers.
 18. **Preparation of Cloth Bags as Major Project** – **443** Student-volunteers undertook a major project of making cloth bags in order to prevent the use of plastic in everyday lives. The initiative is informed by the concerted efforts made by the institution towards promoting and maintaining ecological sustainability. Some of the bags made by volunteers were distributed to shopkeepers and vendors so that they can be used instead of plastic.

| Sr. No | Name of activity | Number of volunteers involved | Linkages if any |
|--------|-----------------------------------|-------------------------------|-----------------|
| 1 | Cleanliness Drive (park) | 200 | - |
| 2 | Extended cleanliness services | 195 | - |
| 3 | Voters' Awareness Rally | 200 | - |
| 4 | Cleaning Bus stop | 180 | - |
| 5 | Cleaning Miramar circle | 80 | - |
| 6 | Cleaning area surrounding college | 170 | - |
| 7 | Cleaning Miramar Beach | 200 | - |
| 8 | Awareness drives | 20 | - |
| 9 | Awareness programme on Mental | 30 | Sangath |

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|----|--|-----|------|
| | Health | | |
| 10 | Rally on AIDS Day | 140 | - |
| 11 | Blood Donation Camp | 50 | HDFC |
| 12 | Annual Special Camp | 108 | - |
| 13 | Preparation of cloth bags as major project | 443 | - |
