



DCT's
Dhempe College of Arts and Science, Miramar-Goa

NATIONAL SERVICE SCHEME (NSS UNIT)
ANNUAL REPORT 2015-2016

N.S.S. unit of Dhempe College of Arts and Science was inaugurated in the distinguished presence of Mrs. Vijyadevi Rane. This year 341 students have enrolled for N.S.S.



- 1) **International Yoga Day** - International Yoga Day was celebrated on 21st June 2015. 60 students participated and were benefitted from the same.



- 2) **Rally by Anti-Narcotic Cell** - 25 NSS volunteers participated in a rally organized by Anti Narcotic Cell Police Station, Panaji Goa on 26th June, 2015 to celebrate International Day Against Drug Abuse.



- 3) **Youth Skill Day**-15 NSS volunteers took part in the World Youth Skill Day Celebration at Kala Academy, Panaji Goa on 15th July, 2015.
- 4) **Quiz**-02 NSS Volunteers participated in the Inter-collegiate Quiz Competition organized by Goa State Urban Livelihoods Mission on 21st July 2015.
- 5) **Campus Cleaning** was undertaken by NSS Volunteers on 5th August, 2015. The students cleaned the lawn area as well as the corridors of the campus.



- 6) **International Youth Day** - 125 NSS volunteers participated for One Day State Level Programme on 'International Youth Day' on 19th August, 2015 at Shyama Prasad Mukherjee Stadium, Taleigao, Goa University.
- 7) **Celebration of Gandhi Jayanti** -The NSS Unit celebrated Gandhi Jayanti by undertaking activities oriented towards social welfare. The celebration began by garlanding the photograph of Mahatma Gandhi in the college campus. The Unit once again joined the national drive for cleanliness and under the aegis of Swachh Bharat Mission undertook a campus cleaning activity. This was followed by a rally for peace which focused on the need for global harmony. 150 students participated in the rally. N.S.S. Programme Officers, Mr. Vinayak Bapat and Dr. Roshida Rodrigues were in-charge of the event.
- 8) **Seminar** -Four students along with a Programme Officer participated in a seminar organised by Directorate of Sports and Youth Affairs, Campal, Panaji, Goa on 24th September 2015 at Institute Menezes Braganza to celebrate NSS Day.

- 9) **Adventure Camp** -Two of our students viz., (1) Rajesh Velip (2) Aniket Parab participated in the Adventure Camp at Dharmashala from 20th to 25th October 2015.
- 10) **Talk on Relevance of NSS** -N.S.S. Day and N.S.S. Orientation was organised on 30th September 2015. Chief Programme Officer Mr. Vinayak Bapat gave a talk on 'The importance and role of N.S.S. in Nation Building'.
- 11) **Talk on Cancer** -On 31st October 2015, 32 student volunteers participated in the talk on Cancer organised by the Dempo Group. The students were enlightened about the various aspects of the disease and the social support that they can lend towards the welfare of the patients.
- 12) **The Constitution Day** -On 26th November 2015, the NSS unit celebrated Constitution Day by organising a talk on 'The Significance of Indian Constitution'. The Head of the Department of Political Science of Dhempe College of Arts and Science, Dr. Ketan Govekar, was the Resource Person for the talk. Through a multimedia presentation, Dr. Govekar highlighted the supreme importance of the Constitution of India, its salient features, its purpose and process of conceptualization. He also showed a short documentary on the formation of the Indian Constitution produced by Shyam Benegal. His insightful perspectives helped students to take recognition of the significance of the Constitution in the large democracy of our nation.
- 13) **Blood Donation Camp** -Every drop of blood can play a huge role in saving several lives. Keeping this in view, the NSS Unit of the College in collaboration with HDFC Bank organised a Blood Donation Camp on 11th December 2015 in the premises of the institution. 56 volunteers donated blood and participated vigorously in this noble mission.
- 14) **Goa Liberation Day & Cleanliness Drive** -On 19th December 2015, the NSS Unit joined the College in celebrating Goa Liberation Day by hoisting the National Flag. On this occasion, a cleanliness drive was undertaken and students cleaned the campus area of the institution. The endeavour was a part of the continual initiatives taken by the institution's NSS Unit towards turning the dream of a Clean India into reality.
- 15) **Special Camp** -The NSS unit organised a Special Camp for the students of the institution. The Camp was held from 25th December to 31st December 2015 in the premises of Vividha Higher Secondary School, Navelim-Sankhali, Goa. **63** student volunteers and **12** faculty members (including 04 Programme Officers) from the College attended the Special Camp. **10** villagers from the village of the camp-site too voluntarily participated in the camp. During the week-long course of the camp, the Unit comprising of programme officers and student volunteers undertook a wide range of socio-cultural activities. As part of Shramdaan, students helped in removing the dense weeds from the vast tracts of the playground of the Higher Secondary School and leveling it for enhanced usage. The students also undertook cleanliness drives as part of their focal camp activity. The playground, campus as well as the gymkhana of the school was cleaned. The students also undertook a survey of the village in order to

get insights into the socio-economic problems faced by the villagers. They realized that the villagers had been affected by the activity of mining and its consequential ban. Guest lectures and cultural programmes were organised at the Camp in which the student volunteers participated enthusiastically.

- 16) **National Youth Convention** - Student volunteer Priyanka Verekar of SYBA participated in National Youth Convention and Suvichar at the National Youth Festival from 12th January to 16th January 2016 held at Raipur, Chhatisgarh. The student got an opportunity to represent the state of Goa and participate in the convention to receive training in holistic development.
- 17) **National Youth Week** -In sync with the larger NSS endeavour of empowering the youth of the nation to bring about global development, the Unit of the College regularly undertakes activities which seek to hone pertinent skills of the students by instilling noble values in them. As part of this, the National Youth Week was celebrated in College from 12th January to 18th January 2016. On the occasion of the Birth Anniversary of visionary leader Swami Vivekananda, a poster competition was organised. Five groups participated in the same and presented visual montages of Swami Vivekananda's defining teachings.
- 18) **Voter's Day - 69** student volunteers participated in a rally organised by Election Commission Office of the Collectorate and Directorate of Sports and Youth Affairs to celebrate Voter's Day on 25th January 2016. The volunteers also participated in the programme which immediately followed the rally. The purpose of both the events was to reinforce the significance of the right to vote and to teach the youth to exercise this right judiciously.
- 19) **Republic Day - 157** student volunteers of the NSS Unit participated vigorously in the event held to celebrate Republic Day on 26th January 2016. The event reinforced the significance of the day in the history of our nation and its relevance in present times.
- 20) **National Deworming Day** - On the occasion of National Deworming Day a talk was organised for the student volunteers to highlight the significance of Deworming. Dr. ShubhataKambli from Urban Health Centre was the Resource Person for the talk. Dr. Kambli highlighted the salient features of deworming – its purpose and relevance, the adverse effects of not deworming as well as the accurate medical remedies to be administered. She also spoke to the students about the importance of a healthy diet and nutrition to combat several physiological disorders.
- 21) **Campus Cleaning** -In order to instill and reinforce the value of cleanliness among the youth, the NSS Unit ensures that students regularly undertake campus cleaning activity. The lawn, parking area, surroundings of canteen as well as classrooms is cleaned and rendered garbage-free. It is also ensured that the students dispose the waste judiciously following prescribed methods of garbage segregation. The campus cleaning activity was undertaken by **150** student-volunteers of the NSS Unit of the College on 13th February 2016 and 17th February 2016.

- 22) **Rally on Shivajayanti** -Students participated in a rally to mark the occasion on Shivajayanti on 19th February 2016. The rally was followed by a talk on the life of Shivaji. 57 student volunteers participated in the same.
- 23) **Skill Development Programme** -More than 35 student volunteers of NSS participated in the Skill Development Workshop organised by Government of Goa with the help of Central Government on 22nd February, 25th February and 2nd March 2016.
- 24) **Rally on International Women's Day** - 70 student volunteers participated in the rally organised by the Women's Cell of Dhempe College of Arts and Science on 1st March 2016 to celebrate the International Women's Day. The students also participated in the events which were organised in the college as a part of the week-long celebration of International Women's Day.
- 25) **Cleaning in the village Penha de Franca** - Under the aegis of the Swachh Bharat Mission, the NSS Unit of the College undertakes Extension activities in the village of Penha-de-Franca. One prominent extension activity is cleaning of the village and its surroundings. The NSS Unit of our college visited the village on 21st February 2016 and 13th March 2016 and undertook cleaning drives in the area. It was observed that due to the heavy inflow of moving traffic, the side-walks of the village have been inundated with garbage, most of it disposed callously. This situation has not only made the side-walks unfit for pedestrian use but is also causing severe damage to environment. Moreover, the garbage found here entails a heavy presence of broken bottles which can be potentially dangerous. The student volunteers undertook cleanliness drive of a large tract of main and side-walk areas. They were given prerequisite instructions about safe and hygienic collection and disposal of garbage to be done under vigilant supervision of Programme officers. The students also undertook a door-to-door cleanliness awareness programme.
- 26) **Talk on AIDS Awareness** -The student volunteers participated in a talk organised by the Red Ribbon Club of Dhempe College of Arts and Science on 'AIDS Awareness in Society' on 9th March 2016 in the Seminar Hall of the institution. The talk was organised in collaboration with Goa State Aids Control Society in order to sensitize the youth regarding the issue. Health Officer from the Urban Health Centre, Campal, Dr. Pritam Naik was the Resource Person for the talk. Dr. Naik addressed the students and informed them about the origin and consequent spread of Acquired Immuno-Deficiency Syndrome. Through a cohesive PowerPoint presentation, she spoke about the causes and symptoms of HIV-AIDS. She highlighted the fact that a lot of myths are associated with AIDS which are, in fact, responsible for the growing stigma attached to the disease in society. She spoke of how, many-a-times, persons suffering from AIDS are marginalized, although there is absolutely no reason for doing so. On the contrary, since fighting AIDS requires not just physical but also psychological strength, every kind of support needs to be extended to the patient. Dr. Naik's presentation shattered the myths which have come to be associated with the common knowledge of AIDS. The

Resource Person also highlighted measures which should be taken to prevent the spread of disease. She informed the youth regarding the ways in which AIDS is acquired and spread and steps to be taken to prevent the same. She also informed of the requisite tests that need to be taken by certain sections of society, for instance, pregnant women to combat the disease. She spoke about the extended and allied consequences of acquiring HIV-AIDS in terms of other diseases. The young audience asked their queries and got several doubts associated with the issue cleared from the Resource Person. The students were given pamphlets that entailed detailed information and prerequisite knowledge required regarding the issue. 70 NSS volunteers participated in the talk.

- 27) **Making Paper Bags:** Considering the damage caused to the environment through the extensive use and improper disposal of plastic, the NSS unit and the College promote a total 'Say No to Plastic' motto. In light of this, all the student volunteers of NSS in the college had been instructed to make 50 paper bags each as a compulsory activity and Major Project under the scheme. The students collected old newspapers and made usable A4 size paper bags that not only have high utility purpose but are also eco-friendly.
