(1) **Celebration of International Yog Day** – On the occasion of the celebration of International Yog Day, NSS volunteers participated in the yog session organised in the institution on 21<sup>st</sup> June 2017. This event marked the beginning of the NSS activities in the College.

(2) **Swachhta drive** – On 1<sup>st</sup> August 2017, the volunteers were acquainted with the Swachhta oath and asked to put its core endeavor immediately into practice by undertaking a campus cleaning drive. 80 Female and 51 Male volunteers undertook vigorous campus cleaning activities of classrooms and the lawn. Under the supervision of the Programme Officers, volunteers collected waste and segregated the same for efficient disposal. The volunteers also reported that plastic was still a conspicuous element in the garbage disposed and hence, awareness programmes had to be organized to prevent the use of plastic. 02 NSS hours were given for the same. 15 classrooms and 6 laboratories were cleaned as part of this mission.
(3) **Cleanliness Drives** - On 3rd August 2017, the Swachhta drive was taken extended to the surrounding areas as 120 Female and 80 Male Volunteers undertook cleanliness of the children’s park near the College. Under the supervision of the Programme Officers, the volunteers sought to make the area a plastic and garbage-free zone so that children can play in a healthy environment. 04 NSS hours were allotted for the same.

(4) **Cleanliness Drive and Sapling plantation** – On 4th August 2017, under the supervision of the Programme Officers, the NSS volunteers (80 Female and 50 Male) undertook the cleanliness of the Annexure building and cleared a patch in order to prepare the ground for the planting of a sapling.

(5) **Swachhta Oath and commemoration of Pakhwada** – On 5th August all the 443 NSS Volunteers (335 Female and 108 Male) and Programme Officers, in the distinguished presence of the Administrator of DCT’s educational institutions, Shri. Rajesh Bhatikar and Principal of the institution, Dr. Vrinda Borker undertook the Swachhta oath. The oath was administered by Programme Officer, Dr. Roshida Rodrigues. The Chief Guest, Shri. Bhatikar emphasized on the need to imbibe the value of cleanliness and implement the same in all our endeavours. The Principal made a special appeal to all the students to
participate actively in the Pakhwara by observing cleanliness in their homes, college as well as the surroundings. She highlighted the importance of internalizing the need for cleanliness so that the dream of Clean and Green India turns into a reality. 04 NSS hours were allotted for the same.

(6) **Extended cleanliness services** – On 7th August 2017, the NSS Volunteers undertook the cleaning of the Miramar bus-stop. The area is a prominent one since it is in close proximity to the Miramar beach. As a result, there is a huge influx of tourists and visitors. Therefore, the area is more often than not, full of carelessly disposed garbage which not only renders the area unhygienic but also damages its aesthetic appeal. The volunteers (135 Female and 60 Male) undertook the cleanliness of the place and always carried placards to increase awareness among the passer-bys. 10 NSS hours were allotted for the same.

(7) **Talk on ‘Segregating Garbage’** - 50 NSS Volunteers attended a talk on 9th August 2017, organised by the College on “The need for segregating garbage”. The speakers of the talk were Resource persons from the Siolim Garbage Treatment Plant. The talk created awareness among the students on the effective ways of garbage disposal and the need to segregate wet and dry waste.

(8) **Celebration of ‘Green Week’** – NSS volunteers actively participated in the week-long Green Day activities held in the College under the motto, “Clean India Green India”. Students participated in Rangoli competition, Skit competition, Poetry Writing competition, Green Selfie contest Poster competition and Green Fashion Show competition. The competitions were themed on various values such as cleanliness, efficient use of energy resources, optimum use of available resources and the like. 08 NSS hours were allotted for the same.
(9) **Cleanliness drives** – On 12th August 2017, the Unit once again undertook a campus cleaning drive. This time, the lawns of the college were cleaned and waste was segregated for disposal. The volunteers also helped the gardener remove weeds and prepare the ground for planting new saplings. 112 Females and 64 Males participated in the same.

(10) **Voters’ Awareness Rally** – On 19th August 2017, volunteers came out in large numbers to participate in the Voters’ Awareness rally conducted by Collectorate. More 200 volunteers from the institution started the rally from Azad Maidan and walked through the city of Panaji holding placards to increase peoples’ awareness regarding the significance of voting. The rally was flagged off by North Goa Collector, IAS Neela Mohanan.
Campus Cleaning – The volunteers undertook a cleanliness drive in the college campus on 15th September 2017, 16th September 2017 and 2nd October 2017 in order to uphold and promote the institution’s value of cleanliness and ecological consciousness. Classrooms, laboratories and the college lawn were cleaned. Volunteers collected waste and segregated them appropriately for proper disposal. Volunteers also cleaned the parking area thereby considerably enhancing the parking space of the college. They also cleaned the canteen area and rid the place of all dry waste. Recognising the need to maintain utmost hygiene standards not only in the canteen-space but also in the gymkhana area, the volunteers participated in cleaning the gymkhana.
Cleaning the Bus-stop – Cleanliness of public spaces is of utmost importance since they are widely and regularly used. Unclean public spaces not only taint the beauty of the locale but may only become breeding grounds for diseases or lead to mishaps. Recognising this significance of keeping public spaces clean, the volunteers initiated the cleanliness of the Miramar bus-stop on 20th September 2017. Volunteers recorded that they often saw passengers throwing waste off the bus onto the bus-station or on the road. Therefore while cleaning the bus-stop the students also held placards in order to increase awareness and raise civic sense among the passengers and pedestrians.

Commemoration of NSS Day – The institution commemorated the NSS Day by organizing a Quiz Competition and a Patriotic Singing Competition in order to celebrate the spirit of unity and social service. NSS Volunteers enthusiastically participated in both the competitions.

Cleaning the Miramar Circle – The famous Miramar circle is one of the most picturesque and nodal places in Goa which has made its way into several films. And yet, one often finds that due to the continual influx of tourists at the place, the circle often gets inundated with inappropriately disposed waste which not only reduces the aesthetic value of place drastically but also causes a nuisance to regular travellers. In order to address this issue, the volunteers cleaned the place on 27th September 2017 and also displayed placards to raise awareness among the on-goers.
(15) **Quiz Competition** – 2 NSS Volunteers Mr. Aneesh and Ms. Amreen Shaikh from the institution won the 3rd prize at the Quiz Competition, “How much do you know Goa?” organised by Department of Tourism on 27th September 2017.

![Quiz Competition images]

(16) **Cleaning the area surrounding the college** – The College is set at a location which is dotted by several landmarks. But the surroundings of the place are often found dirtied thereby marring the aesthetic sense of the place significantly. A group of volunteers therefore cleaned the place on 28th September 2017. A cleanliness awareness rally was held on the same day in order to instil the spirit and value of cleanliness among students as well as citizens.
Cleaning the Miramar beach – The scenic Miramar beach that serves as a backdrop to the edifice of our institution is one of the major highlights of the locale. It is a nodal attraction-point for tourists from all over the world. However, it has been noted that due to the heavy influx of visitors, the place is often inundated with garbage, some of which extremely harmful. Therefore, under the supervision of the Chief Programme Officer, on 2nd October 2017 the student-volunteers collected garbage from the beach and readied it for appropriate disposal. The students found a wide range of waste carelessly strewn along the shore marring both the beauty as well as the hygiene standards of the beach.

Commemoration of Gandhi Jayanti in the institution – In order to commemorate the occasion of Gandhi Jayanti, the volunteers, along with the faculty members and the Principal of the institution, gathered in the college lawn area in order to pay tribute to Mahatma Gandhi. A floral tribute was followed by the performance of a street-play by NSS volunteers on “Swachh Bharat, Sundar Bharat”. The play urged people
to internalise the spirit of cleanliness in order to make the Swachh Bharat Mission a huge success.

(19) **Awareness drives** – Along with a display placards and posters, the street-play on “Swachh Bharat, Sundar Bharat” was performed at the beach on 2nd October 2017 in order to make people aware of the significance of cleanliness. The play gave hands-on tips for energy conservation as well as decreasing our carbon footprints as well.

(20) **Talk on NALSA** – NSS Volunteers participated in the Awareness Programme on account of Senior Citizen Week on the subject of NALSA (Legal Services to Senior Citizens) Scheme organised by North Goa District Legal Services Authority on 7th October 2017.

(21) **Non-violence Week**: From 29th September 2017 to 5th October 2017, the NSS Unit of the institution observed Non-violence week as part of which a wide range of activities such as Elocution, Essay, Slogan-writing and Drawing competitions were undertaken.
Volunteers participated in large numbers at the same. The theme of all the events was ‘Non-violence’. In all these areas, students presented their creativity and depicted the significance of the value of non-violence inspired by Gandhian principles.

(22) **Awareness Programme on Mental Health** – On the occasion of World Mental Health Day, the NSS unit of the College in collaboration with Sangath organised the ‘Jagruti’ programme to create awareness and reinforce the need for mental well-being. The programme, held at Vitobha Temple Betim-Goa, was graced by the presence of the Sarpanch of Penha de Franca, administrator of DCT, Shri. Rajesh Bhatikar, Principal of Dhempe College, Dr.VrindaBorker, Vice-Principal Dr MuktaKaramadi, Director of Sangath, Dr. Fredrick Azaria and Psychiatrist Dr.AbhijeetNadkarni. Our volunteers performed a street play on the theme of Mental Health which depicted different symptoms of mental illness. A movie was screened to facilitate the awareness.

(23) **Rally on AIDS Day** – To commemorate World Aids Day on 1st December 2017, a rally was conducted with posters displaying messages on AIDS awareness. The rally was held in the Miramar area.

(24) **Blood Donation Camp** – The NSS unit of the institution holds the annual feature of Blood Donation Camp. This year too, in association with HDFC bank, a Blood Donation Camp was held as part of which 50 volunteers donated blood and contributed towards this noble cause.
**Talk on Human Rights** – On 10th December 2017 as part of World Human Rights Day, a talk was organised to create awareness about Human Rights among students. The Resource Person was Adv. Auro Oliveira.

**Cleanliness Drive** – On 19th December 2017, on the occasion of celebrating Goa’s Liberation Day, cleanliness drives were undertaken.

**Essay Competition** – As part of the Red Ribbon Club, an essay competition on the topic, “AIDS – A Threat to the Society” was conducted.

**Annual Special Camp** – The institution held the Annual Special Camp from 26th December 2017 - 1st January 2018 at Government College of Arts, Science and Commerce, Khandola. As part of this camp, the volunteers along with Programme Officers undertook the following major projects:

(a) Cleanliness of Juvem fort and surrounding area
(b) Cleanliness of Khandola bus stand
(c) Cleanliness of Khandola market area
(d) A street play to create awareness about the ill-effects of tobacco consumption and drug abuse was performed in various parts of Khandola.
(e) A workshop on craft-making was conducted for villagers and volunteers.

(29) **Talk on “The Life and Values of Swami Vivekananda”** – On the occasion of Youth Day to celebrate the Birth Anniversary of Swami Vivekananda, the NSS Unit of Dhempe College of Arts and Science, Miramar organised a talk on for the students on 12th January 2018. The talk, delivered by Resource Person, Shri Jayprabhu Kamble, Assistant Professor in the Department of Indian Languages, Dhempe College, highlighted the significance of learning and imbibing Swami Vivekananda's visionary thoughts and noble values. The talk received enthusiastic reception from a large number of volunteers.
(30) **Essay Competition** - In the spirit of the Youth Day, the Unit also organised an Essay Competition on the topic, “Empowering the Youth, Building the Nation”. The competition was organised to stimulate thoughts regarding the contribution of youngsters in modern day nation building inspired by the vision of Swami Vivekananda. Students penned down their informed views and participated enthusiastically in the event.

(31) **Republic Day Celebration** – On the occasion of the Republic Day of India the unit celebrated the spirit of the nation’s democracy and fabric by participating in huge numbers. Through speeches and street-play, the volunteers brought to fore the need to address challenges facing the contemporary Indian society and strengthen the developmental process of the nation.

(32) **Talk on Road Safety** – In an attempt to reinforce the need and significance of road safety measures, the NSS Unit organised a talk on ‘Road Safety and Awareness of Traffic Rules’ on 3rd February 2018 in the Seminar Hall of the institution. Resource Person Shri. Dharmesh Angle acquainted the volunteers with nodal traffic rules by giving insights into the adverse consequences of not following road safety measures. He also urged students to report cases of traffic-rule violation in order to make commutation safer for everyone. The student-volunteers participated actively in the talk by resolving several queries.
(33) **Sensitization Programme on Drug Abuse Prevention** – Student-volunteers participated in a One-Day Sensitization programme on ‘Drug Abuse Prevention’ organised by Don Bosco College, Panaji. Programme Officer, Shri. Dinanath Parab participated in a street-play competition on the topic, ‘Prevention of Drug Abuse’ at the same institution.

(34) **Women’s Day Celebration** - Student volunteers participated in “Making Equality a Reality (MEAR)” – an event organised by Department of Women’s Studies, Goa University on the eve of Women’s Day, i.e. 7th March 2018. They also made presentation representing the strength, valour, courage and nuanced distinction of women as achievers in every aspect of life in the institution.

(35) **Preparation of Cloth Bags as Major Project** – Students undertook a major project of making cloth bags in order to prevent the use of plastic in everyday lives. The initiative is informed by the concerted efforts made by the institution towards promoting and maintaining ecological sustainability. Some of the bags made by volunteers were distributed to shopkeepers and vendors so that they can be used instead of plastic.

********************************************************************************