(1) Celebration of International Yog Day: In recognition of the holistic significance of yog in the lives of individuals, the International Yog Day was celebrated in DCT’s Dhempe College of Arts and Science, Miramar-Goa on 21st June 2018. The yog session started at 8.00 a.m. with the Principal, faculty members and students who were in attendance in large numbers, performing various aasanas and understanding the significance of yog under the expert guidance of Director of Physical Education of the institution, Shri. Pandurang Naik.

The session started with a prayer followed by warm-up after which aasanas such as Tadasan, Vrikshasan, Ardhachakrasan, Trikonasan were performed in standing position. In sitting position, Vajrasan, Ushtasan and Shasakasan were undertaken. Kapaalbhati, Anulom-vilom and Bhastrika Pranayam were also performed by the students and staff. Surya Namaskar was performed step-by-step by everyone gathered. The Director also taught participants relaxation exercises such as Shavasana which were performed at the end of the session. The Director explained the health benefits of yog to the students.
The Principal reinforced the importance of yoga in enhancing the physical, mental as well as social well-being of individuals. She urged students to perform yoga everyday to promote balance and harmony in their lives. The session ended with the singing of the National Anthem. 250 students including 16 NCC cadets and 50 NSS volunteers along with 25 faculty members participated actively in the session. After the yoga session the students undertook an Awareness Rally from Miramar circle to Bhagwan Mahavir Park. The Director of the Directorate of Sports and Youth Affairs, Goa, Shri. V.M. Prabhudessai addressed the gathered volunteers. He gave students an informed insight into the origin and importance of yoga in contemporary life. He emphasized the significance of individual fitness as well as collective responsibility. The students participated in the rally enthusiastically holding placards and saying slogans informing the passer-bys of the importance of yoga in life.

(2) **Door-to-Door Swachhta Campaign:** In the months of July, August and September, the student-volunteers of the institution undertook an extensive door-to-door Swachhta campaign in order to raise awareness about the significance of cleanliness among people. The volunteers acquainted people with dry and wet-waste segregation, appropriate garbage disposal, reducing usage of plastic and means of saving energy.

(3) **Survey on Disability:** In the months of August and September, the student-volunteers undertook an intensive survey penetrating the remote villages of Goa on types of disability. The volunteers helped the village Panchayats by conducting the survey and providing the much-valued data. They received appreciation letters for the same.

(4) **Orientation Programme:** The Chief Programme Officer of the institution’s NSS Unit oriented the students by acquainting them with the nodal tenets and principles of the National Service Scheme. He also informed them about the yearly planner – the activities
and initiatives to be undertaken along with major projects – and also urged them to work selflessly towards social and community welfare. All the volunteers of NSS participated in the same.

(5) Swachhta Pakhwara: Under the aegis of the Swachhta Pakhwara, the following activities were undertaken:

i. **The Swachhta Oath**: On 1st August 2018, the volunteers were acquainted with the Swachhta oath and asked to put its core endeavour immediately into practice by undertaking a campus cleaning drive. 200 Female and 100 Male student-volunteers undertook vigorous campus cleaning activities of classrooms and the lawn. Under the supervision of the Programme Officers, volunteers collected waste and segregated the same for efficient disposal. The volunteers also reported that plastic was still a conspicuous element in the garbage disposed and hence, awareness programmes had to be organized to prevent the use of plastic.

ii. **Visual Montages for Sensitization**: A poster competition on Swachhta Awareness was held on 1st August 2018 in order to facilitate an informed internalisation of cleanliness values among students.
iii. **Campus-cleanness drives:** On 2\textsuperscript{nd} and 3\textsuperscript{rd} August 2018, the Swachhta drive was conducted within the College Campus. 2 College campus areas including 14 classrooms, 6 laboratories and the Seminar Hall were cleaned by 120 student-volunteers.

iv. **Swachhta Outreach:** Extending the outreach of the Swachhta Drive, on 4\textsuperscript{th} and 5\textsuperscript{th} August 2018, the cleanliness drive was extended to the surrounding areas as 155 student-volunteers (105 Female and 50 Male) undertook cleanliness of Miramar Bus stop and Maruti Temple near the College. Under the supervision of the Programme Officers, the volunteers sought to make the area a plastic and garbage-free zone so that children can play in a healthy environment.

v. **Swachhta Outreach - Cleanliness Drives in Adopted Village and Nearby Areas:** The volunteers undertook an extensive cleanliness drive in the village Penha de Franca adopted by the college. The student-volunteers collected inappropriately disposed garbage and segregated it for proper and healthy disposal. Alongside this cleanliness activity, the volunteers also carried posters and placards regarding the relevance of cleanliness to bring forth awareness among the villagers and passers-by. Extending the outreach of this drive further, the volunteers also undertook cleanliness in the areas of Merces, Taleigao, Ribander, Chorao, Neura, Tonca, St Cruz, Nerul, Pilerne, Curca, Reis Magus, Betim, Caranzalem, Bambolim.
vi. **Green Day celebrations:** The institution celebrated Green Day on 3rd August 2018 in order to sensitise and orient students towards ecological consciousness. NSS student-volunteers actively participated in all the activities viz. skit, quiz, poetry writing and recitation on the theme of environment, essay-writing, poster-making and paper-presentation. They also attended the talk on ‘E-Waste Management’ was organised by the Green Audit Committee with Dr. Unni Krishnan and Mr. Anil Kumar from Green-wave solution as Resource Persons.

*Towards a Better Future for the planet – Tree plantation*
vii. Independence Day Celebration: On 15th August the student-volunteers of NSS reiterated the Swachhta oath and its significance. The Principal made a special appeal to all the students support this national cause by observing cleanliness in their homes, college as well as the surroundings. A street play was performed by student-volunteers on Swachhta Awareness.
Tabular Representation of the Swachhta Pakhwara data

<table>
<thead>
<tr>
<th>Sr. no</th>
<th>Date</th>
<th>Activity undertaken</th>
<th>Program Details</th>
<th>Number of areas cleaned</th>
<th>Total man hours devoted</th>
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<tr>
<td>1</td>
<td>1&lt;sup&gt;st&lt;/sup&gt; August 2018</td>
<td>Poster Competition</td>
<td>Poster competition on Swachh Bharat</td>
<td>-</td>
<td>5</td>
</tr>
<tr>
<td>2</td>
<td>2&lt;sup&gt;nd&lt;/sup&gt;-5&lt;sup&gt;th&lt;/sup&gt; August 2018</td>
<td>Campus Cleaning</td>
<td>Cleaning of classrooms</td>
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<td>28</td>
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<tr>
<td></td>
<td></td>
<td></td>
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<td></td>
<td></td>
<td>Cleaning of College Campus</td>
<td>2</td>
<td>10</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Cleaning of Miramar Bus Stop</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Cleaning of Temple surroundings</td>
<td>1</td>
<td>5</td>
</tr>
<tr>
<td>3</td>
<td>6&lt;sup&gt;th&lt;/sup&gt;-8&lt;sup&gt;th&lt;/sup&gt; August 2018</td>
<td>Adopted villages cleaning &amp; awareness</td>
<td>Cleanliness drive in adopted villages Merces, Taleigao, Ribander, Chorao, Neura, Tonca, St Cruz, Nerul, Pilerne, Curca, Reis Magus, Betim, Caranzalem, Bambolim</td>
<td>14</td>
<td>70</td>
</tr>
<tr>
<td>5</td>
<td>11-13&lt;sup&gt;th&lt;/sup&gt; August 2018</td>
<td>Welfare agencies hospitals, old age homes, railway stations</td>
<td>Peace heaven school for special children</td>
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<td>5</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Disha school for special children</td>
<td>1</td>
<td>5</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>Cleaning of Children’s park</td>
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<td>5</td>
</tr>
<tr>
<td>6</td>
<td>15&lt;sup&gt;th&lt;/sup&gt; August 2018</td>
<td>Swachhta Shapath</td>
<td>Swachhta Shapath</td>
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<td>2</td>
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<td></td>
<td></td>
<td>Street Play</td>
<td>Street play on Swachhta Awareness</td>
<td>2</td>
<td>10</td>
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</tbody>
</table>

(6) **Fund-raising for Rakhees by Special Children:** In an attempt to help and encourage the exemplary efforts made by the special children of Peace Haven School, the student-volunteers of NSS bought rakhees made by the children and sold them to raise funds for
the school. They successfully sold the rakhees and contributed actively; the acquired amount was duly handed over to the school authorities.

(7) **Kerala Flood-Relief fund:** In view of the tragic catastrophe afflicting Kerala, the student-volunteers of NSS joined hands with the nationwide support by undertaking and participating actively in efforts towards raising Kerala Relief Fund.

(8) **Saksham Talk** – Following the kaleidoscopic range of events carried out, the formal Inauguration Ceremony of the National Service scheme unit of the institution took place on 24th August 2018. As part of the Inaugural Ceremony, a talk was organized. As part of this session, students were acquainted with the utmost relevance of eye donation in contemporary world. They were also sensitized towards different types of disability and what one can do to contribute actively towards the betterment of society.

(9) **Cleanliness Drive at Malim-Betim:** In an attempt to reinforce the necessity of Swachhata, the unit undertook a drive in the village of Malim-Betim. Student-volunteers collected and segregated waste and noted the requirement of conducting awareness programmes for reducing the use of plastic.

(10) **Cleaning of the Memorial:** Recognizing the significance of heritage preservation in Goa, the student-volunteers of NSS, under the guidance of historian and noted heritage-conservationist, Shri. Prajal Sakhardande, undertook an intensive cleanliness drive of the Sachdeo Memorial at Miramar. Shri. Prajal Sakhardande apprised students with the fact that the memorial was established in honour of the Lt. Governor of Goa and is therefore of great historical value. He also reiterated the need to keep heritage and historical sites clean in order to preserve their global significance and timeless value.

(11) **Awareness rally:** In the course of the myriad cleanliness drives, the student-volunteers became privy to the fact that there is a need to facilitate the internalization of Swachhata as an integral value among people and in society at large. They realized that unless people make Swachhata a habit, the true success of the mission will not be achieved. Therefore, along with undertaking hands-on cleanliness drives, the students also organized rallies as part of which they voiced out slogans and displayed posters on the relevance of cleanliness. One such extensive rally was undertaken on 24th September 2018 by the volunteers along with programme officer, Shri. Dinanath Parab and noted historian, Shri. Prajal Sakhardande.
(12) **Support to Armed Forces:** In order to extend and convey support to the armed forces of India, on 29th September 2018, on the occasion of commemorating the surgical strike, the student-volunteers sent emails and digital cards to the armed forces with messages of support and admiration. They also made a greeting card with messages from the youth.

(13) **Gandhi Week Celebration:**

(i) **Talk on Gandhian Ideology:** The NSS unit celebrated Gandhi Week in college by organising activities which sought to exemplify and reinforce Gandhian thoughts and values. As part of this, on 1st October 2018, a talk on ‘Relevance of Gandhian Ideology in the 21st Century’ was held for student-volunteers with Shri. Kumar Kalanand Mani, Co-founder of ‘Peaceful Society – A Gandhian Voluntary Organisation’, as Resource Person. Volunteers benefitted immensely from the talk which contextualized the Gandhian thought and ideology in 21st century and highlighted its relevance in contemporary socio-political and cultural matrix.

(ii) **Swachhta Abhiyan** – On 2nd October, the student-volunteers of NSS undertook the cleanliness of the Miramar-beach. In their roles as Green Ambassadors, select volunteers participated in the meticulous planning and execution of the cleanliness drive. The entire stretch of the beach was divided into five nodal stations; at each station volunteers were equipped with items required for garbage collection and segregation. The collected waste was then sent for proper disposal.
(iii) **Cleaning Pathway to Sachdeo Memorial:** Following the cleanliness of the Sachdeo memorial on 24th September, on 2nd **October 2018** the student-volunteers along with the Fire-Services personnel under the leadership of Shri. Prajal Sakhardande created the pathway to the Sachdeo Memorial and once again, undertook the cleanliness of the memorial site. They realized that the pathway was inundated by potentially dangerous disposals such as glass bottles and plastic waste which were not only marring the aesthetic beauty of the place but also significantly rendering it inaccessible to people. Following this activity, the student-volunteers revisited the site and ensured the maintenance of its cleanliness. Along with the Fire Services personnel, Shri. Prajal Sakhardande to create pathway and cleanliness of memorial on 2nd October 2018.

(iv) **Street-play by UZWAAD Group:** Student-volunteers participated actively in the street-play performance envisaged and directed by faculty member of Dhempe College, Ms. Sendra Pereira along with Arati Rane Sardesai. The street-play oriented towards raising awareness about a wide range of issues afflicting Goa today ranging from the significance of cleanliness mission to protection of heritage sites. The play was performed at various junctures on the beach thereby increasing the outreach of the message expounded.

(v) **Installation of the Slogan- hoarding:** A hoarding displaying the timeless values of Gandhian ideology including the relevance of cleanliness exemplified in the impactful slogans penned down by the Hon. Governor of Goa Smt. Mridula Sinha was installed in the college on 2nd October 2018. The messages entailed in the hoarding endeavour to sensitize students towards the value of Swachhta and the need to integrate it in everyday life.
14) **Wheel-chair run for the disabled:** As part of sensitization and outreach programme, student-volunteers participated in the Wheelchair-Run for the disabled on 7th January 2019.

15) **Celebration of Communal Harmony:** In order to reinforce the important national value of communal harmony, students undertook activities on 7th January 2019 to observe and promote the strength of unity in diversity.

16) **Programmes related to holistic Health Development & Awareness**
   
   i) **Blood Donation Camps** – In recognition of the dire need for blood in cases of casualty, trauma and other medical emergencies, the NSS Unit organized two blood donation camps this year on 7th December 2018 and 14th March 2019. While 50 NSS volunteers donated blood as part of the first camp, 32 volunteers contributed in the second one.

   ii) **Prevention of HIV-AIDS** – The institution organized a series of programmes towards bringing about awareness regarding prevention of HIV-AIDS. A Poster competition and a Slogan Writing competition was organized for the students in order to stimulate research and informed thought among them. While 35 students participated in the former, 33 participated in the latter. A talk on the same was organized which benefitted the understanding of 130 volunteers.

   iii) **Prevention of Cancer** - In recognition of the need for timely and holistic interventions in Cancer-care and support, DCT’s Dhempe College of Arts and Science collaborated with the NGO ‘Sanjeevani – Life Beyond Cancer’ to organise an awareness and sensitization programme on “Prevention and Early Detection of Cancer” on 9th February 2019. The awareness programme was organised under the aegis of NSS and has been one in the series of several health-oriented initiatives undertaken by the institution to ensure overall wellness of students and community at large. ‘Sanjeevani – Life Beyond Cancer’ founded by Ms. Ruby Ahluwalia, IRAS, is an award-winning registered Public Trust and a
non-profit organisation for providing care, counselling and rehabilitation to persons fighting cancer in order to make the journey less strenuous to them and their families. Committed towards raising the bar of cancer-care and support services in the country, the NGO which is presently functional in 11 cities across India, has diversified its efforts by launching meaningful collaborations and action-plans involving students. Extending its services in Goa, the organisation collaborated with Dhempe College to host a venture towards raising awareness and commitment towards cancer-treatment and wellness. The event was graced by the expertise of Dr. Eugene Rent, Oncology Surgeon of Manipal Hospital who gave an insightful presentation of medical knowledge about the causes, symptoms and preventive measures of Cancer. He also busted several myths associated with the disease largely propagated through false-fiction. Instead, he underlined the need to maintain a well-informed and positive outlook towards cancer-treatment and allied care. Ms. Vrida Tavora, a cancer-survivor, shared her inspiring journey towards fighting breast cancer. She emphasized the need to follow a healthy lifestyle and offer holistic support to patients. The Founder and Managing Trustee, Mrs. Ruby Ahluwalia acquainted students with the nodal objective of the NGO viz. hand-holding patients by providing emotional, psychological and logistic support as they navigate through prognosis and recuperation. She also informed them about ‘Can-Clubs’ through which students could participate in this wellness process at an individual and societal level. The Programme Executive of ‘Sanjeevani-Life Beyond Care’ Goa chapter, Ms. Sonia Gonsalves administered the wellness pledge to the participants and coordinated the event along with the Chief Programme Officer of Dhempe NSS Unit, Shri. Dinanath Parab. It is hoped that such programmes initiate meaningful discourses on cancer-support in society and raise the bar of care services prevalent.

iv) **Poshan-Awareness:** Under the aegis of Poshan Pakhwada, a talk on ‘Nutrition for Adults’ was held on 22nd March 2019. 230 students participated and benefitted from the same.
17) **Talk on Prevention of Sexual Harassment:** In order to sensitize students regarding the menace of sexual harassment, a talk was held on the prevention of sexual harassment especially in work as well as public places on 22nd March 2019. Students were also apprised of their rights against harassment and the nodal bodies which have been constituted to combat cases of adversity.

18) **Celebration of days of National Importance:** Days of National Importance were celebrated by undertaking Swachhta and also putting up street-plays that brought about awareness regarding various contemporary social issues.

19) **Making of cloth bags:** The students undertook the major project of making cloth bags. As a result of this activity, the volunteers have been able to make bags that can considerably deter the use of plastic and help us in fighting environmental degradation especially arising from single-use plastic. 380 student-volunteers undertook this activity.

ANNEXURE II

**Steps towards Cleaner Goa: Swachhta Drive at Juvem Fort by Dhempe College**

The responsibility of initiating actions towards cleaner and greener ecosystems lies heavily with educational institutions which kindle and shape young thought. With this understanding in focus, Dhempe College of Arts and Science has been continually undertaking a host of activities towards cleanliness of public places, especially sites of heritage value and historical importance. This year too, as part of the Annual Special Camp of the NSS Unit, the College undertook an intensive cleanliness drive in the village of Amona and at the Juvem Fort in St. Estevam. The Inaugural Ceremony of the Camp was graced by Smt. Sanghvi Phadte, Sarpanch of Village Panchayat Amona and Dr. Vrinda Borker, Principal of Dhempe College. The Sarpanch highlighted the importance of the camp in fostering the all-round advancement of young students and kindling the spirit of social commitment in them. The Principal urged the volunteers to undertake meaningful shramdaan activities which can benefit the society. She also asked them to raise awareness regarding the significance of integrating cleanliness in everyday practice.

On 24th December 2018, the NSS volunteers along with College NSS Coordinator, Shri. Dinanath Parab and other programme officers, undertook a cleanliness drive at Juvem Fort. Garbage,
consisting largely of strewn glass bottles and harmful plastic bags, cans and other paraphernalia, was collected and appropriate segregation of the same was undertaken. Guiding the Unit in this activity was faculty member of Dhempe College, Shri. Prajal Sakhardande. He informed the students that the fort is an important cultural insignia of Goa as it is a tangible manifestation of some landmark events in Goa’s history and is also of immense heritage value. He underlined the role of students in translating the dream of clean India into reality with relentless dedication and sustained efforts.

Extending the outreach of this drive in the village of Amona, the NSS Unit cleaned public places such as the bus-stop junction, sub-health centre, areas around the temples and village playground as well as the premises of campsite – Government High School, Amona. Plastic and other non-biodegradable waste was appropriately segregated and disposed. In order to create further awareness regarding the value of cleanliness, the Unit executed an awareness programme on 26th December 2018 with two groups of volunteers performing street-plays at different locales. The street-plays effectively drove home messages of ‘Sanitation’, ‘Plastic-free Environment’ and ‘Garbage Segregation’ linking them to hygiene as well as larger issues of Goan culture and identity.

Recognising cleanliness as a pivotal aspect of promoting environmental sustainability, the College NSS Unit has been undertaking holistic cleaning projects which are action-based as well as awareness-driven and has received positive results from the same.

**REPORT OF THE ANNUAL SPECIAL CAMP**

(1) Objectives:

(i) To instil and strengthen the value of societal welfare among students.

(ii) To make efforts towards cleanliness of the campsite as well as the village-area in which it is organised through the foci of initiatives such as Open-defecation Free Zones, Swachhta Abhiyan, No Plastic campaign and garbage segregation drive.

(iii) To undertake a major project oriented towards social development through cleanliness drives/awareness programmes/social initiatives.

(iv) To organise events towards holistic advancement of students.

(2) Details of activities undertaken during the Camp

(i) **Day One – 22nd December 2018**

The NSS unit arrived at the campsite of Government High School, Amona-Marcella Goa. The school premises were cleaned and classes rearranged for accommodation of the Unit. An extensive cleanliness of the toilets was undertaken, water facilities enhanced and the backyard of the school checked for...
shramdaan. The Unit also undertook a foray into the village in order to take note of the key problem areas and activities, other than those planned, to be conducted. An ice-breaking session was held followed by formation of groups in order to promote values of team-work and solidarity among volunteers.

(ii) **Day Two – 23rd December 2018**

The day began with yog, exercises and singing of the NSS song. The Unit undertook a drive to clean the front and backyard of the school. Our volunteers undertook the task of weeding, clearing the space and making it plastic-free. This was a regular activity undertaken on all the days of the Camp. The formal Inaugural of the NSS Camp was held on this day. The Inaugural Ceremony of the Camp was graced by Smt. Sanghvi Phadte, Sarpanch of Village Panchayat Amona and Dr. Vrinda Borker, Principal of Dhempe College. The Sarpanch highlighted the importance of the camp in fostering the all-round advancement of young students and kindling the spirit of social commitment in them. The Principal, urged the volunteers to undertake meaningful shramdaan activities which can benefit the society. She also asked them to raise awareness regarding the significance of integrating cleanliness in everyday practice. The day ended with cultural programme in which students showcased their unique talents through skits, songs and dances.

(iii) **Day Three – 24th December 2018**

After the yog session, the volunteers resumed the shramdaan activity in the school. This day also marked the undertaking of the major cleanliness project of the Camp. The NSS volunteers along with College NSS Coordinator, Shri. Dinanath Parab and other Programme officers, undertook a cleanliness drive at Juvem Fort. Garbage, consisting largely of strewn glass bottles and harmful plastic bags, cans and other paraphernalia, was collected and appropriate segregation of the same was undertaken. Guiding the Unit in this activity was faculty member of Dhempe College, Shri. Prajal Sakhardande. He informed the students that the fort is an important cultural insignia of Goa as it is a tangible
manifestation of some landmark events in Goa’s history and is also of immense heritage value. He underlined the role of students in translating the dream of clean India into reality with relentless dedication and sustained efforts. The day ended with a cultural programme.

(iv) Day Four – 25th December 2018
The day began with the yog session followed by the NSS Lakshya Geet. In order to enhance the awareness of students in a wide range of topics, the camp usually entails guest lectures and talks on issues of relevance. In view of this, on this day of the camp, Dr. Nitin Sawant, Assistant Professor, Department of Zoology, Goa University visited the Camp-Unit to shed light on ‘Awareness regarding snakes’. The talk acquainted students with some relevant information about snakes including identification of different types, preventive and safety measures. The talk gave us some important lessons in ensuring the balance in our ecosystem. Driven by the mission of cleanliness and commitment to ecological sustenance, the Unit extended the outreach of its Swachhta mission to the village of Amona. The volunteers fanned out in different parts of the village and cleaned the areas surrounding nodal locations such as – Sub-Health Centre, temples, village bus-stop and playground. While doing so, the volunteers took due cognizance of the fact that, although dustbins were placed at strategic locations in the village, they remained unutilized as garbage was strewn all over. Therefore, upon returning to the campsite, the unit decided to take an intensive awareness drive the next day. The day ended with group-wise skit performances on issues of social relevance.

(v) Day Five – 26th December 2018
After the yog session, the volunteers partook in an informative talk by Adv. Auro de Oliveira, Member, Consumer Forum, North Goa District, on ‘The Flag Code of India’. The students were also acquainted with their fundamental rights and duties in an interactive session which followed the talk. The volunteers then began preparations for awareness drive. The drive was executed in the evening starting with an awareness rally in which all the volunteers participated enthusiastically.
Through impactful posters and meaningful slogans, they gave useful insights into the relevance of Swachhta inside as well as outside one’s home. Two groups of volunteers performed street-plays at different locales. The street-plays effectively drove home messages of Swachhta, No Plastic and Garbage Segregation linking them to hygiene, sanitation as well as larger issues of Goan culture and identity. The day ended with a variety programme where students showcased their talents of eloquence, stand-up acts and musical performances.

(vi) Day Six – 27th December 2018

Following the session of yog and singing of the NSS song, the students prepared for another awareness talk. The talk on the topic, Human Rights through Articles in the Constitution of India, was delivered by Adv. Aditya Parab. He acquainted students with the fundamental human rights which should be integrated in everyday practice. In the interactive session that followed, the students asked queries through which they received some useful insights into the provisions made in the Constitution of India for protection of human dignity and rights.

The Valedictory Ceremony of the Camp was held in the afternoon. The Principal of Vividha Higher Secondary School, Naveli-Sakhali, Shri. Ramesh Sinari, graced the Ceremony as the Chief Guest. The Principal of Dhempe College, Dr. Vrinda Borker, Vice-Principal, Mrs. Manjiri Barve, Chief PO, Shri. Dinanath Parab also graced the stage as distinguished guests. While the Chief PO welcomed the gathering and introduced the Chief Guest, Programme Officer Akshata Bhatt read out the proceedings of the Camp through a report. Volunteers, through their feedback, opined that the Camp was a unique experience of tapping their inner potential juxtaposed with the rekindling of social commitment in them. The Principal motivated the volunteers to continue their shramdaan and Swachhta projects even after the Camp with equal vigour. She reinforced the relevance of discipline and dedication towards societal welfare – values which can alleviate suffering and bring about greater progress in the contemporary global world. The Chief Guest reiterated the view and congratulated the volunteers on the
commendable job done by them in the village of Amona. He urged youngsters to be sensitized towards the problems plaguing their state, nation as well as the world and take definitive strides towards eradicating social perils. The entire event was compered by student-volunteer Kiran Pandit and Vote of Thanks proposed by PO Dr. Minal Shirodkar. In the evening, the volunteers displayed a variety programme which was also attended by a few villagers. Skits, dances and musical performances brought vitality to the programme as students showcased the richness of our culture and heritage through their acts.

(vii) **Day Seven – 28th December 2018**

On the last day of the Camp, pending works were accomplished. The school premises were cleaned once again and garbage segregated. The backyard and front-yard cleanliness was completed and classes rearranged for use. The Unit left the camp-site accomplishing its major objectives.

(3) **Photographic representation of major work undertaken**
(4) Outcomes:

At the end of the Camp, students were able to

(i) Undertake cleanliness of the Juvem Fort entailing plastic-segregation and making the pivotal heritage site garbage-free.

(ii) Initiate pertinent Swachhta drives, ODF programmes and awareness campaigns in the village of Amona.

(iii) Increase their knowledge on topics of relevance through guest lectures and interactive sessions.

(iv) Inculcate and strengthen the values of team-spirit, solidarity, leadership and management through variety programmes, assembly-sessions and everyday activities.