

DCT's
Dhempe College of Arts and Science
Miramar-Panaji- Goa

Health and Hygiene

Swachh Bharat

Academic Year 2015-2020

2015 - 2016

NSS Activities

1. Campus Cleaning was undertaken by NSS Volunteers on 5th August, 2015. The students cleaned the lawn area as well as the corridors of the campus.
2. Goa Liberation Day & Cleanliness Drive -On 19th December 2015, the NSS Unit joined the College in celebrating Goa Liberation Day by hoisting the National Flag. On this occasion, a cleanliness drive was undertaken and students cleaned the campus area of the institution. The endeavour was a part of the continual initiatives taken by the institution's NSS Unit towards turning the dream of a Clean India into reality.
3. Cleaning in the village Penha de Franca - Under the aegis of the Swachh Bharat Mission, the NSS Unit of the College undertakes Extension activities in the village of Penha-de-Franca. One prominent extension activity is cleaning of the village and its surroundings. The NSS Unit of our college visited the village on 21st February 2016 and 13th March 2016 and undertook cleaning drives in the area. It was observed that due to the heavy inflow of moving traffic, the side-walks of the village have been inundated with garbage, most of it disposed callously. This situation has not only made the side-walks unfit for pedestrian use but is also causing severe damage to environment. Moreover, the garbage found here entails a heavy presence of broken bottles which can be potentially dangerous. The student volunteers undertook cleanliness drive of a large tract of main and side-walk areas. They were given prerequisite instructions about safe and hygienic collection and disposal of garbage to be done under vigilant supervision of Programme officers. The students also undertook a door-to-door cleanliness awareness programme.

2016 - 2017

NSS Activities

1. Swachhta Mission: Under the aegis of the Swachch Bharat Abhiyan, the Unit undertook a campus cleaning drive on 18th August 2016. Weed was cleared off to help expand the parking area. Plastic and other waste was disposed appropriately.
2. Campus Cleaning Drive: The Unit undertook campus cleaning drives on 21st and 22nd September 2016. Altogether, more than 300 volunteers participated in the drive.
3. Swachhta Mission: Under the aegis of the Swachch Bharat Mission and the College's commitment to sustain a green and clean campus, the NSS volunteers undertook the campus cleaning activity in the premises of the College on 18th and 20th March 2017. The lawn as well as the parking area was cleaned and the collected garbage was duly segregated to be disposed in accordance with eco-friendly measures.

NCC

1. 40 cadets participated in the Swaccha Bharat Abhiyan held in college on 13th Aug.2016



2. 36 cadets participated in the Miramar beach cleaning activity on 17th Sept. 2016



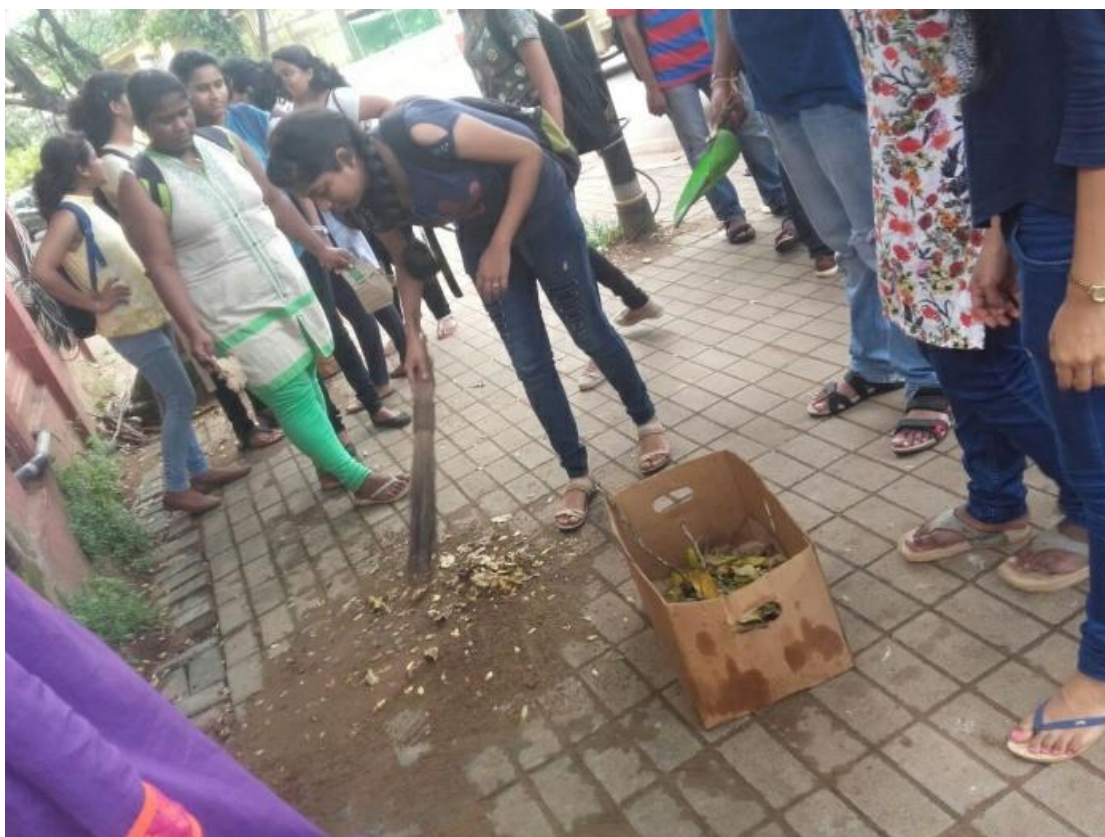
3. Swaccha Bharat activity was held on 13th April 2017 . Cadets cleaned the gymkhana of our college.



2017 - 2018

NSS Activities

1. Swachhta drive – On 1st August 2017, the volunteers were acquainted with the Swachhta oath and asked to put its core endeavor immediately into practice by undertaking a campus cleaning drive. 80 Female and 51 Male volunteers undertook vigorous campus cleaning activities of classrooms and the lawn. Under the supervision of the Programme Officers, volunteers collected waste and segregated the same for efficient disposal. The volunteers also reported that plastic was still a conspicuous element in the garbage disposed and hence, awareness programmes had to be organized to prevent the use of plastic. 02 NSS hours were given for the same. 15 classrooms and 6 laboratories were cleaned as part of this mission.



2. Cleanliness Drives - On 3rd August 2017, the Swachhta drive was taken extended to the surrounding areas as 120 Female and 80 Male Volunteers undertook cleanliness of the children's park near the College. Under the supervision of the Programme Officers, the volunteers sought to make the area a plastic and garbage-free zone so that children can play in a healthy environment. 04 NSS hours were allotted for the same.

3. Cleanliness Drive and Sapling plantation – On 4th August 2017, under the supervision of the Programme Officers, the NSS volunteers (80 Female and 50 Male) undertook the cleanliness of the Annexure building and cleared a patch in order to prepare the ground for the planting of a sapling.



4. Extended cleanliness services – On 7th August 2017, the NSS Volunteers undertook the cleaning of the Miramar bus-stop. The area is a prominent one since it is in close proximity to the Miramar beach. As a result, there is a huge influx of tourists and visitors. Therefore, the area is more often than not, full of carelessly disposed garbage which not only renders the area unhygienic but also damages its aesthetic appeal. The volunteers (135 Female and 60 Male) undertook the cleanliness of the place and always carried placards to increase awareness among the passer-bys. 10 NSS hours were allotted for the same.

5. Cleanliness drives – On 12th August 2017, the Unit once again undertook a campus cleaning drive. This time, the lawns of the college were cleaned and waste was segregated for disposal. The volunteers also helped the gardener remove weeds and prepare the ground for planting new saplings. 112 Females and 64 Males participated in the same.



6. Campus Cleaning – The volunteers undertook a cleanliness drive in the college campus on 15th September 2017, 16th September 2017 and 2nd October 2017 in order to uphold and promote the institution's value of cleanliness and ecological consciousness. Classrooms, laboratories and the college lawn were cleaned. Volunteers collected waste and segregated them appropriately for proper disposal. Volunteers also cleaned the parking area thereby considerably enhancing the parking space of the college. They also cleaned the canteen area and rid the place of all dry waste. Recognising the need to maintain utmost hygiene standards not only in the canteen-space but also in the gymkhana area, the volunteers participated in cleaning the gymkhana.





7. Cleaning the Bus-stop – Cleanliness of public spaces is of utmost importance since they are widely and regularly used. Unclean public spaces not only taint the beauty of the locale but may only become breeding grounds for diseases or lead to mishaps. Recognising this significance of keeping public spaces clean, the volunteers initiated the cleanliness of the Miramar bus-stop on 20th September 2017. Volunteers recorded that they often saw passengers throwing waste off the bus onto the bus-station or on the road. Therefore while cleaning the bus-stop the students also held placards in order to increase awareness and raise civic sense among the passengers and pedestrians.





8. Cleaning the Miramar Circle – The famous Miramar circle is one of the most picturesque and nodal places in Goa which has made its way into several films. And yet, one often finds that due to the continual influx of tourists at the place, the circle often gets inundated with inappropriately disposed waste which not only reduces the aesthetic value of place drastically but also causes a nuisance to regular travellers. In order to address this issue, the volunteers cleaned the place on 27th September 2017 and also displayed placards to raise awareness among the on-goers.





9. Cleaning the area surrounding the college – The College is set at a location which is dotted by several landmarks. But the surroundings of the place are often found dirtied thereby marring the aesthetic sense of the place significantly. A group of volunteers therefore cleaned the place on 28th September 2017. A cleanliness awareness rally was held on the same day in order to instil the spirit and value of cleanliness among students as well as citizens.



10. Cleaning the Miramar beach –The scenic Miramar beach that serves as a backdrop to the edifice of our institution is one of the major highlights of the locale. It is a nodal attraction-point for tourists from all over the world. However, it has been noted that due to the heavy influx of visitors, the place is often inundated with garbage, some of which extremely harmful. Therefore, under the supervision of the Chief Programme Officer, on 2 nd October 2017 the student-volunteers collected garbage from the beach and readied it for appropriate disposal. The students found a wide range of waste carelessly strewn along the shore marring both the beauty as well as the hygiene standards of the beach.



11. Cleanliness Drive – On 19th December 2017, on the occasion of celebrating Goa's Liberation Day, cleanliness drives were undertaken

2018 - 2019

NSS Activities

1. **Campus-cleanliness drives:** On 2nd and 3rd August 2018, the Swachhta drive was conducted within the College Campus. 2 College campus areas including 14 classrooms, 6 laboratories and the Seminar Hall were cleaned by 120 student-volunteers.



2. **Swachhta Outreach:** Extending the outreach of the Swachhta Drive, on 4th and 5th August 2018, the cleanliness drive was extended to the surrounding areas as 155 student- volunteers (105 Female and 50 Male) undertook cleanliness of Miramar Bus stop and Maruti Temple near the College. Under the supervision of the Programme Officers, the volunteers sought to make the area a plastic and garbage-free zone so that children can play in a healthy environment.
3. **Swachhta Outreach - Cleanliness Drives in Adopted Village and Nearby Areas:** The volunteers undertook an extensive cleanliness drive in the village Penha de Franca adopted by the college. The student-volunteers collected inappropriately disposed garbage and segregated it for proper and healthy disposal. Alongside this cleanliness activity, the volunteers also carried posters and placards regarding the relevance of cleanliness to bring forth awareness among the villagers and passers-by. Extending the outreach of this drive further, the volunteers also undertook cleanliness in the areas of Mercedes, Taleigao, Ribander, Chorao, Neura, Tonca, St Cruz, Nerul, Pilerne, Curca, Reis Magus, Betim, Caranzalem, Bambolim.



4. **Cleanliness Drive at Malim-Betim:** In an attempt to reinforce the necessity of Swachhta, the unit undertook a drive in the village of Malim-Betim. Student-volunteers collected and segregated waste and noted the requirement of conducting awareness programmes for reducing the use of plastic.
5. **Cleaning of the Memorial:** Recognizing the significance of heritage preservation in Goa, the student-volunteers of NSS, under the guidance of historian and noted heritage-conservationist, Shri. Prajal Sakhardande, undertook an intensive cleanliness drive of the Sachdeo Memorial at Miramar. Shri. Prajal Sakhardande apprised students with the fact that the memorial was established in honour of the Lt. Governor of Goa and is therefore of great historical value. He also reiterated the need to keep heritage and historical sites clean in order to preserve their global significance and timeless value.



6. **Swachhta Abhiyan** – On 2nd October, the student-volunteers of NSS undertook the cleanliness of the Miramar-beach. In their roles as Green Ambassadors, select volunteers participated in the meticulous planning and execution of the cleanliness drive. The entire stretch of the beach was divided into five nodal stations; at each station volunteers were equipped with items required for garbage collection and segregation. The collected waste was then sent for proper disposal.



7. **Cleaning Pathway to Sachdeo Memorial:** Following the cleanliness of the Sachdeo memorial on 24th September, on **2nd October 2018** the student- volunteers along with the Fire-Services personnel under the leadership of Shri. Prajal Sakhardande created the pathway to the Sachdeo Memorial and once again, undertook the cleanliness of the memorial site. They realized that the pathway was inundated by potentially dangerous disposals such as glass bottles and plastic waste which were not only marring the aesthetic beauty of the place but also significantly rendering it inaccessible to people. Following this activity, the student-volunteers revisited the site and ensured the maintenance of its cleanliness. Along with the Fire Services personnel, Shri. Prajal Sakhardande to create pathway and cleanliness of memorial on 2nd October 2018.
8. **Street-play by UZWAAD Group:** Student-volunteers participated actively in the street-play performance envisaged and directed by faculty member of Dhempe College, Ms. Sendra Pereira along with Arati Rane Sardesai. The street-play oriented towards raising awareness about a wide range of issues afflicting Goa today ranging from the significance of cleanliness mission to protection of heritage sites. The play was performed at various junctures on the beach thereby increasing the outreach of the message expounded.



NCC

- 1) Cleanliness drive around College and Miramar carried out by our cadets in the month of August 2018.



2)

3) Miramar Beach cleaning programme organized by Green wave on 2nd Oct 2018.



4) Our College NCC unit also took part in various social activities such as Swachattta Abhiyan, wherein, cadets cleaned Campal ground, before Goa Liberation Day celebration in Dec 2018.



2019 - 2020

NSS Activities

1. The NSS volunteers undertook cleaning of classroom, laboratories, auditorium and playground from August 2 – 5, 2019. A total of **29 volunteers (27 female and 22 male)** participated in this activity.



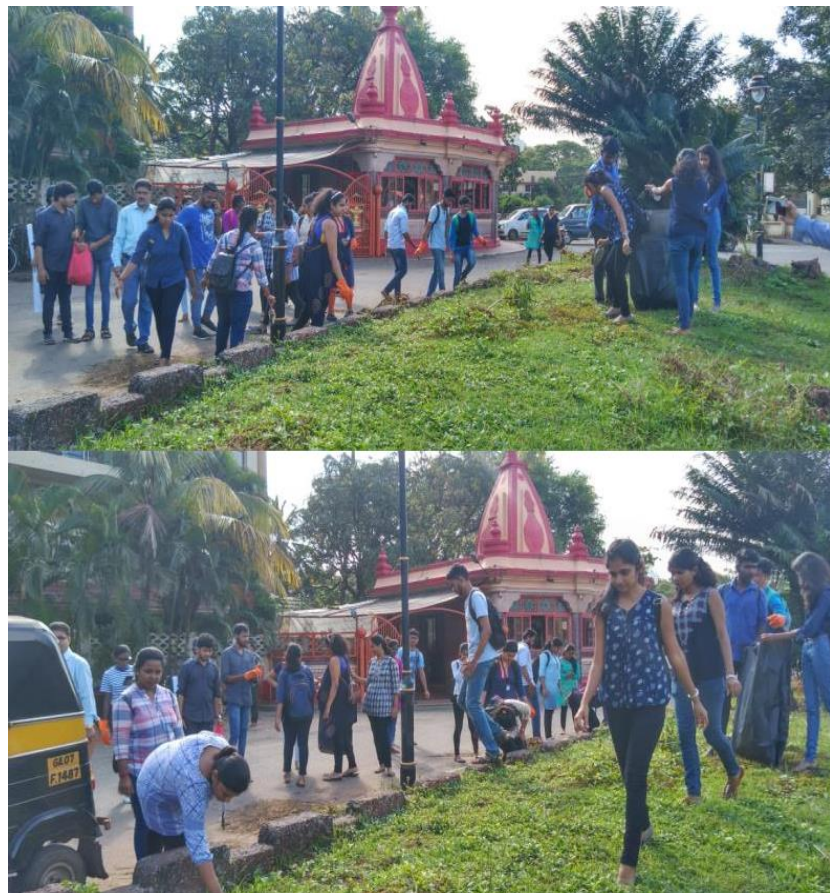
2. **Cleaning of Campus and Classrooms:** NSS volunteers undertook cleaning of the campus and classrooms of the College, on the occasion of Gandhi Jayanti. **27 volunteers (16 female 11 male)** participated in the cleanliness drive.



3. **Miramar Beach Cleaning:** Taking the swachhta drive out of campus, the volunteers proceeded to the Miramar beach for cleaning. **35 volunteers (25 female and 10 male)** participated in this activity.



4. **Cleaning of bus stop and temple surroundings:** NSS volunteers undertook the cleaning of the surroundings of Maruti temple and Miramar bus stop. A total of **32 volunteers (23 female and 9 male)** were part of this activity.



5. **Fit India Plogging (Miramar to Campal):** In adherence to the national policy of Fit India Plogging, NSS volunteers undertook a plogging drive from Miramar to Campal and picked up plastic waste as they proceeded. A total of **31 volunteers (22 female and 9 male)** participated in this activity.



6. Campus Cleaning

The NSS Unit organized a regular campus cleaning activity on December 13, 2019. A total of **25 volunteers (16 female and 9 male)** participated in this activity.



7. NSS unit organized a Swachhta Drive at Miramar bus stop, Maruti Temple area and it's vicinity on February 29, 2020. A total of 19 volunteers (11 female, 8 male) participated in this activity.



Dinanath
Mr. Dinanath Parab (N.S.S.)

Therisa
Dr. K.K. Therisa (N.C.C.)