

# DCT's Dhempe College of Arts and Science Miramar-Panaji- Goa

**Department of Physical Education & Sports** 

Report 2015-2016

Pandurang G. Naik, Assistant Professor College Director of Physical Education & Sports

#### Aim:

- The aim of the Department of Physical Education & Sports is all-round personality development of students.
- All-round development includes physical, mental, social and ethical aspects to make an individual a good citizen who is able to contribute to the progress of the nation.

#### **Learning Objectives:**

- To inculcate leadership qualities through engagement in team sports and sports events
- To build team spirit and general camaraderie amongst students
- To develop an ability to counter stress in day to day life
- To develop qualities of discipline, self- control and dedication
- To guide students towards engaging in a career in sports and sports training

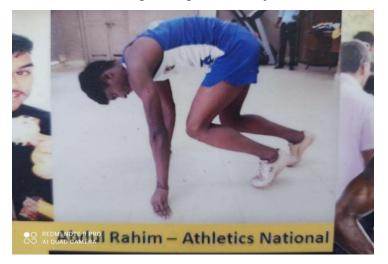
#### **Learning Outcomes:**

By the end of the three year programme:

- Students will be able to handle sports and other life situations with qualities of leadership, team- work, mental and physical discipline.
- Students will have received direction in the area of specific sports careers.

# Dempo Charities Trust Dhempe College of Arts & Science Department of Physical Education & Sports Report 2015-2016

1. Shri Abdul Rahim of FYBA won 2 Gold medals in 400M Hurdles and 4x400M Relay at the Junior West Zone Athletic Championship held in Rajasthan.



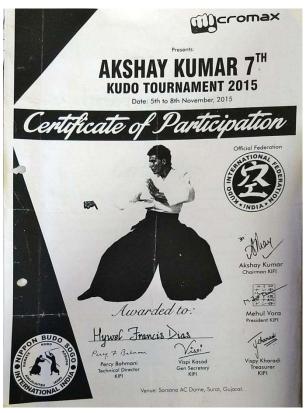
2. ShriAnup Prasad & ShriMalliksabChapparband of SYBA represented Goa University at the All India Inter-University Boxing Championship held in Kurukshetra, Haryana.



 Kum. RitzelaDiniz of SYBA and Kum.BenciaMonteiro of FYBA won Gold medals at the 3<sup>rd</sup> National Karate-Do Championship held in Goa.



- 4. Shri Rahul Gawde of TYBA represented Goa state at the National Baseball Championship.
- 5. Shri Hywel Dias of TYBSc participated at the Akshay Kumar 7<sup>th</sup> Kudo Tournament held in Gujrat.



- 6. Shri Harsimran Singh of SYBA participated at the All India Senior ranking Badminton Tournament held at Pune, Rajasthan, and Chandigarh.
- 7. Kum. Kulsum Shaikh of FYBSc and Kum.ShaheenRebello of TYBA represented Goa state at the Federation Cup Basketball Championship held in Goa.
- 8. Shri Mayuresh Chari of TYBA, ShriManjunathVantamuri of FYBA, andShriNeerajYadav of FYBA represented Goa University at the West Zone Inter-University Cricket Championship held at Dr. H.G University, Sagar, Madhya Pradesh.
- 9. ShriDaulsabVatar of TYBSc represented Goa state in Yoga at the 40<sup>th</sup> National Yoga Championship held in Karnataka.
- 10. ShriKiranBegur of SYBA represented Goa University in Weight Lifting at the All India Inter-University Weight Lifting Championship held in Punjab.



11. Kum. Shaheen Rebello of TYBA andKum.KulsumShaikh of FYBSc represented Goa at the 66<sup>th</sup> Senior National Basketball Championship held in Punjab.



- 12. The College Basketball team (Women) won the Inter-College Basketball tournament organized by Goa University.
- 13. Our College won Runners Up Position at the Inter- College Best Physique Championship organized by Goa University.
- 14. Our College won Runners- Up position at the Inter- College Swimming Championship organized by Goa University.
- 15. ShriKiranBegur of SYBA won 3 Gold medals in Inter –College Weight Lifting, Power Lifting, and Best Physique Championships organized by Goa University.



16. Shri Abdul Rahim of FYBA won 2 Gold medals in 400MT Hurdles and 110MT Hurdles at the Inter-College Athletic Meet organized by Goa University.

GOA UNIVERSITY	GOA UNIVERSITY
Certificate	Certificate
This is to certify that Mr. / Miss Abdul Rahim	This is to certify that Mr. / MissAbdul Rahim
Dhempe College of Arts & Science, Miramar, Panaji- Goa was placed	Dhempe College of Arts & Science, Miramar, Panaji- Goa
First in 110m Hurdles	First in 400m Hurdles
at the Inter-CollegiateAthleticsChampionship	at the Inter-CollegiateAthleticsChampionship
organised by Goa University in the year 20 15-16	organised by Goa University in the year 2015-16
His / Her performance in the said event was 17.7 eec.	His / Her performance in the said event was (NMR) 56.6 acc
Taleigao Plateau, Goa Asst Director of Phy. En. & Sports Vice-Chancellor	Taleigao Plateau, Goa Asti Clinector of Vice-Chancellor Date: April 29, 2016 Phy. Edn. & Sports Vice-Chancellor

17. Shri. Arjun Kadam of TYBA won a Gold medal at the Inter- College Judo Championship organized by Goa University.

()F		
5		
	<b>GOA UNIVERSITY</b>	
		11111
5		
	Certificate	ALC: NO
2	Ocruptione	A CONT
ž		41 ( 64
	This is to certify that Mr. / MissKadam Arjun	01100
5		C LAND
2	from	N.
E	Dhempe College of Arts & Science, Miramar- Goa	1 CON
	Unempe College of Arts & Science, Miramar- Goa was placed	a V V A
	First Up to & Including 60kgs	DANCO
5	obul	CAN
Level 1	at the Inter-CollegiateChampionship	Number of the second se
No.	5	
E.	organised by Goa University in the year 20 <sup>15-16</sup>	A VIO
In		LANN.
Can I	His / Her performance in the said event was	
1100	Aliannelles S. R. Shelye	ALL N
110	Hunandes S. R. Shelye	1000
19100	Taleigao Plateau, Goa Asst. Director of Vice-Chancellor	
	May 24, 2016 Phy. Edn. & Sports Date :	A A A
L	(m)	

- 18. Shri. Celrich Almeida of TYBA won a Gold medal in Triple Jump at the Inter- College Athletic Meet organized by Goa University.
- 19. Kum. Bencia Monteiro of FYBA won a Gold medal in Discus Throw at the Inter-College Athletic Championship organized by Goa University.

	G	OA UNIVERS	SITY
朝朝			
		(Accredited by NAAC with 'A' Grade)	
黨		Certificate	2
巡	This is to certify that	Bencia Monteiro	
		College of Arts & Science, M	iramar, Panaji- Goa
DE S		with a performance of	
T.	at the Inter - Collegiate	Athletics	Championship organized
illen i	by Goa University at	Athletics Stadium, Bambolim	_ on
	Taleigao Plateau, Goa	Anandes.	Varun Jahni
	Date: May 04, 2017	Phy. Edn. & Sports	Vice-Chancellor

20. Shri Rendel Ferros of TYBA won a Silver medal at the Inter-College Best Physique Championship organized by Goa University.

and a second and a s	**********************	A SASA SASASASASASASASASASASASASASASASA
GOA	UNIVER	SITY
	A Star	
(	Certificate	ŋ
C		-
This is to certify that	Mr. / Miss	tandel Ferros
	trom	
Unempe College of Arts &	& Science, Miramar, Panaji-	Goa was placed
Second		
	in	Up to & Including 65kgs
	Best Physique	Up to & Including 65kgs
at the Inter -Collegiat	Best Physique	Up to & Including 65kgs
	Best Physique	
at the Inter -Collegiat organised by Universit	Best Physique w in the year 20 15-16	
at the Inter -Collegiat	Best Physique w in the year 20 15-16	
at the Inter -Collegiat organised by Universit	Best Physique w in the year 20 15-16	Championship
at the Inter -Collegiat organised by Universit	eBest Physique y in the year 20 15-16 e in the said event was	Championship

- 21. Shri. Varun Pandey of SYBSc won a Silver medal at the Inter- College Power Lifting Championship organized by Goa University.
- 22. Kum. Shraddha Shetty of SYBSc won Silver and Bronze medals at the Inter-College Swimming championship organized by Goa University.

	(Brid)	SITY
	Certificate	2
	•	Shetty Shraddha
This is to certify	that Mr. / Miss	
	from	
Dhempe College of A	rts & Science, Miramar-Goa	was placed
Second	in	50mts. Back Stroke
at the Inter -Colle	Swimming	Championship
organised by Unive	ensity in the year 20 15-16	
	ance in the said event was	00.46.59
,		S. R. Shelye
	Hananaus.	

23. Kum. Meredith Botelho of FYBA won a Silver medal in100MT dash at the Inter- College Athletic Championship organized by Goa University.

GOA	UNIVER	SITY
	Certificate	
This is to certify th	hat Mr. / MissBo	telho Meredith
Dhempe College of Arts &	Science, Miramar, Panaji-	Goa
		was placed
Second	in	100m Run
	<i>in</i> Athletics	100m Run
Second at the Inter-Collegiate_ organised by Goa Univ	Athletics	Championship
at the Inter-Collegiate_	Athletics ersity in the year 2015-	100m RunChampionship
at the Inter-Collegiate_ organised by Goa Univ	Athletics ersity in the year 2015-	100m Run <i>Championship</i> 16

24. Kum. Vlynncy Po of FYBA won the Bronze medal in Discus Throw at the Inter-College Athletic Championship organized by Goa University.

G	OAL	JNIVER	SITY
	С	ertificate	2
This is t	o certify that	Mr. / Miss	Po Vlynncy
Dhempe Coll	ege of Arts & S	icience, Miramar, Pan	ali Gao
Third		in	Discuss Throw
at the Inter-O	Collegiate	Athletics	Championship
organised by	Goa Univers	sity in the year 20	15-16
His / Her pe	rformance in	the said event was.	20.09 mts
Taleigao Plateau	, Goa 9, 2016	Asst Director of Phy. Edn. & Sports	S. R. Shelye Vice-Chancellor

25. ShriSai SwarupGandam of FYBSc and ShriPankaj Sharma of FYBA won Bronze medals at the Inter- College Judo Championship organized by Goa University.

GOA	UNIVERS	SITY
1 And 1 Cont A Cont A Cont	· @	
	Certificate	
This is to certify t	hat Mr. / MissGandfrom	ham Saiawarup
Dhempe College of Arts &	Science, Miramar- Goa	was placed
Third	in	p to & Including 81kgs
at the Inter-Collegiate	Judo	Championship
organised by Goa Um	versity in the year 20	-16
His / Her performant	e in the said event was_	
Taleigao Plateau, Goa	Asst Director of	S. R. Schelije Vice-Chancellor
May 24, 2016	Phy. Edn. & Sports	

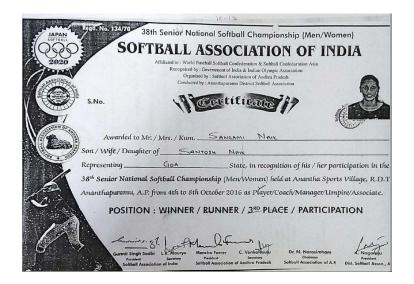
- 26. Shri.Sarvesh Faterpekar of TYBA won the Bronze medal at the Inter-College Power Lifting Championship organized by Goa University.
- 27. Shri. Norman Fernandesof TYBA won the Bronze medal at the Inter-College Best Physique Championship organized by Goa University.
- 28. National Sports Day was celebrated on 29<sup>th</sup> August 2015 in College Gymkhana to celebrate the Birthday of Major Dhyan Chand, the Indian Hockey legend. The following belowmentioned events were organized for the students.

- a) Skipping for Men & Women.
- b) Push Up for Men.
- c) Banana Eating for Men.
- 29. Students participated at the Linc Tower Run 2016 organized by Confederation of Indian Industry on 30<sup>th</sup> January 2016 at Gera Imperium, Panaji.
- 30. Our College Cricket team reached the Semi-finals of the 1<sup>st</sup> All Goa T-20 Cricket Tournament organized by V.M.Salgaoncar College of Law from 21<sup>st</sup> to 24<sup>th</sup> December 2015.
- 31. Our College Staff Cricket team participated at the XIV Annual GSCOPES Staff Cricket tournament from 28<sup>th</sup> March to 2nd April 2016.
- 32. Inter-Class Tournaments were held for the students of our college in the belowmentioned disciplines.
  - 1) Badminton for Men & Women.
  - 2) Table Tennis for Men & Women.
  - 3) Chess.
  - 4) Carom for Men.
  - 5) Volleyball for Men.

Pandurang G. Naik College Director of Physical Education & Sports

# Dempo Charities Trust's Dhempe College of Arts & Science Panaji-Goa Department of Physical Education & Sports Report 2016-2017

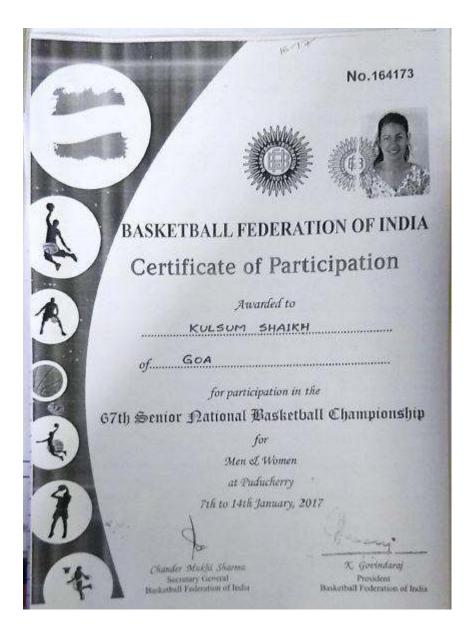
1. Kum. SangamiNaik of FYBA represented Goa state at the senior National Softball championship held at Anantpur, Andhra Pradesh.



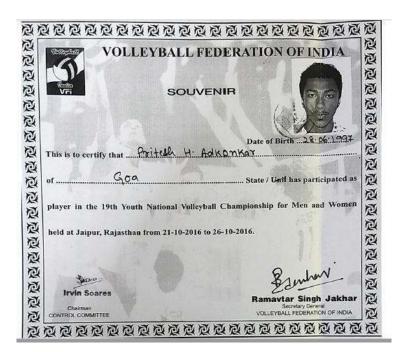
 Shri Neeraj Yadav of SYBA represented Goa at the U-19 Cricket Tournament at Hyderabad and also represented Goa University at the West Zone Inter-University Cricket Tournament held at Bhopal.

-velalar.	GOA CRICKET ASSOCIATION THE BOARD OF CONTROL OR CRICKET IN INDIA
President Shri, Chetan Decel	
0.0 0	
Vice President Resident G. Prakfudenal Shri, Saraj Lotikar Shri, Manohar Halk	CERTIFICATE
	This is to certify that Mr. Neeraj Yadav has
Hon. Secretary Shell. Vised Phadke	represented Goa Cricket Association in the Men's
	U-19 Vinoo Mankad Trophy for the season 2016-17
On Hox. Treasurer Dat. Jamir Daud Carol	conducted by Board of Control for Cricket in India
	(BCCI) held at Hyderabad from 03rd October 2016
Hon Jt. Secretary Shel, Deah M. Kiniskar Shel, Daya Pagi	to 09th October 2016
Mrs. Voice Phaets Skilleret-Warrent	
Nembers Members Strit. Makan Chedankar Shrit. Shrikotishe K. Sart Shrit. Akber Muda Shrit. Suyed Rasskar Shrit. Suyed Rasskar Shrit. Suyed Rasskar	Windd Phadke (Hon.Secretary) Date:- 17 <sup>th</sup> October 2016
Shri. Yatin Kemurilkar	
000	
Life Meruber Ihri. Dujoykamar Metravalkar	
	Stat Cricket Acceleracy Allo Paravelin Bardes, Gos - 463 551. (India) 751. 091 (Baz 24 Gastar) (India) 900 cricketaseoutobergenditistati com 7001 533 244 5984

- ShriManjunath Vantamuri of SYBA represented Goa at U-23 C.K Naidu Trophy held at Jharkhand and also represented Goa University at the West Zone Inter-University Cricket Tournament held at Bhopal.
- 4. Kum. KulsumShaikh of SYBSc represented Goa at the 67<sup>th</sup> Senior National Basketball Championship held at Puducherry.



 ShriPriteshAdkonkar of SYBScrepresented Goa at the 19<sup>th</sup> Youth National Volleyball Championship held at Jaipur, Rajasthan from 21<sup>st</sup> to 26<sup>th</sup> October 2016.



 ShriPankaj Sharma of SYBA represented Goa at the Senior National Judo Championship held at Chennai, Tamil Nadu from 25<sup>th</sup> to 28<sup>th</sup> February 2017.

LE UN JEUSNUC	2016-17/P 187	Dated	26-2-17
Senior	National Judo Char (Men & Wom	100	2016-17
R.	25~ 28, Februa	ry 2017	
Jav	vaharlal Nehru Stadium,	Chennai, Tamil N	ladu
() ()	Organised by: Tamil Nadu Sl Under the auspices of Jude	ate Judo Associatio Federation of India	n
(	CERTIFICATE OF P	ARTICIPATIC	<u>N</u>
Name : 1	Mr/Ma PANKAJ	SHARMA	
Date of	Birth		
Father's	Name. <u>RAMASHAN</u>	CAR	
9.	partment. GOA		••••••
Weight C	Category		
Grant Re	I Wal A	Anon-di	
Makesh Kuma BR President	d (Projectant Secretary) (, Tamii Nada State Juda Association		n Mohan Jaiswai) meral Secretary

 ShriShiv Prasad Purohit of TYBSc represented Goa in the U-23 C.K Naidu Trophy at Orissa from 7<sup>th</sup> to 10<sup>th</sup> November 2016



## **GOA CRICKET ASSOCIATION**

THE BOARD OF CONTROL FOR CRICKET IN INDIA



President Shri. Chetan Desai	CERTIFICATE
Vice President Dr. Vestaanst G. Probledessai Shri, Suraj Lofikar Shri, Nanobur Kaik	
	This is to certify that Mr. Shivprasad Purohit has
Hon, Georetary Stori, Vinod Phadke	represented Goa Cricket Association in the Men's
	U-23 C K Nayudu Trophy for the match between
Hon, Treasurer Stol, Jamir David Carol	Goa vs Odisha at Cuttak for the season 2016-17 conducted by Board of Control for Cricket in India
Haa. J. Secretary Sant. Deen M. Kielekar Sant. Deep Pagi	(BCCI) from 07 <sup>th</sup> November 2016 to 10 <sup>th</sup> November 2016.
Mrs. Vessa Photo Falbornemen Do Do D Mortbers Shrt. Neban Chodanicar Shrt. Senierlatura M. Tarl Shrt. Senierlatura M. Tarl	And Rakode
Shri, Yijay Gaorkar Shri, Yijay Gaorkar Shri, Sayed Abdul Majid Shri, Tatla Kamurikar	CEO
	Date:- 16 <sup>th</sup> January 2017
Life Member hri. Sujaykamar Nekraralkar	a #

- 8. ShriHarsimran Singh of TYBA represented Goa at the All India Senior Ranking Badminton Championship at Kolkatta.
- 9. ShriMalikSabchapparband of TYBA represented Goa University at the All India Inter-University Boxing Championship held at Jalandhar.
- 10. ShriPankaj Sharma of SYBA won a Gold medal at the Inter-Collegiate Judo Championship organized by Goa University.
- 11. Kum. BenciaMonteiro of SYBA won a Gold medal in Discus Throw and won a Bronze medal in Javelin throw at the Inter-Collegiate Athletic Championship organized by Goa University.

12. ShriChetanRathod of SYBA won a Gold medal in 400 m Hurdle at the Inter-Collegiate Athletic Championship organized by Goa University.

G	DA UNIVERS	ITY
	(Accredited by NAAC with 'A' Grade) Certificate Rathod Chetan	9 (
This is to certify that from Dhempe C	ollege of Arts & Science, Mi	ramar, Panaji- Goa
was placed First	with a performance of	1:01.10 sec in 400m Hurdles
at the Inter - Collegiate	Athletics	Championship organized
by Goa University at	thletics Stadium, Bambolim	_ on15/12/2016 to 17/12/20
Taleigao Plateau, Goa Date: <sup>May 04, 2017</sup>	Asst. Director of Phy. Edn. & Sports	Marun Jahn Vice-Chancellor

- Our College Weight Lifting team won the Runners Up Position at the Inter-Collegiate Weight Lifting Championship organized by Goa University.
- 14. ShriKiranBegur TYBA won a Gold medal in Weight Lifting. He also won a Silver medal in Power Lifting.

GOA UNIVERSITY	
Accredited by NAAC with 'A Grade) Certificate	
This is to certify that Begur Kiran was a member of Dhempe College, Miramar, Panaji-Goa which secured Runners Up Position at the Inter-Collegiate.	feam Weight Lifting Iall, Goa University
Championship organized by Goa University at Silver Jubilee 1 on 09/08/2016 & 10/08/2016 Teleigao Plateau, Goa Date: March 06, 2017 Phy. Edn. & Sports	Nam Johni Vice-Chancellor

- 15. Shri Abdul Rahim SYBA won a Gold medal in Weight Lifting.
- 16. ShriSagar Karapurkar of TYBA won a Silver medal in Weight Lifting. He also won a Silver medal in Power Lifting and a Bronze medal in Judo.
- 17. Shri VarunPandey of TYBSc won a Silver medal in Power Lifting.
- 18. Shri Neil Godinho of FYBA won a Silver medal in Swimming at the Inter-Collegiate Swimming Championship organized by Goa University. He was also a member of the College Table Tennis team which won the Runners - Up Position.
- 19. Kum. Michelle Rodrigues of SYBSc won a Silver medal in Swimming at the Inter-Collegiate Swimming Championship organized by Goa University.
- 20. Kum. Priyanka Pal of FYBA won a Bronze medal in Inter-College Taekwondo Championship.
- 21. Shri Ravi Dodamani of TYBA won a Silver medal in All Goa Wrestling Championship.
- 22. Kum. SuvarnaNarve of FYBA won a Gold medal in Open State level Karate Championship.

- 23. Our College Table Tennis team (Men) won the Runners Up Position at the Inter-Collegiate Table Tennis Tournament organized by Goa University.
  - i. Shri Shubham Lokre
  - ii. Shri Labhesh Vadiekar
  - iii. Shri Aniket Karmalkar
  - iv. Shri Rushikesh Raikar
  - v. Shri Neil Godinho

GOA UNIVERSITY	GOA UNIVERSITY
121 (Accredited by NAAC with / Grade)	(Accredited by INAC with 'K Grade)
Certificate	Certificate
This is to certify that       Raikar Sushikesh         was amember of       Dhempe College, Miramar, Panaji-Goa	This is to certify that Vadiekar Lobhesh
was a member of <u>Dhempe College</u> , Miramar, Panaji-Goa team Table Tennis	wasamember of Dhempe College, Miramar, Panaji-Goa team
Thisis to certify thatRaikar Sushikesh was a member ofDhempe College, Miramar, Panaji-Goateam which secured Runners Up Position at the 9nter-CollegiateTable Tennis Championship organized by Goa University atSAG Indoor Stadium, Campal on26/07/2016 to 28/07/2016	which secured Runners Up Position at the Inter-Collegiate <u>Table Tennis</u> Championship organized by Goa University at <u>SAG Indoor Stadium, Campal</u>
on 26/07/2016 to 28/07/2016	on 26/07/2016 to 28/07/2016
III         Taleigas Plateau, Goa         IIII         IIII         IIII         IIII         IIIII         IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII	Taleigao Plateau, Goa Asc Director of Vicun Llui Date: March 06, 2017 Phy. Eds. & Sports Vice-Chancellor

- 24. Best Sportsman of the year: Shri Kiran Begur of TYBA.
- 25. Best Sportswoman of the year: Kum.Bencia Monteiro of SYBA.

#### Celebration of National Sports Day In Dhempe College of Arts & Science

National Sports Day was celebrated in Dhempe College of Arts and Science on 6<sup>th</sup> September 2017, to celebrate the birthday of Major Dhyan Chand, the Indian Hockey Legend. The inauguration was held at 10.00am at the hands of the Principal, Dr. VrindaBorker. The senior faculty members along with the College Director of Physical Education and sports and the sports secretary were also present.

The below-mentioned events were organized for the students, the teaching, and non-teaching staff members.

- Tie Breaker in Football for the students (women)
- Tug of war for students (men and women)
- Poster competition for the students
- Skipping for Girls
- Arm Wrestling for Men

- Badminton for Staff (Teaching and Non-Teaching)
- Carom for Staff (Teaching and Non-Teaching)



The Prize Distribution ceremony was held at 4.30pm in the College Quadrangle. The Principal of Dhempe College Dr. VrindaBorker was the ChiefGuest. The Director of Physical Education and Sports, ShriPandurangNaik, and the Sports Secretary ShriInjamam Shaikh were the main organizers of the event.

# Joint Sports Meet of Dempo Charities Trust's Educational Institutions 2016-2017 Organised by Dhempe College of Arts & Science.

The Joint Sports Meet of Dempo Charities Trust Educational Institutions 2016-207 was held on the 5<sup>th</sup> January 2017, at S.A.G. Sports Complex Ground, Campal from 8:30am to 5:30pm.



Mr. SagunKamat, the Captain of the Goa Ranji Team was the Chief Guest. Shri.YatishDempo was the Guest of Honour. The Administrator of Dempo Charities Trust Educational Institution, Mr. Sunil Prabhudesai was also present. The Principals of the four sisterinstitutions were also present. The Principal of Dhempe College of Arts & Science, Dr. Vrinda Borker welcomed the Chief Guest. The Vice-Principal of other Institutions were also present. The vote of thanks was proposed by Mr. PandurangNaik, College Director of Physical Education & Sports.

The below-mentioned events were organized for the Students.

Boys/Men	Girls/Women
100MTS	100MTS
200MTS	200MTS
800MTS	400MTS
Long Jump	Long Jump
Shot Put	Shot Put
Discus	Discus
4x100 Relay	4x100 Relay

A Cricket Match was organized for the Gents Staff Members of all the Institutions. Shot Put was organized for the Lady staff members of all the Institutions.

The concluding program was held at 5.00 pm. The Prize distribution was done at the hands of Mr. Sunil Prabhudesai, Administrator of Dempo Charities Trust Education Institutions.

### **Ebullience 2017 organised By Department Of Physical Education And Sports**

'EBULLIENCE 2017' organized by Dhempe College of Arts & Science was held on 22<sup>nd</sup> February 2017, at Don Bosco School Premises.

The Inaugural Function was held in the morning. Mr. SuhasNaik, the Secretary of Tug of War Association of Goa was the Chief Guest. The Principal Dr. VrindaBorker welcomed the dignitaries. The Chief Guest Mr. SuhasNaik spoke about the importance of fitness in daily life. Vice Principal of Science section Mrs. ManjariBarve and the Vice Principal of Arts section Dr. MuktaKarmadi were also present. The Sports Secretary Mr. KiranBegur was also present. The College Director of Physical Education & Sports Mr. PandurangNaik proposed the vote of thanks.

The below-mentioned Events were held:

- 1. Body Building
- 2. Tug of War
- 3. Futsal
- 4. Control Cricket
- 5. Arm Wrestling
- 6. Badminton



The nine-times 'Goa Shree' Title winner Mr. Mahesh Kavlekar was invited to be the Guest Poser. The display of muscles by Mr. Mahesh Kavlekar was the main attraction of Ebullience 2017.

The legendary Football player and Arjun Awardee from Goa, Mr. Brahmanand Sankhwalkar was the Chief Guest of the concluding ceremony. Mr. Yatish Dempo, the Trustee of Dempo Charities Trust was the Guest of Honour. Mr. Sunil Prabhudesai, the Administrator of Dempo Charities Trust was also present. The Principal Dr. Vrinda Borker was also present. The Principals of Arts & Science section were also present. The College Director of Physical Education & Sports Mr. Pandurang Naik was also present. Mr. Kiran Begur, the Sports Secretary proposed the vote of thanks.

St. Xavier College, Mapusa won the overall Championship for the Ebullience 2017. Chowgule College, Margao won the Runners- Up position.

Pandurang G. Naik College Director of Physical Education & Sports

# Dempo Charities Trust's Dhempe College Of Arts & Science Department Of Physical Education And Sports Report 2017-2018

1. Kum. Marushca Ribeiro of FYBA won a Silver medal in 4x100 meter Relay at the 29<sup>th</sup> west Zone Junior Athletic championship held at Nagpur (Maharashtra) on 16<sup>th</sup> and 17<sup>th</sup>September 2017.

HILE	generation of
Sthlen	Federation or India
	A.33.
MER	TT CERTIFICATE
This is to certify that .	MARUSHCA RIBEIRO
representing GOA	Secured SECOND place
in 4X100M RELA	Y (Performance 59.5 s )
in the age group of	GIRLS U/20 years ju
	unior Athletics Championships
Organised by Mah	arashtra Athletics Association
at Nagpur on :	16 <sup>th</sup> & 17 <sup>th</sup> September 2017.
Date of Birth given by l	him./per is 17/05/1998
Amanwatta	Hr.
PRESIDENT Adille J. Sumariwalla)	SECRETARY (C.K. Valson)

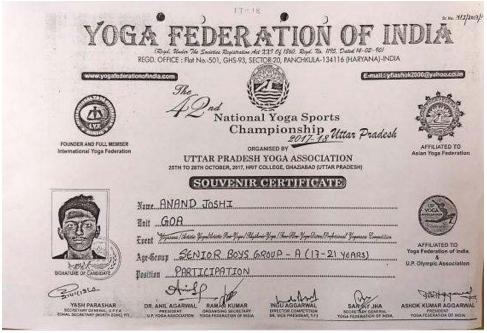
2. Shri. Ankit Sehrawat of FYBA represented Goa state at the 71<sup>st</sup> Glenmark Senior National Aquatic Championship held at Bhopal (M.P) from 4<sup>th</sup> to 13<sup>th</sup> October 2017.

SWIMMING FEDERATION OF INDIA (Affiliated to FINA-AASF-IOA)	
Certificate of Participation	
Awarded to Ankit Sehrawat	13
representingGOA	-
for participating as a Competitor/Technical/Team Official in t	he
71th Senior National Aquatic Championships-201	.7
conducted by Madhya Pradesh Swimming Association	
from 7th to 11th October 2017 at Bhopal / Indore under th	he
auspices of Swimming Federation of India	
HUSH SHAAMA DIGANSING SECRETARY The Beller Medice Chargomatics	

3. Kum. Prachi Kankonkar of FYBA represented Goa State and won third place in Softball at the South Zone National Softball Championship held at Kerala from 6<sup>th</sup> to 8<sup>th</sup> October 2017.



4. Shri Anand Joshi of FYBA represented Goa State at the 42<sup>nd</sup>Yoga National Championship 2017 held at Gaziabad (U.P) from 25<sup>th</sup> to 28<sup>th</sup> October 2017.



- 5. Shri Anthony Faleiro of FYBA represented Goa University at the All India Inter-University Athletic Championship held at Andhra Pradesh from 12<sup>th</sup> to 16<sup>th</sup> December 2017.
- 6. Shri Ankit Sehrawat of FYBA represented Goa University at the All India Inter-University Aquatic Championship held at Chandigarh from 26<sup>th</sup> to 30<sup>th</sup> October 2017.
- Kum. Kulsum Shaikh of TYBSc represented Goa at the 68<sup>th</sup> Senior National Basketball Championship held at Chennai from 17<sup>th</sup> to 24<sup>th</sup> January 2018.

	17-16	No. 174433
	SKETBALL FEDER	
R	Awarded to KUSUM SHAIKH	
O of	GeA for participation i	in the
A B	68th Senio Lational Basketball ( for	
9	Men A. Wome at Chennai, Tamil	Nadu
	17th to 24th Januar hander Mukhi Sharma Secretary General sketball Federation of India	y, 2018 K. Guindator President Bosketball Federation of India

- 8. Kum. Bhakti Naik of SYBSc represented Goa University at the West Zone Inter-University Cricket Championship at Nanded from 8<sup>th</sup> to 16<sup>th</sup> January 2018.
- 9. Our College Swimming (Men) team won the Runners-Up position at the Inter- College Swimming Championship organized by Goa University. Mr. Ankit Sehrawat of FYBA won two Gold medals.
- 10. Our College Badminton team (Women) reached the semi-finals of the Inter-College Badminton tournament organized by Goa University.

GC	<b>DA UNIVERSITY</b>
	A De
<b>n</b> .	(Accredited by NAAC with 'A' Grade)
Partic	cipation Certificate
	Chaille Valan
Dhempe College of	Arts and Science, Miramar
from	Badminton
for participating in the Dr	
	SAG Campal
Championship organised	
on25.07.2017 to 28.07.	.2017
	- Annances
Taleigao Plateau, Goa Date: 18.12.2017	Asst. Director of

11. College Badminton team (Men) participated at the Inter College Badminton Championship organized by Goa University.

C	GOA UNIVERS	ITY
	10 M	
	(Accredited by NAAC with 'A' Grade)	1.1. 1
Par	ticipation Cer	rtificate
This certificate is aw	V.u.kalkan Sugarna	
Dhempe Colles	e of Arts and Science, Miramar	
from		dminton
for participating in t	he Inter-Collegiate ———	
Championship organ	nised by Goa University at <u>SA</u>	G Campal
25.07.2017 10 2		
011	( The second	Aunancles
Taleigao Plateau, Goa	COA F	Asst. Director of
Date: 18.12.2017		Phy. Edn. & Sports

12. The College Table Tennis team (Women) participated at the Inter- College Table Tennis tournament organized by Goa University from 17<sup>th</sup> to 19<sup>th</sup> July 2017, at S.A.G. Sports Complex, Panaji.

GOA	A UNIVERSITY
	1 Alexandre
Dantini	(Accredited by NAAC with 'A' Grade)
Partici	pation Certificate
This certificate is awarded to	
from Dhempe College of Arts	s and Science, Miramar
for participating in the Inter-	-Collegiate Table Tennis
Championship organised by c	
on	Z
	A Anarchs

13. The college weight lifting team participated at the Inter College weight lifting championship organized by Goa University on 8<sup>th</sup>&9<sup>th</sup> August 2017.Mr Injamam Shaikh of SYBSc won a Silver medal.

G	OA UNIVERSITY
	(Accredited by NAAC with 'A' Grade)
Parti	cipation Certificate
This certificate is award	
Dhempe College o	of Arts and Science, Miramar
from	Weight Lifting
	o // // // // // // // // // // // // //
for participating in the	Inter-Collegiate
Championship organise	Inter-Collegiate Goa University
Championship organise on <u>08.08.2017 to 09.0</u>	Inter-Collegiate Goa University
Championship organise	Inter-Collegiate Goa University

14. College Power lifting team participated at the Inter College Power lifting championship organize by Goa University from 10<sup>th</sup> to 12<sup>th</sup> August 2017 at Jubilee Hall, Goa University.



15. College Best Physique team participated at the Inter College Best Physique Championship organized by Goa University at Jubilee hall Goa University on 16<sup>th</sup>August 2017.

	GOA UNIVERSITY
Private at 2 so	(Accredited by NAAC with 'A' Grade) Participation Certificate
T T	his certificate is awarded toSilimkhan Anish
*	om Dhempe College of Arts and Science, Miramar om Best Physique r participating in the Inter-Collegiate
5	hampionship organised by Goa University at <u>Goa University</u>
T	aleigao Plateau, Goa
	ate: 30.01.2018 Phy. Edn. & Sports

16. College Cross Country team (Women) participated at the Inter-College Cross Country Championship 2017 organized by Goa University on 19<sup>th</sup> August 2017, at Goa University.

17 44 40 40	歩きまままままままままままままままままままままままままままままままままままま	
	GOA UNIVERUITI	
X.	(And )	
¥.		
Č.	(Accredited by NAAC with 'A' Grade)	
242	Participation Certificate	
×	Sheikh Amraan	
ξ.	This certificate is awarded to	
& I	from Cross Country	Comment of the second
2 1	for participating in the Inter-Collegiate	
ξ.	Championship organised by Goa University at Goa University	
8	19 08 2017	
8	on (SC)=) Hunandes	
8	Taleigao Plateau, Goa Asst. Director of	
0.1	Date: 30.01.2018 Phy. Edn. & Sports	

17. The Inter-Class Table Tennis tournament (Men& Women) 2017 was held on 1<sup>st</sup> July 2017, in the College Gymkhana.Shri Shubham Lokre of TYBSc and Kum. Sharmishtha Sanyal of FYBSc emerged championships in men and women section respectively.

18. The Inter-Class Badminton tournament (Men & Women) 2017 was held on 3<sup>rd</sup> and 4<sup>th</sup> July 2017 at Club Tennis Gasper De Dias. Shri Shubham Lokre of TYBSc and Kum. Sandila Virnodkar of FYBA emerged Champions in men and women section respectively.

Considered by MAC with A Greeke  Prove defined by MAC with A Greekee  Prove defined by MAC with A Greekeee  Prove defined by MAC with A Greekeeeeeeeeeeeeeeeeeeeeeeeeeeeeeeeeee			GOAI	JNIVEF	RSITY	1	
Shaikh Kulsum         Shaikh Kulsum         This certificate is awarded to         Badminton         Form         Badminton         Form         Gadminton         Form         Gadminton         Form         College of Arts and Science, Miramar         Form         Collegiate         Championship organised by Goa University at         SAG Campal         Championship organised by Goa University at         SAG Campal         Concerding by NAC with X Grade         Dhempe College				A			
Participation Certificate         Shaikh Kulsum         This certificate is awarded to         Dhempe College of Arts and Science, Miramar         from       Badminton         for participating in the 9nter-Collegiate       SAG Campal         Championship organised by Goa University at       SAG Campal         Taleggao Plateau, Goa       Date:         Date:       18.12.2017         Taleggao Plateau, Goa       Date:         Date:       18.12.2017         Date:       Date:         Date:       Date: <td< th=""><th></th><th></th><th></th><th>100</th><th></th><th></th><th></th></td<>				100			
Participation Certificate         Shaikh Kulsum         This certificate is awarded to         Dhempe College of Arts and Science, Miramar         from       Badminton         for participating in the 9nter-Collegiate       SAG Campal         Championship organised by Goa University at       SAG Campal         Taleggao Plateau, Goa       Date:         Date:       18.12.2017         Taleggao Plateau, Goa       Date:         Date:       18.12.2017         Date:       Date:         Date:       Date: <td< th=""><th></th><th></th><th></th><th>AT WAS</th><th></th><th></th><th></th></td<>				AT WAS			
Shaikh Kulsum         Shaikh Kulsum         This certificate is awarded to         Badminton         Form         Badminton         Form         Gadminton         Form         Gadminton         Form         College of Arts and Science, Miramar         Form         Collegiate         Championship organised by Goa University at         SAG Campal         Championship organised by Goa University at         SAG Campal         Concerding by NAC with X Grade         Dhempe College				A REAL PROPERTY			
This certificate is awarded to Dhempe College of Arts and Science, Miramar from Badminton for participating in the Inter-Collegiate Championship organised by Goa University at 25.07.2017 to 28.07.2017 on 25.07.2017 to 28.07.2017 Taleigao Plateau, Goa Date: 18.12.2017 Date: 18.12.2017 Compared to the		-	(Accre	edited by NAAC with 'A' Gi	rade)	in to	
This certificate is awarded to Dhempe College of Arts and Science, Miramar from Badminton for participating in the Inter-Collegiate Championship organised by Goa University at 25.07.2017 to 28.07.2017 on 25.07.2017 to 28.07.2017 Taleigao Plateau, Goa Date: 18.12.2017 Date: 18.12.2017 Compared to the		Par	rticipo	ation C	ertifi	icale	
from Badminton for participating in the Inter-Collegiate SAG Campal Championship organised by Goa University at 25.07.2017 to 28.07.2017 Taleigao Plateau, Goa Date: 18.12.2017 Taleigao Plateau, Goa Date: 18.12.2017 Taleigao Plateau, Goa Date: 18.12.2017 Taleigao Plateau, Goa Date: 18.12.2017 Comparison Constant of the State of th	-1			Chaible Valan			
from Badminton for participating in the Inter-Collegiate SAG Campal Championship organised by Goa University at 25.07.2017 to 28.07.2017 Taleigao Plateau, Goa Date: 18.12.2017 Taleigao Plateau, Goa Date: 18.12.2017 Taleigao Plateau, Goa Date: 18.12.2017 Comparison of the State of	This	certificate is a Dhempe Colli	warded to –	d Science Mire	man		
Badminton         for participating in the Inter-Collegiate         Championship organised by Goa University at         25.07.2017 to 28.07.2017         on         Taleigao Plateau, Goa         Date:       18.12.2017         Date:       Date:         Date:       18.12.2017         Date:       Date:	from		Se of mis un	u science, mirui			-
Championship organised by Goa University at 25.07.2017 to 28.07.2017 on Taleigao Plateau, Goa Date: 18.12.2017 Taleigao Plateau, Goa Date: 18.12.2017 Comparing the start of the sta					Badminto	п	
Championship organised by Goa University at 25.07.2017 to 28.07.2017 Taleigao Plateau, Goa Date: 18.12.2017 Taleigao Plateau, Goa Date: 18.12.2017 Taleigao Plateau, Goa Date: 18.12.2017 Comparison of the second	forp	articipating in	the Inter-Co	ollegiate ——			
25.07.2017 to 28.07.2017 Tateigao Plateau, Goa Date: 18.12.2017 Date: 18.12.2017 Date: 18.12.2017 Date: 18.12.2017 Date: 18.12.2017 Comparing the data data data data data data data dat	Cha	mpionship ora	anisod by Goo	University at	SAG Cam	pal	
on Taleigao Plateau, Goa Date: 18.12.2017 Date: 18.12.2017 Date: 18.12.2017 COMPACTOR OF THE AMERICAN AND AND AND AND AND AND AND AND AND A	Cina	25 07 2017 to	28 07 2017	i unitersity at			
Assi. Director of Phy. Edn. & Sports Assi. Director of	on –	20.07.2017 10	20.07.2017	1	1	As dec	
Assi. Director of Phy. Edn. & Sports Assi. Director of	Taleic	ao Plateau, Goa		(el		Minance	
Accredited by NAAC with 'N Grade Concentration of the Inter-Collegiate Interpreting in the Inter-Collegiate Championship organised by Goa University at SIG Campal Disconting in the Inter-Collegiate Championship organised by Goa University at SIG Campal Disconting in the Inter-Collegiate Championship organised by Goa University at SIG Campal	a second				/	Asst. Director of	
Charteeled by NAAC with 'K Grade) Participation Certificate This certificate is awarded to <u>Kunkalkar Swapnes</u> Dhempe College of Arts and Science, Miramar Irom <u>Badminton</u> for participating in the Inter-Collegiate <u>Badminton</u> Championship organised by Goa University at <u>SAG Campal</u> on <u>25.07.2017 to 28.07.2017</u>	Date:			-		Phy. Eun. & opons	
Charped by Goa University at SAG Campal					and the state of		+1.14
Charteelied by NAAC with 'K Grade) Participation Certificate This certificate is awarded to <u>Kunkalkar Swapnes</u> This certificate is awarded to <u>Kunkalkar Swapnes</u> Dhempe College of Arts and Science, Miramar from <u>Badminton</u> for participating in the Inter-Collegiate <u>Badminton</u> Championship organised by Goa University at <u>SAG Campal</u> on <u>25.07.2017 to 28.07.2017</u>	****	8 *****	教教教教	*****	****	******	**
Participation Certificate         Kunkalkar Swapnes         This certificate is awarded to Kunkalkar Swapnes         This certificate is awarded to Dhempe College of Arts and Science, Miramar         from       Badminton         for participating in the Inter-Collegiate       Badminton         Championship organised by Goa University at       SAG Campal         on       25.07.2017 to 28.07.2017	****	********	******	******	****	******	校校
Participation Certificate         Kunkalkar Swapnes         This certificate is awarded to Kunkalkar Swapnes         Dhempe College of Arts and Science, Miramar         from       Badminton         for participating in the Inter-Collegiate       Badminton         Championship organised by Goa University at       SAG Campal         on       25.07.2017 to 28.07.2017         Multicipation	**************************************	10 13 13 13 13 13 13 13 13 13 13 13 13 13	GOA l		*** SITY	******	<u>教</u> 弦
Participation Certificate         Kunkalkar Swapnes         This certificate is awarded to Kunkalkar Swapnes         This certificate is awarded to Dhempe College of Arts and Science, Miramar         from       Badminton         for participating in the Inter-Collegiate       Badminton         Championship organised by Goa University at       SAG Campal         on       25.07.2017 to 28.07.2017	**************************************	10 法:法:法:法:法: 10	BOA l	JNIVER	*** SITY	******	**
Participation Certificate         Kunkalkar Swapnes         This certificate is awarded to Kunkalkar Swapnes         Dhempe College of Arts and Science, Miramar         from       Badminton         for participating in the Inter-Collegiate         Championship organised by Goa University at         SAG Campal         on       25.07.2017 to 28.07.2017	***	8 <u>43 58 58 58 58</u> 7 47 47 47 47 47 47	GOA l	JNIVER	**** SITY	*****	**
Participation Certificate         Kunkalkar Swapnes         This certificate is awarded to Kunkalkar Swapnes         Dhempe College of Arts and Science, Miramar         from       Badminton         for participating in the Inter-Collegiate         Championship organised by Goa University at         SAG Campal         on       25.07.2017 to 28.07.2017	*****		GOA l	JNIVER	**** SITY	**************************************	茶茶
This certificate is awarded to Kunkalkar Swapnes Dhempe College of Arts and Science, Miramar from Badminton for participating in the Inter-Collegiate Badminton Championship organised by Goa University at SAG Campal on 25.07.2017 to 28.07.2017	****	8 (3) (3) (3) (3) * 4]* 4]* 4]* 4]* 4]* 4]*				*****	教教
This certificate is awarded to Kunkalkar Swapnes Dhempe College of Arts and Science, Miramar from Badminton for participating in the Inter-Collegiate Badminton Championship organised by Goa University at SAG Campal on 25.07.2017 to 28.07.2017			lAccre	diled by NAAC with 'A' Gr	ade)		教教
Dhempe College of Arts and Science, Miramar from Badminton for participating in the Inter-Collegiate Badminton Championship organised by Goa University at SAG Campal on 25.07.2017 to 28.07.2017			lAccre	diled by NAAC with 'A' Gr	ade)		***
fromBadminton for participating in the Inter-CollegiateBadminton Championship organised by Goa University atSAG Campal onS.07.2017 to 28.07.2017	This	Pai	(Accre rticipa	adited by NAAC with 'A Greation Co	<sup>ade)</sup> ertífi		**
for participating in the Inter-Collegiate Championship organised by Goa University at <u>SAG Campal</u> on <u>25.07.2017 to 28.07.2017</u>	This	Pai certificate is a	(Accere rticipa warded to -	adited by NAAC with 'A Gra attion Ca Kunkalkar Swap	<sup>ade)</sup> ertífi pnes		**
Championship organised by Goa University at <u>SAG Campal</u> on <u>25.07.2017 to 28.07.2017</u>		Pai certificate is a	(Accere rticipa warded to -	adited by NAAC with 'A Gra attion Ca Kunkalkar Swap	<sup>ade)</sup> ertifi pnes nar	cate	**
on <u>25.07.2017 to 28.07.2017</u>	from	Par certificate is a Dhempe Coll	(Accee <b>rticipa</b> wardod to – ege of Arts and	adited by NAAC with 'A' Gro ation Co Kunkalkar Swap d Science, Miran	<sup>ade)</sup> ertifi pnes nar	cate	**
on 25.07.2017 to 28.07.2017	from for p	Pan certificate is a Dhempe Coll articipating in	(Access <b>rticipa</b> warded to – ege of Arts and the Inter-Co	edited by NAAC with 'A' Gro ation Co Kunkalkar Swap d Science, Miran Ilogiato	ade) ertifi pnes mar Badmintor	cate	**
6 m Renancies	from for p	Pan certificate is a Dhempe Coll articipating in	(Access <b>rticipa</b> warded to – ege of Arts and the Inter-Co	edited by NAAC with 'A' Gro ation Co Kunkalkar Swap d Science, Miran Ilogiato	ade) ertifi pnes mar Badmintor	cate	**
	from for p	Par certificate is a Dhempe Coll articipating in mpionship orga	(Access <b>rticipa</b> warded to — ege of Arts and the Inter-Co anised by Goa	edited by NAAC with 'A' Gro ation Co Kunkalkar Swap d Science, Miran Ilogiato	ade) ertifi pnes mar Badmintor	icate	***
	from for p	Par certificate is a Dhempe Coll articipating in mpionship orga	(Access <b>rticipa</b> warded to — ege of Arts and the Inter-Co anised by Goa	edited by NAAC with 'A' Gro ation Co Kunkalkar Swap d Science, Miran Ilogiato	ade) ertifi pnes mar Badmintor	icate	
Date: 18,12,2017 Asst. Director of Phy. Edn. & Sports	from forp Cha on -	Pan certificate is a Dhempe Coll articipating in mpionship org 25.07.2017 to	(Access <b>rticipa</b> warded to — ege of Arts and the Inter-Co anised by Goa	dited by NAAC with 'A Gr ation Co Kunkalkar Swap d Science, Miran Ilegiate University at-	ade) ertifi pnes mar Badmintor	cate	

- 19. The Inter-Class Chess tournament was held on 8<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>&12<sup>th</sup> July 2017, in the College Gymkhana. Shri Rajat Vaskar of TYBSc emerged as the champion.
- 20. College Table Tennis team (Women) participated at the Inter- College Table Tennis tournament organized by Goa university From 17<sup>th</sup> to 19<sup>th</sup> July 2017 at S.A.G. Sports Complex, Panaji.

	GOA UNIVERSITY	
	(Accredited by NAAC with 'X Grade)	
	Participation Certificate	
Th	ertificate is awarded to <u>Keni Divya</u> Dhempe College of Arts and Science, Miramar	
	rticipating in the Inter-Collegiate	
Ch	pionship organised by Goa University atSAG, Campal - Panaji	
on	17.07.2017 to 19.07.2017	
Tale	Plateau, Goa	
Date	18.12.2017 Phy. Edn. & Sports	

21. College Taekwondo team (Men) participated at the Inter- College Taekwondo tournament organized by Goa University from 26<sup>th</sup> to 28<sup>th</sup> September 2017, at Jubilee Hall, Goa University.

*****	学生
GOA UNIVERSITY	×
×	\$X
	**
	×
Participation Certificate	秋米
	**
This certificate is awarded to <u>Pal Privanka</u>	**
from Dhempe College of Arts and Science, Miramar Taekwondo	**
for participating in the Inter-Collegiate	×
Championship organised by Goa University at <u>Goa University</u> 26.09.2017 to 28.09.2017	**
26.09.2017 to 28.09.2017	**
Taleigao Plateau, Goa	**
Date: 05.02.2018 Asst. Director of Phy. Edn. & Sports	3
<u>*************************************</u>	2000

22. Our College Football team (Men) participated at the Inter- College Football tournament organized by Goa University from 6<sup>th</sup> to 23<sup>rd</sup> September 2017, at Goa University.

XXX XXX XX	GOA UNIVERSITY
k xTx xTx xTx x	
P	(Accredited by NAAC with 'A' Grade) Participation Certificate Naik Sagar
* * *	from Football
	for participating in the Inter-Collegiate Championship organised by Goa University at Goa University
	on 05.09.2017 to 23.09.2017 Taleigao Plateau, Goa Date: 02.02.2018 Date: 02.02.2018 Date: 02.02.2018

23. College Kabaddi teams (Men & Women) participated at the Inter- College Kabaddi Championship organized by Goa University from 14<sup>th</sup> to 16<sup>th</sup> December 2017.

举	**************************************	
**	GOA UNIVERSITY	XX XXX
*		XXX
業業		14 24
		3
*	(Accredited by NAAC with 'A' Grade)	200
***	Participation Certificate	345
教教	This certificate is awarded to <u>Yadav Neeraj</u>	装装
**	from Dhempe College of Arts & Science Panaji- Goa	
\$ \$	Kabaddi	教授
\$ XX	for participating in the Inter-Collegiate	XX
*	Championship organised by Goa University at <u>Goa University, Teleigao Plate</u> au	24
8 %	on	22
***	Hunardes	3
*	Taleigao Plateau, Goa Date: 4/23/2018 Asst. Director of Phy. Edn. & Sports	300
松林	Date: 4/25/2010 Phy. Edn. & Sports	な必
**	*****	茶
採	***	× ×
茶茶	GOA UNIVERSITY	0÷
×		**
**		X: X:
XX		x XX
X	(Accredited by NAAC with 'A' Grade)	***
X	Participation Certificate	K X
		*
***		80
XX	from Dhempe College of Arts & Science Panaji- Goa	5 5 5 S
6 86 3	for participating in the Inter-Collegiate Kabaddi	**
898	Championship organised by Goa University at <u>Goa University, Teleigao Plate</u> ar	X
*	14/12/2017 to 16/12/ 2017	**
6 24	on Physical and the second seco	な状
	Teleines Distant Con	XX.
868	Taleigao Plateau, Goa	XX
6 36 36 36 36 36 36 36 36 36 36 36 36 36	Date: 4/23/2018 Asst. Director of Phy. Edn. & Sports	な狭な

24. College Athletic team (Men & Women) participated at the Inter- College Athletic Championship organized by Goa University from 18<sup>th</sup> to 20<sup>th</sup> January 2018.

25. Kum. Bencia Monteiro of TYBA won two Gold medals in Discus throw & Javelin throw respectively at the Inter –College Athletic Championship organized by Goa University.

G	DA UNIVERS	ITY
	(Accredited by NAAC with 'A' Grade)	
	Certificate	
This is to certify that	Monteiro Bencia	
from Dhempe College	of Arts and Science, Miramar	
wasplaced First Place	with a performance of	31.82 m in Discus Throw
at the Inter - Collegiate _	Athletics	Championship organized
by Goa University at	thletics Stadium, Bambolim	07 18/01/2018 to 20/01/2018
Taleigao Plateau, Goa	Asst Director of	Yarun Jahni

26. Shri Antonio Faleiro of FYBA became the fastest Man of Goa University by winning the 100mtr dash at the Inter-College Athletic Championship organized by Goa University. He also won a silver medal in 200mtr race.

GOA UNIVERSITY	GOA UNIVERSITY
(Accredited by NAAC with 'A Grade) Certificate	(Accessited by NAAC with K Grade) Certificate
Thisistocertify that Falerio Anthony [1] from Dhempe College of Arts and Science, Miramar [1]	This is to certify that     Falerio Anthony       from     Dhempe College of Arts and Science, Miramar
was placed <u>First Place</u> with a performance of <u>11.00s in 100 m Run</u> at the Onter - Collegiate <u>Athletics</u> Championship organized	wasplaced <u>Second Place</u> with a performance of <u>23.3s in 200 m Run</u> at the Onter - Collegiate <u>Athletics</u> Championship organized
by Goa University at <u>Athletics Stadium, Bambolim</u> on <u>18/01/2018 to 20/01/2018</u> Talegao Pisteau, Goa Naun Alm	by Goa University at Athletics Stadium, Bambolim on 18/01/2018 to 20/01/2018 Taleigao Piateau, Goa
Asian Director of Asian Director of Uncer-Chancellor Date 28/06/2018 Phy Edn & Sports Vice-Chancellor	Tallegao Frances, cola Asstructinedor of Date: 28/06/2018 Phy. Edn. 8 Sports Vice-Chancellor

27. Shri Praveen Gaunder of FYBA won a bronze medal in 100mtr dash at the Inter –College Athletic Championship organized by Goa University.

GO	A UNIVERS	ITY
	(Accredited by NAAC with 'A' Grade)	
	Certificate	
This is to certify that	Gaunder Praveen	
from Dhempe College of	Arts and Science, Miramar	
was placed Third Place	with a performance of	11.5s in 100 m Run
at the Inter - Collegiate _	Athletics	Championship organized
	letics Stadium, Bambolim	on 18/01/2018 to 20/01/2018
Taleigao Plateau, Goa	Runandis	Varun Jahmi
Date: 28/06/2018	Asst Director of Phy. Edn. & Sports	Vice-Chancellor

28. College Volleyball teams (Men & Women) participated at the Inter- College Volleyball tournament organized by Goa University from 14<sup>th</sup> February to 17<sup>th</sup> February 2018.

GOA UNIVERSITY (Accredited by WAC with X Grade) Participation Certificate	GOA UNIVERSITY WOOMSING IN NO. WITH A Gradu Participation Certificate This certificate is awarded to <u>Monteiro Bencia</u>
This certificate is awarded to <u>Vaigankar Sarvesh</u>	from Dhempe College of Arts & Science Panaji Goa
from <u>Dhempe College of Arts &amp; Science Panaji Goa</u> for participating in the Inter-Collegiate <u>Volleyball</u> for participating in the Inter-Collegiate <u>Volleyball</u> Championship organised by Goa University at <u>Goa University Taleigao Platea</u> on <u>14/02/2018 to 17/02/2018</u> Taleigao Plateau, Goa Date: 25/04/2018 <u>Volleyball</u> Second Structure Panaji Goa University Taleigao Plateau, Goa Phys. Edn. & Sports	for participating in the Inter-Collegiate <u>Volleyball</u> Championship organised by Goa University at <u>Goa University Taleigao Plateau</u> on <u>14/02/2018 to 17/02/2018</u> Taleigao Plateau, Goa Date: 25/04/2018

- 29. College Basketball team (Women) participated in the Inter-College Basketball tournament organized by Goa University from 5<sup>th</sup> to 8<sup>th</sup> January 2018.
- 30. College Cricket teams (Men & Women) participated in the Inter-College Cricket tournament organized by Goa University from 28<sup>th</sup> February 2018 to 6<sup>th</sup> April 2018 at Goa University Ground.
- 31. Our College Athletic team (Men) won the Championship at the 15<sup>th</sup> Joint Sports Meet of Dempo Charities Trust Educational Institution organized by Vasantrao Dempo HSS of Science, Commerce & Arts on 1<sup>st</sup> February 2018 at Campal Ground.
- 32. Shri Pandurang Naik, Director of Physical Education& Sports participated in the Refresher Course in 'Physical Education & Yoga'' at UGC- Human Resource Development Centre, Kumaun University, Nainital (Uttarakhand) from 12<sup>th</sup>March to 31<sup>st</sup>March 2018.

### Workshop on Sports Broadcasting

A workshop on Sports Broadcasting, Dynamics and Dimensions was held at Dhempe College of Arts and Science on 13<sup>th</sup> July 2017, in the college premises. The inaugural function was held at 10.00 am. The keynote speaker Prof. Brij Bakshi was the Chief Guest of the inaugural function.

Mr. Yatish Dempo, the Trustee was the guest of honor. Mr. Sunil Prabhudesai, Administrative of Dempo Charity Trust Educational Institutions was also present. Dr. Vrinda Borker, Principal welcomed the dignitaries and introduced the Chief Guest. Mr. Yatish Dempo also spoke on the occasion. Mr. Pandurang Naik, College Director of Physical Education& Sports proposed the vote of thanks.

Brij Bakshi, the Senior Creative Communication and Television Production Professional isknown for his passion for multi-camera and other established forms of sports production. A former Additional Director General at Doordarshan was the Keynote speaker for the day. In the first session,Prof. Brij Bakshi introduced the delegates to Sports Broadcasting, Dynamics & Dimensions. In the second session, Prof. Brij Bakshi focused on Cricket production & Camera planning.

Prof. Gouran Lal in the third session spoke on the Art of Live Commentary & Creative communication. Prof. Brij Bakshi & Prof. Gouran Lal in the fourth session addressed Sports Advertisement & Job opportunities in Sports. The valedictory function was held at 5.00 pm. Mr. Sam Braganza, College Director of Physical Education& Sportsfrom Government College Pednem & Mr. Savio Leitao, College Director of Physical Education& Sportsfrom Mallikarjun College, Canacona expressed their views on the workshop. The College Director of Physical Education Mr. Pandurang Naik proposed the vote of thanks.

#### Celebration of National Sports Day In Dhempe College of Arts & Science.

National Sports Day was celebrated in Dhempe College of Arts and Science on 6<sup>th</sup> September 2017, to celebrate the birthday of Major Dhyan Chand, the Indian Hockey Legend. The inauguration was held at 10.00am at the hands of the Principal, Dr. Vrinda Borker. The senior faculty members along with the College Director of Physical Education and sports and the sports secretary were also present.

The below-mentioned events were organized for the students, the teaching, and non-teaching staff members.

- Tie Breaker in Football for the students (women)
- Tug of war for students (men and women)
- Poster competition for the students
- Skipping for Girls
- Arm Wrestling for Men
- Badminton for Staff (Teaching and Non-Teaching)
- Carom for Staff (Teaching and Non-Teaching)



The Prize Distribution was held at 4.30pm in the College Quadrangle. The Principal of Dhempe College Dr. Vrinda Borker was the Chief Guest. The Director of Physical Education and Sports, Shri Pandurang Naik, and the Sports Secretary Shri Injamam Shaikh were the main organizers of the event.

### Ebullience 2018 Organised By Department Of Physical Education And Sports.

'EBULLIENCE 2018' organized by Dhempe College of Arts & Science was held on 24<sup>th</sup> Feb 2018 at Don Bosco School Premises



The inaugural function was held in the morning. Mr. Sajith Pillai, the Police Sub - Inspector of Fatorda Police Station was the Chief Guest. The Principal Dr. Vrinda Borker welcomed the dignitaries. The Chief Guest Mr. Sajith Pillai spoke about the importance of fitness in daily life. Vice Principal of Science section Mrs. Manjari Barve and the Vice Principal of Arts section Dr. Mukta Karmadi were also present. The Sports Secretary Mr. Injamam Shaikh was also present. The College Director of Physical Education & Sports Mr. Pandurang Naik proposed the vote of thanks.

The below-mentioned Events were held.

- 1. Body Building
- 2. Tug of War

- 3. Futsal
- 4. Control Cricket
- 5. Arm Wrestling
- 6. Badminton

The three times 'Goa Shree' Title winner Mr. Vishnu Uskaikar was called as a Guest Poser. The display of muscles by Mr. Vishnu Uskaikar was the main attraction of the Ebullience 2018.

Mr. Yatish Dempo, the Trustee of Dempo Charities Trust was the Chief Guest for the Prize distribution. The Principal Dr. Vrinda Borker was also present. The Vice-Principal of Arts Dr. Mukta Karmadi and Vice Principal of Science section Mrs. Manjiri Barve were also present. The College Director of Physical Education & Sports Mr. Pandurang Naik was also present. Mr. Injamam Shaikh the Sports Secretary proposed the vote of thanks.

Shree Damodar College of Com & Eco, Margao won the overall Championship for the Ebullience 2018. S.S Dempo College of Com & Eco, Cujira won the Runners-Up position.

Pandurang G. Naik College Director of Physical Education & Sports

## Dempo Charities Trust's Dhempe College Of Arts & Science Panaji-Goa Department Of Physical Education & Sports Report 2018-2019

1. Kum. Prachi Kankonkar of SYBA was a member of the Goa Softball team which won third place at the 15<sup>th</sup> Senior South Zone National Softball Championship held at Goa from 16<sup>th</sup> to 18<sup>th</sup> November 2018.

	Office: Sodetim, Chodan, Tiswadi-Gos 403 102 Mob.: 9822120	218 / 9822180218
	To. The Principal	07/02/2019
	Dempe College of Arts and Science Miramar, Panaji, Goa	
0	Subject: 15th Senior South Zone National Softball Champi	onship 2018
	Dear Madam,	
	We hereby confirm that Ms. Prachi Kankonkar, student of yo participated in the 15 <sup>th</sup> Senior South Zone National Softball Ch at Cuncolim School Playground, Cuncolim from 16 <sup>th</sup> to 18 <sup>th</sup> No	ampionship 2018 held
	Goa Men and Women teams secured Bronze medal (III place) Championship.	in the said
0	This is for your information and necessary action therein.	
	Yours truly,	

2. ShriVedant Sawant of FYBSc was a member of the Goa Tennis ball Cricket team which won first place at the All India National Tennis ball Cricket Championship held at Tamil Nadu from 10<sup>th</sup> August to 12<sup>th</sup> August, 2018.

	ALL INDIA NATIONAL TENNISBALL CRICKET CHAMPIONSHIP Drganized by SRI AAI MATHAJI MATRIC SCHOOL THIRUVALLUR DISTRICT TENNIS BALL CRICKET ASSOCIATION & TAMILNADU TENNIS BALL CRICKET ASSOCIATION Milated By TENNIS BALL CRICKET FEDERATION OF INDIA Arguined By MINISTRY OF YOUTH AFFAIRS & SPORTS (GOVT. OF INDIA SCHOOL GAMES FEDERATION OF INDIA (SGFI)
	Certificate of Merit
and the second	This is to certify that Mr. / Mrs. / Ms. VEDANT SAWANT born on 19:04:1999
Freedow	of
	TENNISBALL CRICKET CHAMPIONSHIP held at Sri AAI Mathaji Matric School, Athipatuu,
	Thiruvallur District from 10th August to 12th August 2018 as a player / Manager / Coach /
And and a logical address of the second state	Official. His/Her team attained Winner/Runner/Participation position in the Championship
	ABHINAV NATH TIWARI IMRAN <sup>®</sup> AHMED LARI Dr. Md. JAVEED GHATALA PRESIDENT TIKECH PRESIDENT TIKECH PRESIDENT PRESIDENT TIKECH PRESIDENT TIKECH PRESIDENT PRESIDENT

 Shri Vedant Sawant of FYBSc and Shri Aniket Naik of TYBA were members of the Goa Tennis ball Cricket team which won first place at the Indo Nepal Inter-state Tennis ball Cricket Championship 2018-2019 held at Nepal.

O Dertigieate	E Certificale
SLNO Indo - Nepal	SI.No Indo - Nepal
International Inter-State Tennis Ball Cricket Championship 2018-19	International Inter-State Tennis Ball Cricket Championship 2018-19
Oroganised By : NEPAL TENNIS BALL CRICKET ASSOCIATION	Oraganised By : NEPAL TENNIS BALL CRICKET ASSOCIATION
Under : Asian Tennis Ball Cricket Federation	Under : Asian Tennis Ball Cricket Federation
AT : Pokhara (Nepal) From: 30th Dec. 2018 to 1st Jan. 2019	AT : Pokhara (Nepal) From: 30th Dec. 2018 to 1st Jan. 2019
Certify That Miss/Mirs./MirANIKET NAK (A) D/O. 5/0 of GOA Participated in Indo-Nepal International Inter-State Tennis Ball Circlet Championship 2018-19 (Men & Women) as Players// Official and Secured	Certify That Miss/Mrs./Mr. <u>VEDANT SAWANT</u> (B) D+0, 5/0 <u>TULSHIDAS SAWANT</u> of <u>Gra-</u> Participated in Indo-Nepal International Inter-State Ternis Bal Circlet Championship 2018-19 (Men & Women) as Proyects Official and Secured. <u>Provent</u> Billing Hard Market M

4. ShriJostanCardoz of FYBA was a member of the Goa University football team which won fourth place at the All India Inter-University football Championship held in Mumbai.

5. ShriSachin Mishra of FYBSc represented Goa at the U-19 Cooch Behar Trophy.

Service .	GOA GRICKET A AFFLIAT THE BOARD OF CONTROL Stree Service Stree Service Stree Service Stree Degis Orge	4. 394
Mathematica	<u>TO WHOMSOFVER L</u>	TMAY CONCERN
and a second second	This is to certify that <u>Mr. Sachin</u> Goa Cricket Association in the Men the season 2018-19 conducted by	's U-19 Cooch Benar Trophy
-	India (BCCI). • Goa (Goa vs Odisha) from 19 <sup>th</sup> • J & K (Goa vs J& K ) from 25 <sup>th</sup>	to 29" November 2010,
-	(Creative Kerala) from 03	to 06" December 2010
-	Kerala (Goa vs Andhra) from 10"     Goa (Goa vs Andhra) from 31" (     Goa (Goa vs Tripura)from 31" (	December to 03 <sup>rd</sup> January 2019,
-	Daya Pagi Hon.Secretary Date: 25 <sup>th</sup> April 2019	2010-111 2010-111

- 6. Kum. Melina Afonso of TYBSc represented Goa at the Senior National Basketball Championship held in Gujrat from 5<sup>th</sup> to 12<sup>th</sup> January 2019.
- 7. Shri. Pankaj Sharma of TYBA represented Goa University Judo team at the All India Inter-University Judo Championship held at Amritsar, Punjab.
- 8. Shri. Gaurav Chari of SYBA represented Goa University at the West Zone Inter-University Table Tennis Championship held at Nanded, Maharashtra.
- Our College Swimming team (Men) won the Runner-Up position at the Inter College Swimming Championship organized by Goa University at Campal Swimming pool on 3<sup>rd</sup> August 2018.ShriAnkitSehrawat of SYBA won two Gold medals.

G	OA UNIVERSI	ITY
	(Accredited by NAAC with 'A Grade)	
	Certificate	
This is to certify that _	Sehrawat Ankit	
from Dhempe Colleg	e of Arts and Science, Miramar	
wasplaced_First	with a performance of <u>@1</u>	1:06.77M in 100m Butter®y
at the Inter - Collegiat	r C	Championship organized
by Goa University at S	SAG Swimming Pool, Campal	on03.05.2015
	Kunds	10
Taleigao Plateau, Goa Date: 30/10/2018	Asst, Diffector of Phy Edn. & Sports	Ylaunkhii Vice-Charceller
(N) (N) (N) (N) (N) (N) (N) (N)		
G		ioicicicicici SITY
G	OA UNIVERS	DENERGIENENE SITY
G	OA UNIVERS	SITY
G	OA UNIVERS	SITY
G	(Accredited by NAAC with 'A Grade)	
G		
This is to certify that _	(Accredited by NAAC with 'A Grade) Certificate	
This is to certify that _	(Accredited by NAAC with 'A Grade) Certificate	
This is to certify that from	Accredited by NAAC with 'A Grade) Certificate Schrawat Ankit	ç
This is to certify that _ from	(Accredited by NAAC with 'A Grade) Certificate Schrawat Ankit e of Arts and Science, Miramar with a performance of	<b>9</b> (01:02.43M in 100m Free S
This is to certify that _ from	Accredited by NAAC with 'A Grade) Certificate Sehrawat Ankit e of Arts and Science, Miramar with a performance of Swimming	2 (01:02.43M in 100m Free S Championship organi
This is to certify that _ from	(Accredited by NAAC with 'A Grade) Certificate Schrawat Ankit e of Arts and Science, Miramar with a performance of	<b>9</b> (01:02.43M in 100m Free S
This is to certify that _ from	Accredited by NAAC with 'A Grade) Certificate Sehrawat Ankit e of Arts and Science, Miramar with a performance of Swimming	2 (01:02.43M in 100m Free S Championship organi

10. Shri Pankaj Sharma of TYBA won a Gold medal at the Inter-College Judo Championship organized by Goa University at Jubilee Hall, Goa University from 28<sup>th</sup> August 2018 to 31<sup>st</sup> September 2018.

- 11. Shri Nehal Panicker of TYBSc won a bronze medal at the Inter College Best Physique Championship organized by Goa University on 14<sup>th</sup> August 2018, at Jubilee Hall, Goa University.
- 12. Kum. Anshwi Badiger of SYBA won the Bronze medal in the Heptathlon event at the Inter-College Athletic Championship organized by Goa University.
- 13. Our College Chess team secured the 5<sup>th</sup> position at theInter-College Chess Championship organized by Goa University on 31<sup>st</sup> July 2018 and 1<sup>st</sup> August 2018, at Jubilee Hall, Goa University.

GOA	UNIVERSITY
	a Terresta
	Store and a
(/	Accredited by NAAC with 'A' Grade)
Particil	nation Certificate
Furtions	
This certificate is awarded to	Nadkarni Omkar
This certificate is allege of Art.	s and Science, Miramar
from	Chess
· · · · · · · · · · · · · · · · · · ·	Collegiate
for participating in the Inter-	Silver Jubilee Hall, Goa Univers
Championship organised by G	foa University at
31.07.2018 & 01.08.201	
on	- de
	Hundles
Taleigao Plateau, Goa	
Taleigao Plateau, Goa Date: 29.08.2018	Asst. Director of

 Our College Tennis ball Control Cricket team won third place at the Inter-College Tennis ball control Cricket Championship held on 1<sup>st</sup> March 2019 at SAG Campal Ground organized by S.S Dempo College of Commerce & Economics. 15. ShriPandurangNaikrendered his services as a Physio to the senior Goa state Kabadditeam(Men) which participated at the senior National Kabaddi Championship held at Raigad, Maharashtra from 28 January, 2019 to 31<sup>st</sup>January, 2019.



- 16. ShriPandurangNaik was invited as a Resource person for the Students Council Installation at the VidyaPrabodhini Higher Secondary School on 4<sup>th</sup> July 2018.
- 17. National Sports Day was celebrated in Dhempe College of Arts and Science on 29<sup>th</sup> August 2018 to celebrate the Birthday of MajorDhyan Chand, the Indian Hockey Legend. The inauguration was held at 10.00am at the hands of the Principal, Dr. Vrinda Borker. The senior faculty members along with the College Director of Physical Education and sports and the sports secretary were also present.



- 18. The below-mentioned events were organized for the students, the teaching, and non-teaching staff members.
  - i. Beach Football (Men)
  - ii. Tug of war for students (men and women)
  - iii. Poster competition for the students.
  - iv. Skipping for Women.
  - v. Arm Wrestling for Men.
  - vi. Table Tennis for Staff (Teaching and Non-Teaching)
  - vii. Carom for Staff (Teaching and Non-Teaching)
- 19. The Prize Distribution was held at 4.30pm in the College Quadrangle. The Principal of Dhempe College Dr. Vrinda Borker was the Chief Guest. The Director of Physical Education and Sports, ShriPandurangNaik, and the Sports Secretary Shri. DattaprasadMahale were the main organizers of the event.
- 20. EBULLIENCE 3.0 was organized by the Department of Physical Education & Sports on 28<sup>th</sup> February 2019, at Campal Ground, Panaji.The Inaugural Function was held in the morning. Mrs.Rukmini Kamat, President of Goa Kabaddi Association was the Chief Guest. The Vice Principal Mrs. Manjari Barve welcomed and introduced the Chief Guest. The Chief Guest Mrs. Rukmini Kamat spoke about the importance of Fitness in daily life. She

also stressed that Dhempe College students should take up the game of Kabaddi and make a career in it. The Administrator of Dempo Charities Trust Mr. Rajesh Bhatikar was the Guest of Honor. The Vice-Principal of Arts section Dr. MuktaKarmadi was also present. The Sports Secretary Mr. Dattaprasad Mahale was also present. The College Director of Physical Education & Sports Mr. Pandurang Naik proposed the vote of thanks. The below-mentioned Events were held.

- i. Body Building
- ii. Tug of War
- iii. Football
- iv. Control Cricket
- v. Arm Wrestling
- vi. Strongman
- vii. PUBG
- 21. The three times 'Goa Shree' Title winner Mr. Ameet Talekar and MrShubhamGauns, the winner of 65 kg weight category dominator and winner of the group several times and a national Athlete were the Guest Posers. The display of muscles by Mr.AmeetTalekar and Mr. ShubhamGauns was the main attraction of the Ebullience 3.0. Mr. Ravi Dessai, ex Body Builder and SAG Coach, Mr. CaitanoDias-ex Body Builder and several times Mr. Goa title winner andMr. Vishnu Uskaikar, 9 times Mr. Goa and 4 times overall champion Mr. Goa and also National level bronze medalist were the judges for the Competition.
- 22. The prize distribution for Ebullience 3.0 was done at the hands of Mr. SiddharthKunkolienkar, ex MLA, Panaji constituency, and vice-chairman of GSIDC. The Vice-Principal of the Science section Mrs. ManjariBarve and the vice Principal of Arts section Dr. MuktaKarmadi also gave away the prizes. The College Director of Physical Education & Sports Mr. PadurangNaik was also present. Mr. DattaprasadMahale, the Sports Secretary proposed the vote of thank.
- 23. St. Xavier College, Mapusa won the overall Championship for the Ebullience 3.0. Govt. College of Arts, Science & Commerce, Sanquelim won the Runners- Up position. S.S Dempo of Commerce & Economics won third place.
- 24. Our College Table Tennis team (men) reached the semi-finals of the Inter-College Table Tennis Tournament organized by Goa University from 24<sup>th</sup> July 2018, to 27<sup>th</sup> July 2018, at S.A.G. Sports Complex, Campal.

- 25. National Yoga Day was celebrated on 21<sup>st</sup> June 2018, in the college premises. The College Director of Physical Education & Sports explained the importance of Yoga in the present life. He also demonstrated various Asanas in standing, sitting and lying position, and Pranayamas such asKapalbhatipranayam, Bhastrika Pranayama,AnulomVilom Pranayama were also performed. The students and staff took an active partand performed various Asanas and pranayamas.
- 26. Our College Best Physique team participated at the Inter College Best Physique Championship organized by Goa University at Jubilee Hall, Goa University on 14<sup>th</sup> August 2018.

GOAL	JNIVERSITY
004	
	Han B
(Accre	dited by NAAC with 'A' Grade)
Participa	tion Certificate
	Salgaonkar Rohit
This certificate is awarded to -	
Dhempe College of Aris u	la Science, Miramar
from	Best Physique
	florinke.
for participating in the Inter-Co	liegiate
for participating in the Inter-Co	
Championship organised by Goa	
Championship organised by Goa 14.08.2018	
Championship organised by Goa on	
Championship organised by Goa 14.08.2018	

27. Our College Cross Country teams (men & women) participated at the Inter-College Cross Country race organized by Goa University at the Goa University Campus on 18<sup>th</sup> August, 2018.

GO	
Dautio	(Accredited by NAAC with 'A' Grade)
This certificate is awardea	Fernandes Alisha
1.525970262	Cross Country
forparticipating in the Int Championship organised	ter-Collegiate – Goa University. Campus
forparticipating in the Int	ter-Collegiate Goa University, Campus

28. Our College Power Lifting team participated at Inter College Power Lifting Championship organized by Goa University from 9<sup>th</sup> to 11<sup>th</sup> August 2018, at Jubilee Hall, Goa University.

GOAL	JNIVERSITY
(Accred	ited by NAAC with 'A' Grade)
Participa	tion Certificate
This certificate is awarded to $-$	Talankar Adarsh
, Dhempe College of Arts and	d Science, Miramar
from	Power Lifting
from	Power Lifting
Antoniosof.	legiate
for participating in the Inter-Col	legiate
forparticipating in the Inter-Col Championship organised by Goa	legiate

29. Our College Basketball teams (men & women) participated at the Inter College Basketball Championship organized by Goa University from 18<sup>th</sup> to 21<sup>st</sup> September 2018 at Shyama Prasad Mukherjee stadium, Goa University.

0041		DOIT)	/
GOA U	INIVER	(211)	
	State R		
2			
(Accred	dited by NAAC with 'A' O		<b>6</b> 60790
Participa	tion C	ertif	icate
	Gaurav Chan	1.4	
This certificate is awarded to — Dhempe College of Arts an			
from	ia science, mir		· · · · · · · · · · · · · · · · · · ·
		Basketba	all
for participating in the Inter-Col	llegiate ——	Indoor S	adium, Goa Universi
Championship organised by Goa	University a	t	aman, oou onrera
18.09.2018 to 21.09.2018	×.		
on			Hunnes
Taleigao Plateau, Goa			Asst Director of
Date: 25.10.2018			
			Phy. Edn. & Sports
************* ************* GOA U	JNIVEF	**** **** RSITY	
SSA		新读社 SITY	*****
	JNIVEF	andre and RSITY Pertifi	*****
SSA	JNIVEF	新辞許者 RSITY ertifi umar	*****
GOA U GOA U Participa This certificate is awarded to Dhempe College of Arts and from	INIVER JNIVER Steed by NAAC with A G fion C Po Riona ad Science, Mire	amar Basketba	*****
Correction of Arts and for participating in the Inter-Col	JNIVEF JNIVEF UNAC WITH A G TON C Po Riona Ad Science, Mira (legiate —	and RSITY redei Certifu umar Basketba	*****
GOA U GOA U Participa This certificate is awarded to - from for participating in the Inter-Col Championship organised by Goa	JNIVEF JNIVEF UNAC WITH A G TON C Po Riona Ad Science, Mira (legiate —	and RSITY redei Certifu umar Basketba	*****
Correction of Arts and for participating in the Inter-Col	JNIVEF JNIVEF UNAC WITH A G TON C Po Riona Ad Science, Mira (legiate —	and RSITY redei Certifu umar Basketba	*****
Accres GOA U Accres Participa This certificate is awarded to This certificate is awarded to Dhempe College of Arts an from for participating in the Inter-Col Championship organised by Goa on 18.09.2018 to 21.09.2018	JNIVEF JNIVEF UNAC WITH A G TON C Po Riona Ad Science, Mira (legiate —	and RSITY redei Certifu umar Basketba	*****
Championship organised by Goa 18.09.2018 to 21.09.2018	JNIVEF JNIVEF UNAC WITH A G TON C Po Riona Ad Science, Mira (legiate —	and RSITY redei Certifu umar Basketba	*****

30. Football Coaching Camp was organized for College Football team (Men) at Miramar beach and Campal Ground from 6<sup>th</sup> September 2018, to 24<sup>th</sup> September 2018.Mr.Govind Mahale was invited for coaching the students.

- 31. Our College football team (men) participated at the Inter College Football Championship organized by Goa University from 24<sup>th</sup> September 2018 to 13<sup>th</sup> October 2018 at Goa University Ground.
- 32. Our College football team (Men) played a friendly match on 8<sup>th</sup> September 2018 with Narayan Zantye College, Bicholim on Zantye College Ground
- 33. College Judo team (men) participated at the Inter College Judo Championship organized by Goa University at Jubilee Hall, Goa University from 28<sup>th</sup> to 31<sup>st</sup> August 2018.
- 34. Our College Table Tennis team (women) participated at the Inter College Table Tennis tournament organized by Goa University from 24<sup>th</sup> to 27<sup>th</sup> July 2018 at Campal Sports Complex.
- 35. Our College Badminton team (men & women) participated at the Inter College Badminton championship organized by Goa University from 17<sup>th</sup> to 21<sup>st</sup> July 2018 at Campal Sports Complex.

Individual Championships organized for the Students

i.	Game Badminton (Men)	<i>Winner</i> ShriSiddhantMahambrey	<i>Class</i> FYBSc
ii.	Badminton (Women)	Kum. Sandila Virnodkar	SYBA
iii.	Table Tennis (Men)	Shri Gaurav Chari	SYBA
iv.	Table Tennis (Women)	Kum. Sharmishtha Sanyal	SYBSc
<b>v</b> .	Carom (Men)	Shri Mukesh Gauns	FYBSc
vi.	Carom (Women)	Kum. Kaanuka Sai	SYBSc
vii.	Chess	Shri Rajat Vaskar	MSc

Pandurang G. Naik. College Director of Physical Education & Sports

### Dempo Charities Trust Dhempe College of Arts & Science Panaji-Goa Department of Physical Education & Sports Report 2019-2020

DCT'S Dhempe college of Arts & Science participated in various sports (Men & Women), Swimming (Men), Table Tennis (Men & Women), Chess, Judo (Men & Women), Weight Lifting, Power Lifting, Best Physique, Tennikoit(Men & Women), Taekwondo (Men & Women), and Football (Men), Kabaddi (Men & Women), Athletics (Men & Women), Basketball (Men & Women), Volleyball (Men) and Cricket (Men).

1. ShriVedantSawant of SYBSc was a member of the Indian Tennis BallCricket team which won the first position at the Indo-Thai Tennis Ball Cricket Match series held from 25<sup>th</sup> to 28<sup>th</sup> September 2019, at Bangkok (Thailand).



2. ShriJostonCardoz of SYBA was a member of the Goa Football team which won third place at the Khelo India Youth games held at Guwahati (Assam) from 10<sup>th</sup> to 22<sup>nd</sup> January, 2020.



3. ShriAnkitSehrawat of TYBA represented Goa state at the National Aquatic Championship held from 30<sup>th</sup> August 2019 to4<sup>th</sup> September 2019 at Bhopal (Madhya Pradesh).

	Sking		1	34
Ű	lertificate	of Parti	cipatic	m
Awarded to	An	kit Sherawa	ut	
representing		GOA		
for participatio	ng as a Comp r National		10	-77
conducted b from 31st Aug	ust to 4th Sep	tember 2019	at Bhopa	
	ust to 4th Sep	tember 2019	at Bhopa	

- 4. Kum. Nuzhat Khan of SYBSc was a member of the Goa Basketball team which took part in the National Basketball Championship held at Ludhiana (Punjab) from 21<sup>st</sup> to 28<sup>th</sup> December 2019.
- 5. ShriRohanKunkolkar of FYBA represented Goa University at the West Zone Inter-University Volleyball Championship held at Nagpur (Maharashtra) from 16<sup>th</sup> to 20<sup>th</sup> December 2019.

GOA UNIVERS Sports Section Taleigao Plateau Goa Tel: 8669609075/8669	403 206
PARTICIPATION CER	TIFICATE
and the second second	
This is to certify that Mr. Rohan Kunkolk Miramar – Goa has participated in the Wes Volleyball Championship for Men organiz Nagpur Maharashtra from 16/12/2019 to	a Zone Inter University ed by R.T.M. University
Goa University team left Goa on 13/12/201 20/12/2019.	9 and returned back on
Taleigao Plateau- Goa Date: 21/01/2020 Asst	Dir. of Phy. Edn & Sports

- 6. ShriVedant Sawant of SYBSc served as the manager of the Sub Junior Tennis Ball Cricket team which took part at the 24<sup>th</sup> Sub Junior National Tennis Ball Cricket championship held at Gorakhpur (Uttar Pradesh) from 16<sup>th</sup> to 19<sup>th</sup> January 2020.
- Our College Swimming team (Men) won the Runner-Up position at the Inter-Collegiate Swimming Championship organized by Goa University at PondaSwimming pool on 20<sup>th</sup> July, 2019.ShriAnkitSehrawat of TYBA won one gold and one silver medal.
- 8. Shri Vishal Giri of FYBA won a Gold medal at the Inter-Collegiate Taekwondo Championship organized by Goa University from 17<sup>th</sup> to 20<sup>th</sup> September 2019 held at Jubilee Hall, Goa University.
- 9. Kum. AnshwiBadiger of TYBA won a Gold medal in the Heptathlon event at the Inter-Collegiate Athletic championship held at Athletic Stadium, Bambolim from 15<sup>th</sup> to 17<sup>th</sup> January 2020.She also won a silver medal in high jump event at the Inter-Collegiate Athletic Championship.
- 10. Kum.NeshaNishad of FYBA won a silver medal at the Inter-Collegiate Judo Championship organized by Goa University from 13<sup>th</sup> August 2019 to 17<sup>th</sup> August 2019, at Jubilee Hall, Goa University.

- 11. ShriShashikantSahani of SYBA won a bronze medal at the Inter-Collegiate Judo championship organized by Goa University from 13<sup>th</sup> to 17<sup>th</sup> August 2019, at Jubilee Hall, Goa University.
- 12. Kum. ManaswiniChavariya won a bronze medal at the Inter-Collegiate Taekwondo championship organized by Goa University from 17<sup>th</sup> to 20<sup>th</sup> September 2019, at Jubilee Hall, Goa University.
- 13. ShriAbhishek Kumar of FYBSc won a bronze medal in Hammer Throw at the Inter-Collegiate Athletic Championship held at Athletic Stadium, Bambolim from 15<sup>th</sup> to 17<sup>th</sup> January 2020.
- 14. Shri AnantMisar of TYBSc won a silver medal in Weight Lifting championship organized by Goa Weight Lifting Association on 30<sup>th</sup> June 2019, at Peddem Sports Complex, Mapusa.
- 15. The College Basketball teams (Men & Women) participated at the Inter-Collegiate Basketball Championship organized by Goa University from 9<sup>th</sup> to 13<sup>th</sup> January 2020, at Shyama Prasad Mukherjee Stadium, Bambolim.

GOA UNIVERSITY	*****	GOA UNIVERSITY
(Accredited by NAC with A Grade) Participation Certificate	<b>※※※※※※</b>	(Accredited by NACe with A Grade) Participation Certificate
This certificate is awarded to       Yerunkar Rohit         from       Dhempe College of Arts & Science, Miramar	条条条条	This certificate is awarded to from G Grom G Grom G Grom G Grom G Grom G G Grom G G G Grom G G G G G G G G G G G G G G G G G
for participating in the Inter-Collegiate Championship organised by Goa University at Basketball Court	条条条条	for participating in the Inter-Collegiate
on <u>09/01/2020 to 13/01/2020</u> Taleigao Flateau, Goa Date: 6/2/2020 Asst. Director of Phy. Edn. & Sports	条条条条条	on <u>10/01/2020 to 13/01/2020</u> Taleigao Plateau, Goa Date: 6/2/2020 Asst. Director of Phy. Edn. & Sports
	Unceresteed by NAC with A Grades Participation Certificate This certificate is awarded to <u>Yerunkar Rohit</u> from <u>Dhempe College of Arts &amp; Science, Miramar</u> from <u>Dhempe College of Arts &amp; Science, Miramar</u> for participating in the Inter-Collegiate <u>Basketball</u> Championship organised by Goa University at <u>University Basketball Court</u> on <u>09/01/2020 to 13/01/2020</u> Taleigao Flateau, Goa	Vecceedied by NAC with 'A Grade) Participation Certificate This certificate is awarded to <u>Yerunkar Rohit</u> from <u>Dhempe College of Arts &amp; Science, Miramar</u> from <u>Dhempe College of Arts &amp; Science, Miramar</u> for participating in the Inter-Collegiate <u>Basketball</u> Championship organised by Goa University at <u>University Basketball Court</u> on <u>09/01/2020 to 13/01/2020</u> Taleigao Flateau, Goa

16. The college Chess team participated at the Inter-Collegiate Chess Championship organized by Goa University on 6<sup>th</sup>& 8<sup>th</sup> August 2019, at Jubilee Hall, Goa University.

G	OA UNIVERSITY
	(Accredited by NAAC with 'A' Grade)
Part	icipation Certificate
This certificate is awar	
Dhemne College	of Arts & Science, Miramar
[10m	Chess
	Anton Collogiato
for participating in the	
	ed by Goa University at <u>University Jubilee Hall</u>
Championship organis on <u>06/08/2019 to 08/0</u>	ed by Goa University at <u>University Jubilee Hall</u>
Championship organis	ed by Goa University at <u>University Jubilee Hall</u>

- 17. The college Weight Lifting team participated at the Inter-Collegiate Weight Lifting Championship organized by Goa University on 20<sup>th</sup> 21<sup>st</sup> August 2019, at Jubilee Hall, Goa University.
- 18. The college Power Lifting team participated at the Inter-Collegiate Power Lifting Championship organized by Goa University on 22<sup>nd</sup> to 24<sup>th</sup> August 2019, at Jubilee Hall, Goa University.
- 19. The college Best Physique team participated at the Inter-Collegiate Physique Championship organized by Goa University on 27<sup>th</sup> August 2019 at Jubilee Hall, Goa University.

GOA UNIVER	RSITY
Chartested by NAC with A G Participation C This certificate is awarded to Dhempe College of Arts and Science, Mira from	ertificate
for participating in the Inter-Collegiate	Best Physique
Championship organised by Goa University at	Jubilee Hall, Goa University
on Taleigao Plateau, Goa	Asst Director of

20. National Yoga Day was celebrated on 21<sup>st</sup> June 2018, in the college premises. The College Director of Physical Education & Sports explained the importance of Yoga in the present life. He also demonstrated various Asanas in standing, sitting and lying positions, and Pranayamas such asKapalbhatiPranayam, Bhastrika Pranayama, AnulomVilom Pranayama

were also performed. The students and staff took an active partand performed various Asanas and pranayamas.

- 21. Football Coaching Camp was organized for College Football team (Men) at Miramar beach and Campal Ground from 16<sup>th</sup> August 2019, to 23<sup>rd</sup> September 2019. Mr. Dayeshed by Vengurlekar, ex-student was called for coaching the College football team.
- 22. Our College football team (men) played friendly matches with Zantye College, St. Xaviers College, and Dempo College on 16<sup>th</sup>, 18<sup>th,</sup> and 23<sup>rd</sup> September 2019 respectively.
- 23. Our college Tennis ball cricket team (Men) participated at the All Goa Inter-collegiate Tennis ball cricket tournament organized by Narayan Zantye College of Commerce on 4<sup>th</sup> February 2020.
- 24. Our college staff Tennis ball cricket team participated at the All Goa Tennis ball cricket tournament for staff organized by Goa Engineering College on 6<sup>th</sup> January 2020.
- 25. Our college cricket team (Men) participated at the 4<sup>th</sup> V.M Salgaocar Inter-college T-10 Cricket Tournament organized by V.M Salgaocar College of Law on 5<sup>th</sup> to 8<sup>th</sup> February 2020, at Goa University Grounds.



26. National Sports Day was celebrated in Dhempe College of Arts and Science on 29<sup>th</sup> August 2019 to celebrate the birthday of Major Dhyan Chand, the Indian Hockey Legend. The inauguration was held at 11.00am at the hands of the Principal, Dr. Vrinda Borker. The senior faculty members along with the College Director of Physical Education and sports and the sports secretary were also present.

The below-mentioned events were organized for the students, the teaching, and non-teaching staff members.

- Beach Football (Men)
- Tug of war for students (Mixed)
- Sack Race for (women)
- Badminton.Doubles (Women)
- Control Cricket.(Mixed)
- Strong Man (Men)

- •
- Arm Wrestling for Men. Table Tennis for Staff (Teaching and Non-Teaching) Carom for Staff (Teaching and Non-Teaching)
- •



The Prize Distribution was held at 4.30 pm in the College Quadrangle. The Principal of Dhempe College Dr. Vrinda Borker was the Chief Guest. The Director of Physical Education and Sports, Shri Pandurang Naik, and the Sports Secretary Shri Chandan Gaonkar were the main organizers of the event.

# **EBULLIENCE 4.0**



The 'EBULLIENCE 4.0 was organized by the Department of Physical Education & Sports DCT's Dhempe College of Arts & Science on 29<sup>th</sup> January 2020 at SAG Athletic Stadium, Bambolim

The inaugural function was held in the morning. Shri V.M Prabhudesai, Director, Sports Authority of Goa was the Chief Guest. The Principal Dr. Vrinda Borker welcome and introduced the Chief Guest. The Chief Guest Mr. V.M Prabhudesai spoke about the importance of Fitness in daily life. The Vice PrincipalProf. Manjari Barve was also present. Sports Secretary Mr. Chandan Gaonkar and Event Head Kum. Annuksha Daurewere also present. The College Director of Physical Education & Sports Mr. Pandurang Naik proposed the vote of thanks.

The below-mentioned events were held.

- 1. Body Building
- 2. Tug of War
- 3. Football
- 4. Control Cricket
- 5. Arm Wrestling
- 6. Fittest Man
- 7. 100 M Run
- 8. 4X100 M Relay
- 9. Shot Put

The 'Goa Shree' Title winner Mr. Nandesh Raiker was the Guest Poser. The display of muscles by Mr. Nevedh Shetkar (Mr. India) and Mr. Krunal Verlekar was the main attraction of the Ebullience 4.0.

The prize distribution for Ebullience 4.0 was done at the hands of Principal Dr. Vrinda Borker. The Vice Principal Mrs. Manjari Barve also gave away the prizes. The College Director of Physical Education & Sports Mr. Padurang Naik was also present. The Sports Secretary Mr. Chandan Gaonkar was also present, The Event Head Kum. Annuksha Daure proposed the vote of thanks.

S. S Dempo College of Commerce & Economics won the overall Championship for the Ebullience 4.0. Vidhya Prabhodini College, Porvorim won the Runners-Up position.

Pandurang G. Naik. College Director of Physical Education & Sports