



Dempo Charities Trust's

DHEMPE COLLEGE OF ARTS & SCIENCE
Miramar, Panaji-Goa

FIRST AID

Course Objectives

FIRST AID skills and knowledge would enable students to achieve success in work, life and the citizenship skills can be applied in all subject areas in educational and career throughout a student's life. As first aid is a lifesaving technique, it relies on presence of mind along with knowledge about the injury. Therefore, learning about First aid would make the student an asset in any organization he/she would work in the future.

Course Content: A brief introduction about the types of emergencies, first aid, difference between first aid and medical supervision, burns and scalds, falls, shocks, snake bite, cuts, accidents on road, fainting, method of bandaging, design of the first aid kit.

Course Outcomes

with the completion of this course, the student would benefit by:


- ❖ Identifying lesser /well known symptoms associated with acute conditions.
- ❖ Addressing the problem with a right approach.
- ❖ Manner of response during critical stage.
- ❖ Designing a first aid kit.
- ❖ Step by step approach, to correctly tackle an emergency problem.
- ❖ Clearing out common misconceptions and errors which could do harm.
- ❖ Learning to bandage and dress wounds correctly.

Attendance for Non Conventional Course.

Department of Biotechnology

NON CONVENTIONAL COURSE ON FIRST AID

Sl#	NAME	1-02-17	17-02-17	18-02-17	19/02/17	20/02/17	22/02/17	24/02/17
1	M. VIPANCHI	Vipanchi	Vipanchi	Vipanchi			Vipanchi	
2	Vrushali Marathe	Marathe	Marathe	Marathe	Marathe	Marathe	Marathe	Marathe
3	Mounali R. Karkar	Karkar	Karkar	Karkar	Karkar	Karkar	Karkar	Karkar
4	Resha Gaoankar	Gaoankar	Gaoankar	Gaoankar	Gaoankar	Gaoankar	Gaoankar	Gaoankar
5	Rohit Sonalkar	Sonalkar	Sonalkar	Sonalkar	Sonalkar	Sonalkar	Sonalkar	Sonalkar
6	Smriti Kenalkar	Kenalkar	Kenalkar	Kenalkar	Kenalkar	Kenalkar	Kenalkar	Kenalkar
7	Sweta Gupta		Gupta	Gupta	Gupta	Gupta	Gupta	Gupta
8	SHARONI SHARMA	Sharma	Sharma	Sharma	Sharma	Sharma	Sharma	Sharma


 Preeti Pedeval
 Course Coordinator for
 First Aid



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Dhempe College of Arts and Science
Panaji, Goa**

REPORT ON NON-CONVENTIONAL COURSE ON FIRST AID

First Aid is the first assistance that has to be given to the injured person. Knowledge of what is to be done foremost as well as recognizing the seriousness of the casualty's condition can lead to speedy recovery of the casualty. With this purpose, the first aid course was structured for F.Y B.Sc. Biotechnology students. Eight students enrolled for the course. The first aid course commenced on 1st February 2017, with an introductory session on overview of the course was elucidated. Precautions and safety measures were taught with emphasis laid on *'Prevention is better than cure'*

The second session consisted of basics of first aid and emergency services provided in the state of Goa. DRSABC code along with checking pulse rate was taught to students. Following this session the students were taught first aid for wounds - abrasion, laceration, incision, bites, bruise and gritty wounds. The consequences of untreated wounds were explained to the students along with first aid for ear, nose and mouth bleeding. In the next session, first aid for Burns and Scalds was taught. Different types of burns were explained with stress laid on differentiation between minor, mild and serious burns. Rules to assess the burnt area were also demonstrated.

'Shocks' was the topic for the fifth session of the course. The students were made aware of the causes, symptoms and first aid for physiological shocks. In this session, first aid for severe migraine was also covered. The following session comprised of first aid for unconsciousness. Causes for dizziness, vertigo and fainting were explained to students and practices which should not be carried out in case of emergency were also told to students.

The seventh session consisted of first aid for snake bites. The difference between poisonous and non-poisonous snakes was explained. Information on the common snakes of Goa was given and dos and don'ts in case of snake bite were told to students. First aid for poisoning other than snake bite was also covered in this session.

An orthopedic doctor from Goa Medical College, Bambolim Dr. CharanPhayade explained first aid for falls and sprains. He showed them the correct method of bandaging in case of fractures due to falls and sprain. Students had a beneficial interaction with him and he gladly answered all the questions asked to him by students. The first aid course concluded on 24th April 2017, with the preparation of a first aid kit. Importance was laid on a stress free and healthy lifestyle for prevention of commonly occurring diseases. Students were made to fill feedback forms for the course.



Course Coordinator

Handwritten signature of Ms. Preethi B. Poduval in blue ink.

Ms. Preethi B. Poduval
Asst. Professor
Department of Biotechnology