

Report of Ebullience

Ebullience

To inculcate leadership skills, team building qualities, improving physical and mental health through sports, the Institution took the initiative in organizing an annual intercollegiate sports event titled 'Ebullience'. Students from various colleges in Goa participate in different sports events. This event is organized by the Department of Physical Education and Sports of the College since the inception of the event from the academic year 2016-2017.

Objectives

- 1. To inculcate heathy sportmanship spirit among students of all institutions.
- 2. To provide an opportunity for students to showcase their talent in sports field.
- 3. To promote team work among students of the organizing Institution.
- 4. To build in self confidence and self esteem.

Outcomes

- **1.** This event allows the organizing team to work in team spirit and organize the event successfully.
- 2. Students learn to take financial responsibility.
- **3.** The organizing team prepare themselves to present before meeting sponsors and other authorities.
- 4. They learn to handle victory as well as loss in a true sportmanship spirit.

Academic Year 2016-17

Ebullience 1.0 was held on 22/02/2017 at Don Bosco School Premises, Panaji, Goa. The events included Body Building, Tug of War, Futsal, Control Cricket, Arm Wrestling and Badminton. St. Xavier's College, Mapusa, Goa won the overall Championship for the Ebullience 1.0 whereas Parvatibai Chowgule College, Margao won the Runners- Up position.



Academic Year 2017-2018

Ebullience 2.0 was held on 24/02/2018 at Don Bosco School Premises. The events included Body Building, Tug of War, Futsal, Control Cricket, Arm Wrestling and Badminton. Shree Damodar College of Commerce and Economics, Margao won the overall Championship for the Ebullience 2.0, whereas S.S Dempo College of Commerce and Economics, Cujira won the Runners-Up position.

Academic Year 2018-2019

Ebullience 3.0 was on was held on 28/02/2019 at Campal Grounds, Panaji, Goa. Events such as Body Building, Tug of War, Football, Control Cricket, Arm Wrestling, Strongman, PUBG were organized for participating institutions. St. Xavier College, Mapusa won the overall Championship for the Ebullience 3.0. the second place was won by Government College of Arts, Science & Commerce, Sanquelim whereas S.S Dempo of Commerce & Economics won the third place.



Academic Year 2019-2020

Ebullience 4.0 was on was held 29/01/2020 at SAG Athletic Stadium, Bambolim, Goa. The events included Body Building, Tug of War, Football, Control Cricket, Arm Wrestling, Fittest Man, 100 M Run, 4X100 M Relay, and Shot Put. S. S Dempo College of Commerce & Economics won the overall Championship for the Ebullience 4.0. whereas Vidhya Prabhodini College, Porvorim won the Runners-Up position.



Pandurang Naik Director of Physical Education and Sports