



Dempo Charities Trust's

DHEMPE COLLEGE OF ARTS & SCIENCE
Miramar, Panaji-Goa

FIRST AID

Course Objectives

FIRST AID skills and knowledge would enable students to achieve success in work, life and the citizenship skills can be applied in all subject areas in educational and career throughout a student's life. As first aid is a lifesaving technique, it relies on presence of mind along with knowledge about the injury. Therefore, learning about First aid would make the student an asset in any organization he/she would work in the future.

Course Content: A brief introduction about the types of emergencies, first aid, difference between first aid and medical supervision, burns and scalds, falls, shocks, snake bite, cuts, accidents on road, fainting, method of bandaging, design of the first aid kit.

Course Outcomes

with the completion of this course, the student would benefit by:

- ❖ Identifying lesser /well known symptoms associated with acute conditions.
- ❖ Addressing the problem with a right approach.
- ❖ Manner of response during critical stage.
- ❖ Designing a first aid kit.
- ❖ Step by step approach, to correctly tackle an emergency problem.
- ❖ Clearing out common misconceptions and errors which could do harm.
- ❖ Learning to bandage and dress wounds correctly.