

Dempo Charities Trust's Dhempe College of Arts & Science Department of Physical Education & Sports

Report 2015-2016

Pandurang G. Naik, Assistant Professor College Director of Physical Education & Sports

Aim:

- The aim of the Department of Physical Education & Sports is all-round personality development of students.
- All-round development includes physical, mental, social and ethical aspects to make an individual a good citizen who is able to contribute to the progress of the nation.

Learning Objectives:

- To inculcate leadership qualities through engagement in team sports and sports events
- To build team spirit and general camaraderie amongst students
- To develop an ability to counter stress in day to day life
- To develop qualities of discipline, self- control and dedication
- To guide students towards engaging in a career in sports and sports training

Learning Outcomes:

By the end of the three year programme:

- Students will be able to handle sports and other life situations with qualities of leadership, team- work, mental and physical discipline.
- Students will have received direction in the area of specific sports careers.

Dempo Charities Trust Dhempe College of Arts & Science Department of Physical Education & Sports Report 2015-2016

1. Shri Abdul Rahim of FYBA won 2 Gold medals in 400M Hurdles and 4x400M Relay at the Junior West Zone Athletic Championship held in Rajasthan.



2. ShriAnup Prasad & ShriMalliksab Chapparband of SYBA represented Goa University at the All India Inter-University Boxing Championship held in Kurukshetra, Haryana.

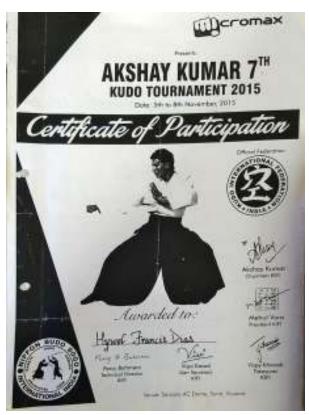




3. Kum. RitzelaDiniz of SYBA and Kum.BenciaMonteiro of FYBA won Gold medals at the 3rd National Karate-Do Championship held in Goa.



- 4. Shri Rahul Gawde of TYBA represented Goa state at the National Baseball Championship.
- 5. Shri Hywel Dias of TYBSc participated at the Akshay Kumar 7th Kudo Tournament held in Gujrat.



- 6. Shri Harsimran Singh of SYBA participated at the All India Senior ranking Badminton Tournament held at Pune, Rajasthan, and Chandigarh.
- 7. Kum. Kulsum Shaikh of FYBSc and Kum.ShaheenRebello of TYBA represented Goa state at the Federation Cup Basketball Championship held in Goa.
- 8. Shri Mayuresh Chari of TYBA, ShriManjunathVantamuri of FYBA, andShriNeerajYadav of FYBA represented Goa University at the West Zone Inter-University Cricket Championship held at Dr. H.G University, Sagar, Madhya Pradesh.
- 9. ShriDaulsabVatar of TYBSc represented Goa state in Yoga at the 40th National Yoga Championship held in Karnataka.
- 10. ShriKiranBegur of SYBA represented Goa University in Weight Lifting at the All India Inter-University Weight Lifting Championship held in Punjab.





11. Kum. Shaheen Rebello of TYBA andKum.KulsumShaikh of FYBSc represented Goa at the 66th Senior National Basketball Championship held in Punjab.



- 12. The College Basketball team (Women) won the Inter-College Basketball tournament organized by Goa University.
- 13. Our College won Runners Up Position at the Inter- College Best Physique Championship organized by Goa University.
- 14. Our College won Runners- Up position at the Inter- College Swimming Championship organized by Goa University.
- 15. ShriKiranBegur of SYBA won 3 Gold medals in Inter –College Weight Lifting, Power Lifting, and Best Physique Championships organized by Goa University.





16. Shri Abdul Rahim of FYBA won 2 Gold medals in 400MT Hurdles and 110MT Hurdles at the Inter-College Athletic Meet organized by Goa University.

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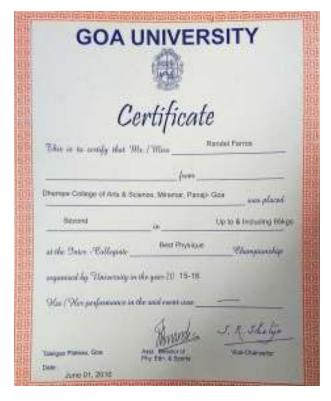
17. ShriArjun Kadam of TYBA won a Gold medal at the Inter- College Judo Championship organized by Goa University.

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- 18. ShriCelrich Almeida of TYBA won a Gold medal in Triple Jump at the Inter- College Athletic Meet organized by Goa University.
- 19. Kum.Bencia Monteiro of FYBA won a Gold medal in Discus Throw at the Inter-College Athletic Championship organized by Goa University.



20. Shri Rendel Ferros of TYBA won a Silver medal at the Inter-College Best Physique Championship organized by Goa University.



- 21. ShriVarunPandey of SYBSc won a Silver medal at the Inter- College Power Lifting Championship organized by Goa University.
- 22. Kum. ShraddhaShetty of SYBSc won Silver and Bronze medals at the Inter-College Swimming championship organized by Goa University.

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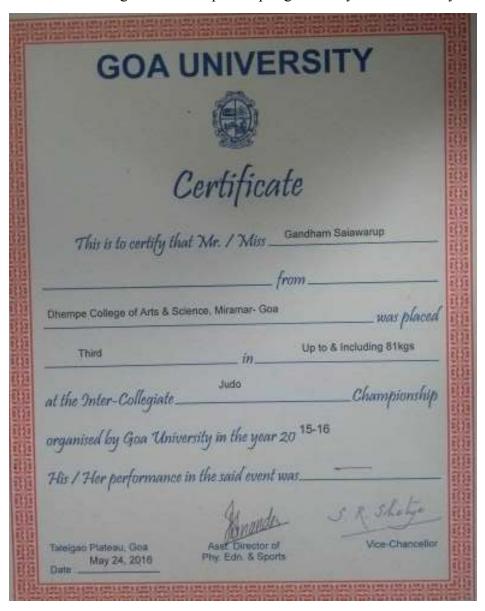
23. Kum. Meredith Botelho of FYBA won a Silver medal in100MT dash at the Inter- College Athletic Championship organized by Goa University.

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24. Kum. Vlynncy Po of FYBA won the Bronze medal in Discus Throw at the Inter-College Athletic Championship organized by Goa University.

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25. ShriSai SwarupGandam of FYBSc and ShriPankaj Sharma of FYBA won Bronze medals at the Inter- College Judo Championship organized by Goa University.



- 26. ShriSarveshFaterpekar of TYBA won the Bronze medal at the Inter-College Power Lifting Championship organized by Goa University.
- 27. Shri Norman Fernandesof TYBA won the Bronze medal at the Inter-College Best Physique Championship organized by Goa University.
- 28. National Sports Day was celebrated on 29th August 2015 in College Gymkhana to celebrate the Birthday of Major Dhyan Chand, the Indian Hockey legend. The following below-mentioned events were organized for the students.

- a) Skipping for Men & Women.
- b) Push Up for Men.
- c) Banana Eating for Men.
- Students participated at the Linc Tower Run 2016 organized by Confederation of Indian Industry on 30th January 2016 at Gera Imperium, Panaji.
- 30. Our College Cricket team reached the Semi-finals of the 1st All Goa T-20 Cricket Tournament organized by V.M.Salgaoncar College of Law from 21st to 24th December 2015.
- Our College Staff Cricket team participated at the XIV Annual GSCOPES Staff Cricket tournament from 28th March to 2nd April 2016.
- 32. Inter-Class Tournaments were held for the students of our college in the belowmentioned disciplines.
 - 1) Badminton for Men & Women.
 - 2) Table Tennis for Men & Women.
 - Chess.
 - 4) Carom for Men.
 - Volleyball for Men.

Pandurang G. Naik

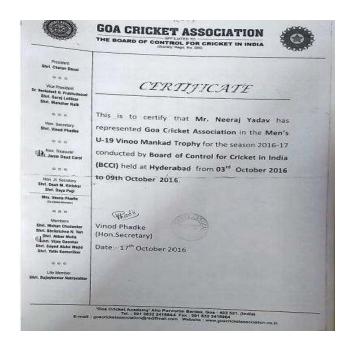
College Director of Physical Education & Sports

Dempo Charities Trust's Dhempe College of Arts & Science Panaji-Goa Department of Physical Education & Sports Report 2016-2017

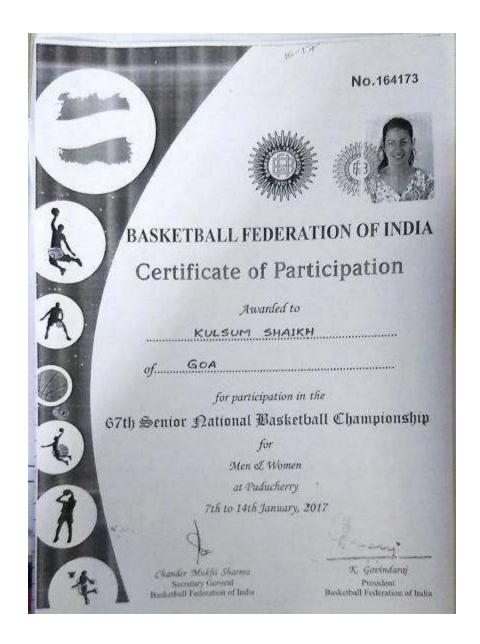
1. Kum. SangamiNaik of FYBA represented Goa state at the senior National Softball championship held at Anantpur, Andhra Pradesh.



2. Shri Neeraj Yadav of SYBA represented Goa at the U-19 Cricket Tournament at Hyderabad and also represented Goa University at the West Zone Inter-University Cricket Tournament held at Bhopal.



- 3. ShriManjunath Vantamuri of SYBA represented Goa at U-23 C.K Naidu Trophy held at Jharkhand and also represented Goa University at the West Zone Inter-University Cricket Tournament held at Bhopal.
- 4. Kum. KulsumShaikh of SYBSc represented Goa at the 67th Senior National Basketball Championship held at Puducherry.



5. ShriPriteshAdkonkar of SYBScrepresented Goa at the 19th Youth National Volleyball Championship held at Jaipur, Rajasthan from 21st to 26th October 2016.

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Chairman	Ramavtar Singh Jakha Secretary General VOLLEYBALL FEDERATION OF INDIA

6. ShriPankaj Sharma of SYBA represented Goa at the Senior National Judo Championship held at Chennai, Tamil Nadu from 25th to 28th February 2017.



7. ShriShiv Prasad Purohit of TYBSc represented Goa in the U-23 C.K Naidu Trophy at Orissa from 7th to 10th November 2016



- 8. ShriHarsimran Singh of TYBA represented Goa at the All India Senior Ranking Badminton Championship at Kolkatta.
- 9. ShriMalikSabchapparband of TYBA represented Goa University at the All India Inter-University Boxing Championship held at Jalandhar.
- 10. ShriPankaj Sharma of SYBA won a Gold medal at the Inter-Collegiate Judo Championship organized by Goa University.
- 11. Kum. BenciaMonteiro of SYBA won a Gold medal in Discus Throw and won a Bronze medal in Javelin throw at the Inter-Collegiate Athletic Championship organized by Goa University.

12. ShriChetanRathod of SYBA won a Gold medal in 400 m Hurdle at the Inter-Collegiate Athletic Championship organized by Goa University.

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from Dhempe	College of Arts & Science, Mi	ramar, Panaji- Goa
was placed First	with a performance of	1:01.10 sec in 400m Hurdles
at the Inter - Collegiate	WARD OF SO	Championship organized
3 00 .	Athletics Stadium, Bambolim	on 15/12/2016 to 17/12/2
Taleigao Plateau, Goa Date: May 04, 2017	Asst. Director of Phy. Edn. & Sports	Varun Jahui Vice-Chancellor

13. Our College Weight Lifting team won the Runners - Up Position at the Inter-Collegiate Weight Lifting Championship organized by Goa University.

14. ShriKiranBegur TYBA won a Gold medal in Weight Lifting. He also won a Silver medal in Power Lifting.

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was a member of _Dhempe College. Miramar, Panaji-Goa which secured Runners Up Position at the Inter-Collegiate Championship organized by Goa University atSilver Jubilce	Weight Lifting Hall, Goa University
Talegao Plateau, Goa Asst. Director of Phy. Edn. & Sports	Namulahi Vice-Chancellor

- 15. Shri Abdul Rahim SYBA won a Gold medal in Weight Lifting.
- 16. ShriSagar Karapurkar of TYBA won a Silver medal in Weight Lifting. He also won a Silver medal in Power Lifting and a Bronze medal in Judo.
- 17. Shri VarunPandey of TYBSc won a Silver medal in Power Lifting.
- 18. Shri Neil Godinho of FYBA won a Silver medal in Swimming at the Inter-Collegiate Swimming Championship organized by Goa University. He was also a member of the College Table Tennis team which won the Runners Up Position.
- 19. Kum. Michelle Rodrigues of SYBSc won a Silver medal in Swimming at the Inter-Collegiate Swimming Championship organized by Goa University.
- 20. Kum. Priyanka Pal of FYBA won a Bronze medal in Inter-College Taekwondo Championship.
- 21. Shri Ravi Dodamani of TYBA won a Silver medal in All Goa Wrestling Championship.
- 22. Kum. SuvarnaNarve of FYBA won a Gold medal in Open State level Karate Championship.

- 23. Our College Table Tennis team (Men) won the Runners Up Position at the Inter-Collegiate Table Tennis Tournament organized by Goa University.
 - i. Shri Shubham Lokre
 - ii. Shri Labhesh Vadiekar
 - iii. Shri Aniket Karmalkar
 - iv. Shri Rushikesh Raikar
 - v. Shri Neil Godinho





- 24. Best Sportsman of the year: Shri Kiran Begur of TYBA.
- 25. Best Sportswoman of the year: Kum.Bencia Monteiro of SYBA.

Celebration of National Sports Day In Dhempe College of Arts & Science

National Sports Day was celebrated in Dhempe College of Arts and Science on 6th September 2017, to celebrate the birthday of Major Dhyan Chand, the Indian Hockey Legend. The inauguration was held at 10.00am at the hands of the Principal, Dr. VrindaBorker. The senior faculty members along with the College Director of Physical Education and sports and the sports secretary were also present.

The below-mentioned events were organized for the students, the teaching, and non-teaching staff members.

- Tie Breaker in Football for the students (women)
- Tug of war for students (men and women)
- Poster competition for the students
- Skipping for Girls
- Arm Wrestling for Men

- Badminton for Staff (Teaching and Non-Teaching)
- Carrom for Staff (Teaching and Non-Teaching)



The Prize Distribution ceremony was held at 4.30pm in the College Quadrangle. The Principal of Dhempe College Dr. VrindaBorker was the ChiefGuest. The Director of Physical Education and Sports, ShriPandurangNaik, and the Sports Secretary ShriInjamam Shaikh were the main organizers of the event.

Joint Sports Meet of Dempo Charities Trust's Educational Institutions 2016-2017 Organised by Dhempe College of Arts & Science.

The Joint Sports Meet of Dempo Charities Trust Educational Institutions 2016-207 was held on the 5th January 2017, at S.A.G. Sports Complex Ground, Campal from 8:30am to 5:30pm.



Mr. SagunKamat, the Captain of the Goa Ranji Team was the Chief Guest. Shri.YatishDempo was the Guest of Honour. The Administrator of Dempo Charities Trust Educational Institution, Mr. Sunil Prabhudesai was also present. The Principals of the four sisterinstitutions were also present. The Principal of Dhempe College of Arts & Science, Dr. Vrinda Borker welcomed the Chief Guest. The Vice-Principal of other Institutions were also present. The vote of thanks was proposed by Mr. PandurangNaik, College Director of Physical Education & Sports.

The below-mentioned events were organized for the Students.

Boys/Men	Girls/Women
100MTS	100MTS
200MTS	200MTS

800MTS	400MTS
Long Jump	Long Jump
Shot Put	Shot Put
Discus	Discus
4x100 Relay	4x100 Relay

A Cricket Match was organized for the Gents Staff Members of all the Institutions. Shot Put was organized for the Lady staff members of all the Institutions.

The concluding program was held at 5.00 pm. The Prize distribution was done at the hands of Mr. Sunil Prabhudesai, Administrator of Dempo Charities Trust Education Institutions.

Ebullience 2017organised By Department Of Physical Education And Sports

'EBULLIENCE 2017'organized by Dhempe College of Arts & Science was held on 22nd February 2017, at Don Bosco School Premises.

The Inaugural Function was held in the morning. Mr. SuhasNaik, the Secretary of Tug of War Association of Goa was the Chief Guest. The Principal Dr. VrindaBorker welcomed the dignitaries. The Chief Guest Mr. SuhasNaik spoke about the importance of fitness in daily life. Vice Principal of Science section Mrs. ManjariBarve and the Vice Principal of Arts section Dr. MuktaKarmadi were also present. The Sports Secretary Mr. KiranBegur was also present. The College Director of Physical Education & Sports Mr. PandurangNaik proposed the vote of thanks.

The below-mentioned Events were held:

- 1. Body Building
- 2. Tug of War
- 3. Futsal
- 4. Control Cricket
- 5. Arm Wrestling
- 6. Badminton



The nine-times 'Goa Shree' Title winner Mr. Mahesh Kavlekar was invited to be the Guest Poser. The display of muscles by Mr. Mahesh Kavlekar was the main attraction of Ebullience 2017.

The legendary Football player and Arjun Awardee from Goa, Mr. Brahmanand Sankhwalkar was the Chief Guest of the concluding ceremony. Mr. Yatish Dempo, the Trustee of Dempo Charities Trust was the Guest of Honour. Mr. Sunil Prabhudesai, the Administrator of Dempo Charities Trust was also present. The Principal Dr. Vrinda Borker was also present. The Principals of Arts & Science section were also present. The College Director of Physical Education & Sports Mr. Pandurang Naik was also present. Mr. Kiran Begur, the Sports Secretary proposed the vote of thanks.

St. Xavier College, Mapusa won the overall Championship for the Ebullience 2017. Chowgule College, Margao won the Runners- Up position.

> Pandurang G. Naik College Director of Physical Education & Sports

Dempo Charities Trust's Dhempe College Of Arts & Science Department Of Physical Education And Sports Report 2017-2018

1. Kum. Marushca Ribeiro of FYBA won a Silver medal in 4x100 meter Relay at the 29th west Zone Junior Athletic championship held at Nagpur (Maharashtra) on 16th and 17thSeptember 2017.

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29th West Zone Junior	Athletics Championships
Organised by Maharash	tra Athletics Association
	17th September 2017.
Date of Birth given by him/her	
Date of Birdy given by timbles	11
Muanwitte	th.
PRESIDENT	SECRETARY

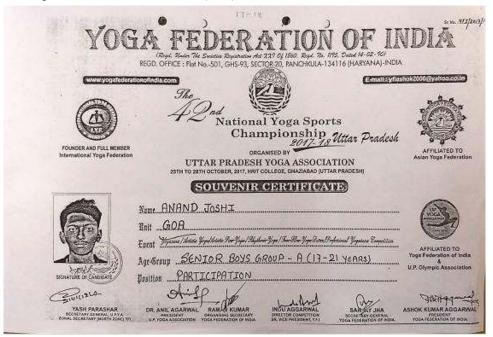
2. Shri. Ankit Sehrawat of FYBA represented Goa state at the 71st Glenmark Senior National Aquatic Championship held at Bhopal (M.P) from 4th to 13th October 2017.

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Cert	ificate of Participation	
Awarded to	Ankit Sehrawat	
representing	GOA	
for participating as	a Competitor/Technical/Team Offi	cial in ti
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conducted by M	tadhya Pradesh Swimming As	sociatio
from 7th to 11th (October 2017 at Bhopal / Indore	under ti
auspices of Swimmi	ing Federation of India	
L 1.	Georgia V	unles h

3. Kum. Prachi Kankonkar of FYBA represented Goa State and won third place in Softball at the South Zone National Softball Championship held at Kerala from 6th to 8th October 2017.

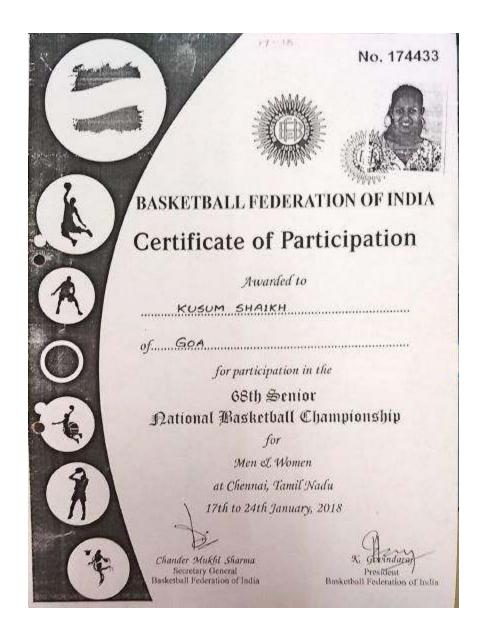
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4. Shri Anand Joshi of FYBA represented Goa State at the 42ndYoga National Championship 2017 held at Gaziabad (U.P) from 25th to 28th October 2017.



5. Shri Anthony Faleiro of FYBA represented Goa University at the All India Inter-University Athletic Championship held at Andhra Pradesh from 12th to 16th December 2017.

6.	Shri Ankit Sehrawat of FYBA represented Goa University at the All India Inter-University Aquatic Championship held at Chandigarh from 26 th to 30 th October 2017.
7.	Kum. Kulsum Shaikh of TYBSc represented Goa at the 68 th Senior National Basketball Championship held at Chennai from 17 th to 24 th January 2018.



- 8. Kum. Bhakti Naik of SYBSc represented Goa University at the West Zone Inter-University Cricket Championship at Nanded from 8th to 16th January 2018.
- 9. Our College Swimming (Men) team won the Runners-Up position at the Inter- College Swimming Championship organized by Goa University. Mr. Ankit Sehrawat of FYBA won two Gold medals.
- 10. Our College Badminton team (Women) reached the semi-finals of the Inter-College Badminton tournament organized by Goa University.

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11. College Badminton team (Men) participated at the Inter College Badminton Championship organized by Goa University.



12. The College Table Tennis team (Women) participated at the Inter- College Table Tennis tournament organized by Goa University from 17th to 19th July 2017, at S.A.G. Sports Complex, Panaji.

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from Dhempe College of Arts and Science,	Miramar
for participating in the Inter-Collegiate —	Table Tennis
Championship organised by Goa Universit	y at SAG, Campal - Panaji
nn 17.07.2017 to 19.07.2017	
Taleigao Piateau, Goe	DE Minurch's
Date: 18.12.2017	Asst. Director of Phy. Edn. & Sports

13. The college weight lifting team participated at the Inter College weight lifting championship organized Goa University on 8th&9th August 2017.Mr Injamam Shaikh of SYBSc won a Silver medal.

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This certificate is awarded to Miso Dhompe College of Arts and Sci	on Certificate ar Anani ence, Miramar
rom	Weight Lifting
forparticipating in the Inter-Collegio Championship organised by Goa Uni	ate Goa University June 1
98.08.2017 to 09.08.2017 Talelgao Plateau, Gos	Munurdes
Date: 29.01.2018	Asst Affector of Phy. Edn. & Sports

14. College Power lifting team participated at the Inter College Power lifting championship organize by Goa University from 10th to 12th August 2017 at Jubilee Hall, Goa University.



15. College Best Physique team participated at the Inter College Best PhysiqueChampionship organized by Goa University at Jubilee hall Goa University on 16thAugust 2017.

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Dhempe College of Arts at	nd Science, Mirama	ar.	
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Date: 30.01.2018	le Comy	Asaf Direc	dor of

16. College Cross Country team (Women) participated at the Inter-College Cross Country Championship 2017 organized by Goa University on 19th August 2017, at Goa University.

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Participa	ation Cer	tificate
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from — Dhempe College of Arts an		ss Country
for participating in the Inter-C	Collegiate	
Championship organised by Go	na University at <u>Goo</u>	University
on 19.08.2017	(1115 e	A. de
Taleigao Plateau, Goa	(GOA) =	Hunanus
Date: 30.01.2018		Asst Director of Phy. Edn. & Sports

17. The Inter-Class Table Tennis tournament (Men& Women) 2017 was held on 1st July 2017, in the College Gymkhana.Shri Shubham Lokre of TYBSc and Kum. Sharmishtha Sanyal of FYBSc emerged championships in men and women section respectively.

18. The Inter-Class Badminton tournament (Men & Women) 2017 was held on 3rd and 4th July 2017 at Club Tennis Gasper De Dias. Shri Shubham Lokre of TYBSc and Kum.

Sandila Virnodkar of FYBA emerged Champions in men and women section respectively.

GOA	UNIVERSITY
Dantinita	econodited by NAAC with W Grades
	nation Certificate Shaikh Kulsum
This certificate is awarded to Dhempe College of Arts (and Science. Miramar
rom -	Badminton
for participating in the Inter-	Collegiate
Championship organised by G	ioa University at
25.07.2017 to 28.07.2017	
Taleigao Plateau, Goa	(E()E) Thursday
Jamillan Carean, coa	Asst. Director of

GOAL	JNIVERS	ITY
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	((33))	
(Accre	dred by NAAC with 'A' Gradel	1.1. 1.
Participa	tion Cer	tificate
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Dhempe College of Arts and	l Science, Miramar	
from		dminton
for participating in the Inter-Co	llegiate	A Section 1
Championship organised by Goa	University at SA	3 Campal
on 25.07.2017 to 28.07.2017	(NIE)	3
	(3)	Humanche
Taleigas Plateau, Gos	(E) (SOA) (E)	Assit Director of
Date 18.12.2017	-	Phy. Edn. & Sports

19. The Inter-Class Chess tournament was held on 8th, 10th, 11th&12th July 2017, in the College Gymkhana. Shri Rajat Vaskar of TYBSc emerged as the champion.

20. College Table Tennis team (Women) participated at the Inter- College Table Tennis tournament organized by Goa university From 17th to 19th July 2017 at S.A.G. Sports Complex, Panaji.

GOA UNI	VERSITY
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Participation	Certificate
This certificate is awarded to Keni Di	
from Dhempe College of Arts and Science	, Miramar
for participating in the Inter-Collegiate -	Table Tennis
Championship organised by Goa Univers	ily at SAG, Campal - Panaji
nn 17.07.2017 to 19.07.2017.	D.
Taleigao Piateau, Goa	Minerals
Date: 18.12.2017	Assl. Director of Phy. Edn. & Sports

21. College Taekwondo team (Men) participated at the Inter- College Taekwondo tournament organized by Goa University from 26th to 28th September 2017, at Jubilee Hall, Goa University.

GO	A UNIVERSITY
Dankin	Accresion by NAAC wer & Grader
Partici	ipation Certificate
This certificate is awarded	
from Dhempe College of A	rts and Science, Miramar
for participating in the Int	ter-Collegiate Taekwondo
26.09.2017 to 28.09.2	ny Goa University at Goa University
on -	- Go Se Annedic
	GOA)-
Taleigao Plateau, Goa 05.02.2018	Asst Director of

22. Our College Football team (Men) participated at the Inter- College Football tournament organized by Goa University from 6th to 23rd September 2017, at Goa University.

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**	GOA UNIVERSITY

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**	Participation Certificate
**	130
**	This certificate is awarded to Naik Sagar
※	from — Dhempe College of Arts and Science, Miramar
**	for participating in the Inter-Collegiate — Football
***	Championship organised by Goa University at Goa University
**	an 05.09.2017 to 23.09.2017
**	(of)=) Alimode **
**	Taleigao Plateau, Goa Asst. Director of
**	Date: 02.02.2018 Phy. Edn. & Sports

23. College Kabaddi teams (Men & Women) participated at the Inter- College Kabaddi Championship organized by Goa University from 14th to 16th December 2017.

GO	A UNIVERSITY
2000	(Accredited by NAAC with 'A Grade)
Partic	ipation Certificate
This certificate is awarded	A section of the sect
	Arts & Science Panaji- Goa
	Kabaddi Kabaddi
for participating in the In	are and the second seco
Championship organised 14/12/2017 to 16/12/	by goa university at-
on —	The stands
Taleigao Plateau, Goa	(\$()5)
Date: 4/23/2018	Phy. Edn. & Sports



24. College Athletic team (Men & Women) participated at the Inter- College Athletic Championship organized by Goa University from 18th to 20th January 2018.

25. Kum. Bencia Monteiro of TYBA won two Gold medals in Discus throw & Javelin throw respectively at the Inter –College Athletic Championship organized by Goa University.



26. Shri Antonio Faleiro of FYBA became the fastest Man of Goa University by winning the 100mtr dash at the Inter-College Athletic Championship organized by Goa University. He also won a silver medal in 200mtr race.





27. Shri Praveen Gaunder of FYBA won a bronze medal in 100mtr dash at the Inter –College Athletic Championship organized by Goa University.

GOA UNIVERSITY
(Accredited by NAAC with 'A' Grade)
Certificate Gaunder Prayeen
This is to certify that Gaunder Praveen from Dhempe College of Arts and Science, Miramar
was placed Third Place with a performance of 11.5s in 100 m Run at the Inter-Collegiate Athletics Championship organized
hy Goa University at Athletics Stadium, Bambolim on 18/01/2018 to 20/01/2018
Ade
Taleigao Plateau, Goa Assi Director of Varum Jahni
Date: 28/06/2018 Phy. Edn. & Sports Vice-Chancellor

28. College Volleyball teams (Men & Women) participated at the Inter- College Volleyball tournament organized by Goa University from 14th February to 17th February 2018.



- 29. College Basketball team (Women) participated in the Inter-College Basketball tournament organized by Goa University from 5th to 8th January 2018.
- 30. College Cricket teams (Men & Women) participated in the Inter-College Cricket tournament organized by Goa University from 28th February 2018 to 6th April 2018 at Goa University Ground.
- 31. Our College Athletic team (Men) won the Championship at the 15th Joint Sports Meet of Dempo Charities Trust Educational Institution organized by Vasantrao Dempo HSS of Science, Commerce & Arts on 1st February 2018 at Campal Ground.
- 32. Shri Pandurang Naik, Director of Physical Education& Sports participated in the Refresher Course in ''Physical Education & Yoga'' at UGC- Human Resource Development Centre, Kumaun University, Nainital (Uttarakhand) from 12thMarch to 31stMarch 2018.

Workshop on Sports Broadcasting

A workshop on Sports Broadcasting, Dynamics and Dimensions was held at Dhempe College of Arts and Science on 13th July 2017, in the college premises. The inaugural function was held at 10.00 am. The keynote speaker Prof. Brij Bakshi was the Chief Guest of the inaugural function.

Mr. Yatish Dempo, the Trustee was the guest of honor. Mr. Sunil Prabhudesai, Administrative of Dempo Charity Trust Educational Institutions was also present. Dr. Vrinda Borker, Principal welcomed the dignitaries and introduced the Chief Guest. Mr. Yatish Dempo also spoke on the occasion. Mr. Pandurang Naik, College Director of Physical Education& Sports proposed the vote of thanks.

Brij Bakshi, the Senior Creative Communication and Television Production Professional isknown for his passion for multi-camera and other established forms of sports production. A former Additional Director General at Doordarshan was the Keynote speaker for the day. In the first session, Prof. Brij Bakshi introduced the delegates to Sports Broadcasting, Dynamics & Dimensions. In the second session, Prof. Brij Bakshi focused on Cricket production & Camera planning.

Prof. Gouran Lal in the third session spoke on the Art of Live Commentary & Creative communication. Prof. Brij Bakshi & Prof. Gouran Lal in the fourth session addressed Sports Advertisement & Job opportunities in Sports. The valedictory function was held at 5.00 pm. Mr. Sam Braganza, College Director of Physical Education & Sportsfrom Government College Pednem & Mr. Savio Leitao, College Director of Physical Education & Sportsfrom Mallikarjun College, Canacona expressed their views on the workshop. The College Director of Physical Education Mr. Pandurang Naik proposed the vote of thanks.

Celebration of National Sports Day In Dhempe College of Arts & Science.

National Sports Day was celebrated in Dhempe College of Arts and Science on 6th September 2017, to celebrate the birthday of Major Dhyan Chand, the Indian Hockey Legend. The inauguration was held at 10.00am at the hands of the Principal, Dr. Vrinda Borker. The senior faculty members along with the College Director of Physical Education and sports and the sports secretary were also present.

The below-mentioned events were organized for the students, the teaching, and non-teaching staff members

- Tie Breaker in Football for the students (women)
- Tug of war for students (men and women)
- Poster competition for the students
- Skipping for Girls
- Arm Wrestling for Men
- Badminton for Staff (Teaching and Non-Teaching)
- Carrom for Staff (Teaching and Non-Teaching)



The Prize Distribution was held at 4.30pm in the College Quadrangle. The Principal of Dhempe College Dr. Vrinda Borker was the Chief Guest. The Director of Physical Education and Sports, Shri Pandurang Naik, and the Sports Secretary Shri Injamam Shaikh were the main organizers of the event.

Ebullience 2018 Organised By Department Of Physical Education And Sports.

'EBULLIENCE 2018' organized by Dhempe College of Arts & Science was held on 24th Feb 2018 at Don Bosco School Premises





The inaugural function was held in the morning. Mr. Sajith Pillai, the Police Sub - Inspector of Fatorda Police Station was the Chief Guest. The Principal Dr. Vrinda Borker welcomed the dignitaries. The Chief Guest Mr. Sajith Pillai spoke about the importance of fitness in daily life. Vice Principal of Science section Mrs. Manjari Barve and the Vice Principal of Arts section Dr. Mukta Karmadi were also present. The Sports Secretary Mr. Injamam Shaikh was also present. The College Director of Physical Education & Sports Mr. Pandurang Naik proposed the vote of thanks.

The below-mentioned Events were held.

- 1. Body Building
- 2. Tug of War

- 3. Futsal
- 4. Control Cricket
- 5. Arm Wrestling
- 6. Badminton

The three times 'Goa Shree' Title winner Mr. Vishnu Uskaikar was called as a Guest Poser. The display of muscles by Mr. Vishnu Uskaikar was the main attraction of the Ebullience 2018.

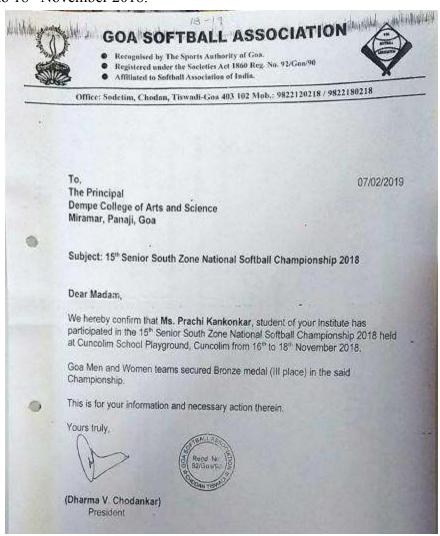
Mr. Yatish Dempo, the Trustee of Dempo Charities Trust was the Chief Guest for the Prize distribution. The Principal Dr. Vrinda Borker was also present. The Vice-Principal of Arts Dr. Mukta Karmadi and Vice Principal of Science section Mrs. Manjiri Barve were also present. The College Director of Physical Education & Sports Mr. Pandurang Naik was also present. Mr. Injamam Shaikh the Sports Secretary proposed the vote of thanks.

Shree Damodar College of Com & Eco, Margao won the overall Championship for the Ebullience 2018. S.S Dempo College of Com & Eco, Cujira won the Runners-Up position.

Pandurang G. Naik
College Director of Physical Education & Sports

Dempo Charities Trust's Dhempe College Of Arts & Science Panaji-Goa Department Of Physical Education & Sports Report 2018-2019

1. Kum. Prachi Kankonkar of SYBA was a member of the Goa Softball team which won third place at the 15th Senior South Zone National Softball Championship held at Goa from 16th to 18th November 2018.



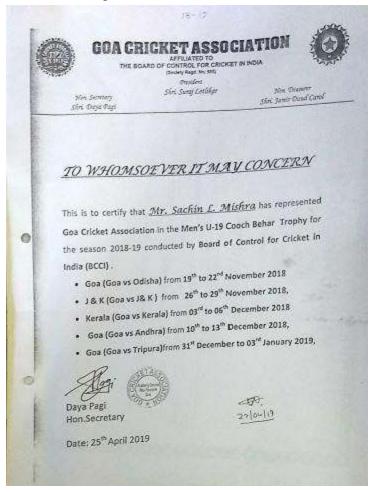
2. ShriVedantSawant of FYBSc was a member ofthe Goa Tennis ball Cricket team which won first place at the All India National Tennis ball Cricket Championship held at Tamil Nadu from 10th August to 12th August, 2018.

THIRUVALLUR DISTRICT TENNIS BALL CRICKET ASSOCIATION 8 TAMILIADU TENNIS BALL CRICKET ASSOCIATION 8 TAMILIADU TENNIS BALL CRICKET FEDERATION OF INDIA MINISTRY OF YOUTH AFFAIRS & SPORTS SOUT OF MINISTRY OF YOUTH AFFAIRS & SPORTS SOUTH AFFAIRS & S
Certificate of Merit
This is to certify that Mr. / Mrs. / Ms. VEDANT SAWANT born on 19:04:1953
of GOA State Participated in the ALL INDIA NATIONAL
TENNISBALL CRICKET CHAMPIONSHIP held at Sri AAl Mathaji Matric School, Athapatuu,
Thiruvallur District from 10th August to 12th August 2018 as a player / Manager / Coach /
Official
His/Her team attained Winner/Runner/Participation position in the Championship
IN I Work Hall b. Que
ABBIRAY NATH TIWARI IMMAN AMMED LARI DI MILIAVEED GHATALA P GHANAVEL JUAKSHMAN RAM P SURESH KUMAR

3. Shri Vedant Sawant of FYBSc and Shri Aniket Naik of TYBA were members of the Goa Tennis ball Cricket team which won first place at the Indo Nepal Inter-state Tennis ball Cricket Championship 2018-2019 held at Nepal.



- 4. ShriJostanCardoz of FYBA was a member of the Goa University football team which won fourth place at the All India Inter-University football Championship held in Mumbai.
- 5. ShriSachin Mishra of FYBSc represented Goa at the U-19 Cooch Behar Trophy.



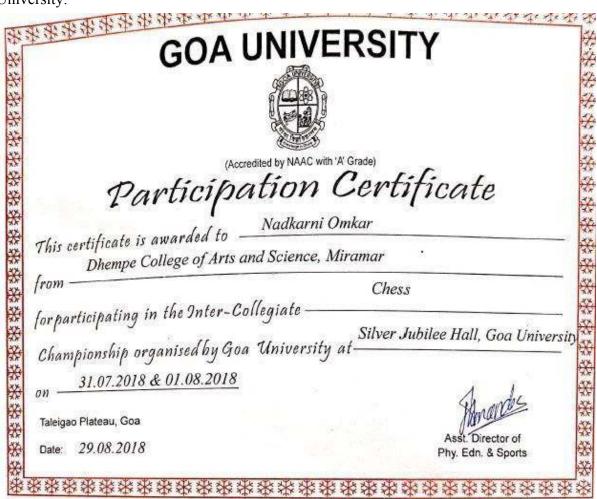
- 6. Kum. Melina Afonso of TYBSc represented Goa at the Senior National Basketball Championship held in Gujrat from 5th to 12th January 2019.
- 7. ShriPankaj Sharma of TYBA represented Goa University Judo team at the All India Inter- University Judo Championship held at Amritsar, Punjab.
- 8. ShriGaurav Chari of SYBA represented Goa University at the West Zone Inter-University Table Tennis Championship held at Nanded, Maharashtra.

9. Our College Swimming team (Men) won the Runner-Up position at the Inter College Swimming Championship organized by Goa University at Campal Swimming pool on 3rd August 2018.ShriAnkitSehrawat of SYBA won two Gold medals.

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was placed free at the Seter - Collegists	with a performance i	Championship organized
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(Certificat	
This is to certify that	Sehrawat Ankit	
from Dhempe College of A	arts and Science, Miramar	
was placed First	_ with a performance	of 01:02.43M in 100m Free Style
	vimming	. Championship organized
by Goa University at SAG!	Swimming Pool, Campal	0n03.08.2018
Taleigao Piateau, Goa Date: 30/10/2018	Asst Director of Phy. Edn. & Sports	Yarun Jahni Vice-Chancellor

- 10. Shri Pankaj Sharma of TYBA won a Gold medal at the Inter-College Judo Championship organized by Goa University at Jubilee Hall, Goa University from 28th August 2018 to 31st September 2018.
- 11. Shri Nehal Panicker of TYBSc won a bronze medal at the Inter College Best Physique Championship organized by Goa University on 14th August 2018, at Jubilee Hall, Goa University.
- 12. Kum. Anshwi Badiger of SYBA won the Bronze medal in the Heptathlon event at the Inter-College Athletic Championship organized by Goa University.
- 13. Our College Chess team secured the 5th position at theInter-College Chess Championship organized by Goa University on 31st July 2018 and 1st August 2018, at Jubilee Hall, Goa University.



- 14. Our College Tennis ball Control Cricket team won third place at the Inter-College Tennis ball control Cricket Championship held on 1st March 2019 at SAG Campal Ground organized by S.S Dempo College of Commerce & Economics.
- 15. ShriPandurangNaikrendered his services as a Physio to the senior Goa state Kabadditeam(Men) which participated at the senior National Kabaddi Championship held at Raigad, Maharashtra from 28 January, 2019 to 31stJanuary, 2019.



- 16. ShriPandurangNaik was invited as a Resource person for the Students Council Installation at the VidyaPrabodhini Higher Secondary School on 4th July 2018.
- 17. National Sports Day was celebrated in Dhempe College of Arts and Science on 29th August 2018 to celebrate the Birthday of MajorDhyan Chand, the Indian Hockey Legend. The inauguration was held at 10.00am at the hands of the Principal, Dr. Vrinda Borker. The senior faculty members along with the College Director of Physical Education and sports and the sports secretary were also present.









- 18. The below-mentioned events were organized for the students, the teaching, and non-teaching staff members.
 - i. Beach Football (Men)
 - ii. Tug of war for students (men and women)
 - iii. Poster competition for the students.
 - iv. Skipping for Women.
 - v. Arm Wrestling for Men.
 - vi. Table Tennis for Staff (Teaching and Non-Teaching)
 - vii. Carrom for Staff (Teaching and Non-Teaching)
- 19. The Prize Distribution was held at 4.30pm in the College Quadrangle. The Principal of Dhempe College Dr. Vrinda Borker was the Chief Guest. The Director of Physical Education and Sports, ShriPandurangNaik, and the Sports Secretary ShriDattaprasadMahale were the main organizers of the event.
- 20. EBULLIENCE 3.0 was organized by the Department of Physical Education & Sports on 28th February 2019, at Campal Ground, Panaji.The Inaugural Function was held in the morning. Mrs.RukminiKamat, President of Goa Kabaddi Association was the Chief Guest. The Vice Principal Mrs. ManjariBarve welcomed and introduced the Chief Guest. The Chief Guest Mrs. RukminiKamat spoke about the importance of Fitness in daily life.

She also stressed that Dhempe College students should take up the game of Kabaddi and make a career in it. The Administrator of Dempo Charities Trust Mr. Rajesh Bhatikar was the Guest of Honor. The Vice-Principal of Arts section Dr. MuktaKarmadi was also present. The Sports Secretary Mr. DattaprasadMahale was also present. The College Director of Physical Education & Sports Mr. PandurangNaik proposed the vote of thanks. The below-mentioned Events were held.

- i. Body Building
- ii. Tug of War
- iii. Football
- iv. Control Cricket
- v. Arm Wrestling
- vi. Strongman
- vii. PUBG
- 21. The three times 'Goa Shree' Title winner Mr. Ameet Talekar and MrShubhamGauns, the winner of 65 kg weight category dominator and winner of the group several times and a national Athlete were the Guest Posers. The display of muscles by Mr.AmeetTalekar and Mr. ShubhamGauns was the main attraction of the Ebullience 3.0. Mr. Ravi Dessai, ex Body Builder and SAG Coach, Mr. CaitanoDias-ex Body Builder and several times Mr. Goa title winner andMr. Vishnu Uskaikar, 9 times Mr. Goa and 4 times overall champion Mr. Goa and also National level bronze medalist were the judges for the Competition.
- 22. The prize distribution for Ebullience 3.0 was done at the hands of Mr. SiddharthKunkolienkar, ex MLA, Panaji constituency, and vice-chairman of GSIDC. The Vice-Principal of the Science section Mrs. ManjariBarve and the vice Principal of Arts section Dr. MuktaKarmadi also gave away the prizes. The College Director of Physical Education & Sports Mr. PadurangNaik was also present. Mr. DattaprasadMahale, the Sports Secretary proposed the vote of thank.
- 23. St. Xavier College, Mapusa won the overall Championship for the Ebullience 3.0. Govt. College of Arts, Science & Commerce, Sanquelim won the Runners- Up position. S.S Dempo of Commerce & Economics won third place.
- 24. Our College Table Tennis team (men) reached the semi-finals of the Inter-College Table Tennis Tournament organized by Goa University from 24th July 2018, to 27th July 2018, at S.A.G. Sports Complex, Campal.

- 25. National Yoga Day was celebrated on 21st June 2018, in the college premises. The College Director of Physical Education & Sports explained the importance of Yoga in the present life. He also demonstrated various Asanas in standing, sitting and lying position, and Pranayamas such as Kapalbhatipranayam, Bhastrika Pranayama, Anulom Vilom Pranayama were also performed. The students and staff took an active partand performed various Asanas and pranayamas.
- 26. Our College Best Physique team participated at the Inter College Best Physique Championship organized by Goa University at Jubilee Hall, Goa University on 14th August 2018.

GOA U	NIVERSITY
(Accredit	ted by NAAC with 'A' Grade)
Participa	tion Certificate
	Salgaonkar Rohit
This certificate is awarded to — Dhempe College of Arts and	d Science, Miramar
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from	Best Physique legiate
from	Best Physique legiate — Silver Inhiles Hall Goa Univer
from	Best Physique legiate — Silver Inhiles Hall Goa Univer
from ————————————————————————————————————	Best Physique legiate — Silver Inhiles Hall Goa Univer
from ————————————————————————————————————	Best Physique legiate ————————————————————————————————————
from — for participating in the Inter-Coll Championship organised by Goa 14.08.2018	Best Physique Silver Inhilan Hall, Goa Univer

27. Our College Cross Country teams (men & women) participated at the Inter-College Cross Country race organized by Goa University at the Goa University Campus on 18th August, 2018.

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(Accredited by NAAC w	ith 'A' Grade)
Participation	Certificate
This certificate is awarded to Fernande	es Alisha
Dhempe College of Arts and Science,	Miramar
from —	Cross Country
for participating in the Inter-Collegiate —	Goa University, Campus
Chambinghia anguisadhu Gao Ilninami	
Championship organised by Goa Universit 18.08.2018	ry at-
O. O	SU
18.08.2018	Hunardis

28. Our College Power Lifting team participated at Inter College Power Lifting Championship organized by Goa University from 9th to 11th August 2018, at Jubilee Hall, Goa University.

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12.0	
Participa	edited by NAAC with 'A' Grade) Ation Certificate
This certificate is awarded to -	Talankar Adarsh
This certificate is awarasa to Dhempe College of Arts ar	nd Science, Miramar
from —	Power Lifting
for participating in the Inter-Co	
Championship organised by Goa	University at Silver Jubilee Hall, Goa Univer
12 N N N N	
on09.08.2018 to 11.08.2018	(1) MAC
on09.08.2018 to 11.08.2018 Taleigao Plateau, Goa	Havandos

29. Our College Basketball teams (men & women) participated at the Inter College Basketball Championship organized by Goa University from 18th to 21st September 2018 at Shyama Prasad Mukherjee stadium, Goa University.

GOA	UNIVERSITY
Particip	nation Certificate
This certificate is awarded to	Gaurav Chand
Dhempe College of Art	2 West Schemen, With Hiller
from — Dhempe College of Arts	Boskethall
from -	Baskethall
from for participating in the Inter-	Collegiate
from for participating in the Inter- Championship organised by 6 18.09.2018 to 21.09.201	Baskethall Collegiate Indoor Stadium, Goa University Goa University at
from for participating in the Inter- Championship organised by (Baskethall Collegiate Indoor Stadium, Goa University Goa University at

GOA UNIVE	RSITY
Hooseded by MAC NO	(William)
Participation	Certificate
This certificate is awarded to Po Riona	
Dhempe College of Arts and Science,)	Baskethall
for participating in the Inter-Collegiate —	Indoor Stadtum, Goa University
	y at-
Championship organized by Goo University	
Championship organised by Goo University on 18.09.2018 to 21.09.2018 Talegen Passas, Goo	Hounds

30. Football Coaching Camp was organized for College Football team (Men) at Miramar beach and Campal Ground from 6th September 2018, to 24th September 2018.Mr.Govind Mahale was invited for coaching the students.

- 31. Our College football team (men) participated at the Inter College Football Championship organized by Goa University from 24th September 2018 to 13th October 2018 at Goa University Ground.
- 32. Our College football team (Men) played a friendly match on 8th September 2018 with Narayan Zantye College, Bicholim on Zantye College Ground
- 33. College Judo team (men) participated at the Inter College Judo Championship organized by Goa University at Jubilee Hall, Goa University from 28th to 31st August 2018
- 34. Our College Table Tennis team (women) participated at the Inter College Table Tennis tournament organized by Goa University from 24th to 27th July 2018 at Campal Sports Complex.
- 35. Our College Badminton team (men & women) participated at the Inter College Badminton championship organized by Goa University from 17th to 21st July 2018 at Campal Sports Complex.

Individual Championships organized for the Students

	Game	Winner	Class
i,	Badminton (Men)	ShriSiddhantMahambrey	FYBSc
ii.	Badminton (Women)	Kum. Sandila Virnodkar	SYBA
iii.	Table Tennis (Men)	Shri Gaurav Chari	SYBA
iv.	Table Tennis (Women)	Kum. Sharmishtha Sanyal	SYBSc
V.	Carom (Men)	Shri Mukesh Gauns	FYBSc
vi.	Carom (Women)	Kum. Kaanuka Sai	SYBSc
vii.	Chess	Shri Rajat Vaskar	MSc

Pandurang G. Naik.
College Director of Physical Education & Sports

Dempo Charities Trust Dhempe College of Arts & Science Panaji-Goa Department of Physical Education & Sports Report 2019-2020

DCT'S Dhempe college of Arts & Science participated in various sports (Men & Women), Swimming (Men), Table Tennis (Men & Women), Chess, Judo (Men & Women), Weight Lifting, Power Lifting, Best Physique, Tennikoit(Men & Women), Taekwondo (Men & Women), and Football (Men), Kabaddi (Men & Women), Athletics (Men & Women), Basketball (Men & Women), Volleyball (Men) and Cricket (Men).

1. ShriVedantSawant of SYBSc was a member of the Indian Tennis BallCricket team which won the first position at the Indo-Thai Tennis Ball Cricket Match series held from 25th to 28th September 2019, at Bangkok (Thailand).



2. ShriJostonCardoz of SYBA was a member of the Goa Football team which won third place at the Khelo India Youth games held at Guwahati (Assam) from 10th to 22nd January, 2020.

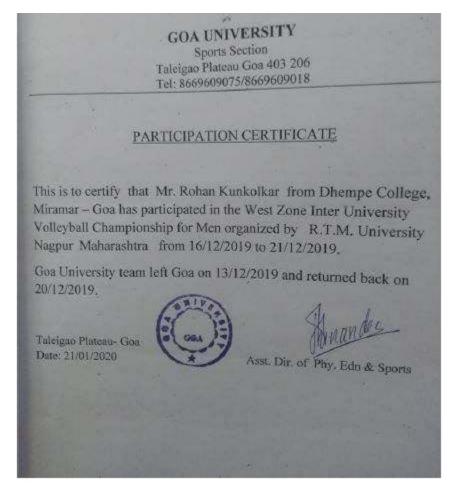


3. ShriAnkitSehrawat of TYBA represented Goa state at the National Aquatic Championship held from 30th August 2019 to4th September 2019 at Bhopal (Madhya Pradesh).

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	(S. Carnia)	
Cer	tificate of Pa	rticipation
Awarded to	Ankit Shera	iwat
representing	GOA	
for participating o	as a Competitor/ Tee	hnical/Team-Official in
73rd Senior 3	National Aquati	c Championships-20
conducted by	Madhya Pradesh	Swimming Associat
from 31st August	to 4th September 20	119 at Bhopal / Indore un
thė auspices of Si	vimming Federation	of India
toral	. 600	moral D 16

4. Kum. Nuzhat Khan of SYBSc was a member of the Goa Basketball team which took part in the National Basketball Championship held at Ludhiana (Punjab) from 21st to 28th December 2019.

5. ShriRohanKunkolkar of FYBA represented Goa University at the West Zone Inter-University Volleyball Championship held at Nagpur (Maharashtra) from 16th to 20th December 2019.



- 6. ShriVedant Sawant of SYBSc served as the manager of the Sub Junior Tennis Ball Cricket team which took part at the 24th Sub Junior National Tennis Ball Cricket championship held at Gorakhpur (Uttar Pradesh) from 16th to 19th January 2020.
- 7. Our College Swimming team (Men) won the Runner-Up position at the Inter-Collegiate Swimming Championship organized by Goa University at PondaSwimming pool on 20th July, 2019.ShriAnkitSehrawat of TYBA won one gold and one silver medal.
- 8. Shri Vishal Giri of FYBA won a Gold medal at the Inter-Collegiate Taekwondo Championship organized by Goa University from 17th to 20th September 2019 held at Jubilee Hall, Goa University.
- 9. Kum. AnshwiBadiger of TYBA won a Gold medal in the Heptathlon event at the Inter-Collegiate Athletic championship held at Athletic Stadium, Bambolim from 15th to 17th January 2020.She also won a silver medal in high jump event at the Inter-Collegiate Athletic Championship.

- 10. Kum.NeshaNishad of FYBA won a silver medal at the Inter-Collegiate Judo Championship organized by Goa University from 13th August 2019 to 17th August 2019, at Jubilee Hall, Goa University.
- 11. ShriShashikantSahani of SYBA won a bronze medal at the Inter-Collegiate Judo championship organized by Goa University from 13th to 17th August 2019, at Jubilee Hall, Goa University.
- 12. Kum. ManaswiniChavariya won a bronze medal at the Inter-Collegiate Taekwondo championship organized by Goa University from 17th to 20th September 2019, at Jubilee Hall, Goa University.
- 13. ShriAbhishek Kumar of FYBSc won a bronze medal in Hammer Throw at the Inter-Collegiate Athletic Championship held at Athletic Stadium, Bambolim from 15th to 17th January 2020.
- 14. Shri AnantMisar of TYBSc won a silver medal in Weight Lifting championship organized by Goa Weight Lifting Association on 30th June 2019, at Peddem Sports Complex, Mapusa.
- 15. The College Basketball teams (Men & Women) participated at the Inter-Collegiate Basketball Championship organized by Goa University from 9th to 13th January 2020, at Shyama Prasad Mukherjee Stadium, Bambolim.

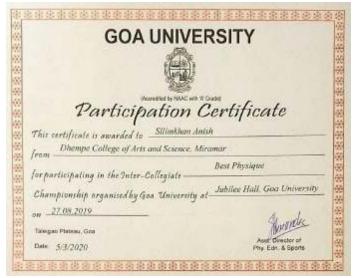




16. The college Chess team participated at the Inter-Collegiate Chess Championship organized by Goa University on 6th& 8th August 2019, at Jubilee Hall, Goa University.



- 17. The college Weight Lifting team participated at the Inter-Collegiate Weight Lifting Championship organized by Goa University on 20th& 21st August 2019, at Jubilee Hall, Goa University.
- 18. The college Power Lifting team participated at the Inter-Collegiate Power Lifting Championship organized by Goa University on 22nd to 24th August 2019, at Jubilee Hall, Goa University.
- 19. The college Best Physique team participated at the Inter-Collegiate Physique Championship organized by Goa University on 27th August 2019 at Jubilee Hall, Goa University.



- 20. National Yoga Day was celebrated on 21st June 2018, in the college premises. The College Director of Physical Education & Sports explained the importance of Yoga in the present life. He also demonstrated various Asanas in standing, sitting and lying positions, and Pranayamas such as Kapalbhati Pranayam, Bhastrika Pranayama, Anulom Vilom Pranayama were also performed. The students and staff took an active partand performed various Asanas and pranayamas.
- 21. Football Coaching Camp was organized for College Football team (Men) at Miramar beach and Campal Ground from 16th August 2019, to 23rd September 2019. Mr. Dayeshed by Vengurlekar, ex-student was called for coaching the College football team.
- 22. Our College football team (men) played friendly matches with Zantye College, St. Xaviers College, and Dempo College on 16th, 18th, and 23rd September 2019 respectively.
- 23. Our college Tennis ball cricket team (Men) participated at the All Goa Inter-collegiate Tennis ball cricket tournament organized by Narayan Zantye College of Commerce on 4th February 2020.
- 24. Our college staff Tennis ball cricket team participated at the All Goa Tennis ball cricket tournament for staff organized by Goa Engineering College on 6th January 2020.
- 25. Our college cricket team (Men) participated at the 4th V.M Salgaocar Inter-college T-10 Cricket Tournament organized by V.M Salgaocar College of Law on 5th to 8th February 2020, at Goa University Grounds.



26. National Sports Day was celebrated in Dhempe College of Arts and Science on 29th August 2019 to celebrate the birthday of Major Dhyan Chand, the Indian Hockey Legend. The inauguration was held at 11.00am at the hands of the Principal, Dr. Vrinda Borker. The senior faculty members along with the College Director of Physical Education and sports and the sports secretary were also present.

The below-mentioned events were organized for the students, the teaching, and non-teaching staff members.

- Beach Football (Men)
- Tug of war for students (Mixed)

- Sack Race for (women)
- Badminton.Doubles (Women)
- Control Cricket.(Mixed)
- Strong Man (Men)
- Arm Wrestling for Men.
- Table Tennis for Staff (Teaching and Non-Teaching)
- Carrom for Staff (Teaching and Non-Teaching)



The Prize Distribution was held at 4.30 pm in the College Quadrangle. The Principal of Dhempe College Dr. Vrinda Borker was the Chief Guest. The Director of Physical Education and Sports, Shri Pandurang Naik, and the Sports Secretary Shri Chandan Gaonkar were the main organizers of the event.

EBULLIENCE 4.0









The 'EBULLIENCE 4.0 was organized by the Department of Physical Education & Sports DCT's Dhempe College of Arts & Science on 29th January 2020 at SAG Athletic Stadium, Bambolim

The inaugural function was held in the morning. Shri V.M Prabhudesai, Director, Sports Authority of Goa was the Chief Guest. The Principal Dr. Vrinda Borker welcome and introduced the Chief Guest. The Chief Guest Mr. V.M Prabhudesai spoke about the importance of Fitness in daily life. The Vice PrincipalProf. Manjari Barve was also present. Sports Secretary Mr. Chandan Gaonkar and Event Head Kum. Annuksha Daurewere also present. The College Director of Physical Education & Sports Mr. Pandurang Naik proposed the vote of thanks.

The below-mentioned events were held.

- 1. Body Building
- 2. Tug of War
- 3. Football
- 4. Control Cricket
- 5. Arm Wrestling
- 6. Fittest Man
- 7. 100 M Run
- 8. 4X100 M Relay
- 9. Shot Put

The 'Goa Shree' Title winner Mr. Nandesh Raiker was the Guest Poser. The display of muscles by Mr. Nevedh Shetkar (Mr. India) and Mr. Krunal Verlekar was the main attraction of the Ebullience 4.0.

The prize distribution for Ebullience 4.0 was done at the hands of Principal Dr. Vrinda Borker. The Vice Principal Mrs. Manjari Barve also gave away the prizes. The College Director of Physical Education & Sports Mr. Padurang Naik was also present. The Sports Secretary Mr. Chandan Gaonkar was also present, The Event Head Kum. Annuksha Daure proposed the vote of thanks.

S. S Dempo College of Commerce & Economics won the overall Championship for the Ebullience 4.0. Vidhya Prabhodini College, Porvorim won the Runners-Up position.

Pandurang G. Naik.
College Director of Physical Education & Sports