

**DEPARTMENT OF PSYCHOLOGY
DHEMPE COLLEGE OF ARTS AND SCIENCE
MIRAMAR – GOA**

**MONTHLY DEPARTMENTAL REPORT – NOVEMBER 2022
An Initiative of IQAC for Quality Assurance**

I. DEPARTMENTAL ACTIVITIES

i. Personality Enhancement Programmes: Nil

ii. Green Activities: Nil

iii. Crossover Learning Initiatives: Nil

iv. Activities with Alumni-participation: Nil

v. Nodal Activities: 01

- The Department of Psychology in association with the mentorship cell of the college organised a talk for the students of the college on the topic “A Talk on ‘Legal and Ethical Aspects of Mental Health and Substance Abuse’” on 03rd November 2022. The resource person for the same was Adv. Aishwarya Sinari. 46 students attended the talk. Dr. Cindy D’Silva coordinated the same.



II. E-CONTENT CREATION AND INNOVATIVE PEDAGOGICAL PRACTICES :

▪ DISHTAVO recordings done:

- Ms. Sweta Matonkar completed recordings of 07 modules of e-content of project DISHTAVO on 23.11.2022 (7 modules – FY BA GE paper – Psychology of Adolescence).

III. NODAL ACHIEVEMENTS (Prizes won, honours/scholarships received/competitive exams cracked)

(Kindly do not add any achievements falling under the aegis of Sports/NSS/NCC)

i. Students

In case of individual events: Nil

In case of group events: Nil

I. Stature and name of event, organising body, dates:

Sr.no	Name of the participant	Title of individual event	Position won
	Nil		

(name of participants, other than prize winners, may also be mentioned if deemed necessary)

II. Faculty Members: Nil

Name of the Recipient, title of Award/honour received, Awarding Body, Date of receiving the award.

IV. RESEARCH

i. Faculty Members

▪ **Papers Presented: 01**

- Dr. Mukta Karamadi presented a research paper titled “An Analytical Study of Psychological Aspects of Menopause” during the International Conference on Emerging Issues and Challenges in Global Mental Health and Public Health for the 21st Century organised by the National Association of Mental Health and Allied Health (NAMAHA) Foundation, Bhubaneswar, Odisha, India in collaboration with Capital Institute of Management and Science, Bhubaneswar, Odisha, India, held at CIMS Bhubaneswar, Odisha, India from 28th to 30th November 2022.

▪ **Papers Published: Nil**

▪ **Projects Undertaken:**

▪ **Any Other:**

- Dr. Mukta Karamadi Chaired a scientific session on “Challenges in Student Mental Health” during the International Conference on Emerging Issues and Challenges in Global Mental Health and Public Health for the 21st Century organised by the National Association of Mental Health and Allied Health (NAMAHA) Foundation, Bhubaneswar, Odisha, India in collaboration with Capital Institute of Management and Science, Bhubaneswar, Odisha, India, held at CIMS Bhubaneswar, Odisha, India from 28th to 30th November 2022.

▪ **Webinars/Seminars/Conferences attended:**

- Dr. Mukta Karamadi attended a workshop titled “Emotional Freedom Techniques Tapping (EFT), a simplified method of releasing emotional accumulation” organized during the International Conference on Emerging Issues and Challenges in Global Mental Health and Public Health for the 21st Century organised by the National Association of Mental Health and Allied

Health (NAMA) Foundation, Bhubaneswar, Odisha, India in collaboration with Capital Institute of Management and Science, Bhubaneswar, Odisha, India, held at CIMS Bhubaneswar, Odisha, India from 28th to 30th November 2022.

- Dr. Joslyn Henriques attended a UGC Sponsored workshop on NEP 2020: Research, Innovation, and Rankings organised by Goa University on 14th November 2022.
- Dr. Cindy D'Silva completed a National Level Literature Review Workshop held from 9th November to 15th November 2022.
- Dr. Cindy D'Silva attended a session on "The concept of Sakshin in the light of Advaita Vedanta" by Swami Narasimhananda. organised by The School of Sanskrit, Philosophy and Indic Studies (SSPIS) at Goa University on 30th November 2022.

ii. Students: Nil

- **Papers Presented: Nil**
- **Papers Published: Nil**
- **Projects Undertaken (Not TY Projects): Nil**
- **Any Other: Nil**

V. COLLABORATIONS AND LINKAGES (if any): Nil

VI. SKILL DEVELOPMENT COURSES: Nil

VII. EXTENSION AND OUTREACH (Green activities not to be repeated): Nil

VIII. NODAL ACTIVITIES OF FACULTY MEMBERS:

i. Prominent Positions held within the Institution:

- Dr. Mukta Karamadi is the Head of the Department of Psychology.
- Dr. Mukta Karamadi is a Member of the Local Managing Committee (LMC)
- Dr. Mukta Karamadi has been appointed as the IQAC Coordinator of the college.

ii. Prominent Positions held outside the Institution (in other academic and research bodies):

- Dr. Mukta Karamadi is a Member of the Board of Studies in Psychology, Goa University.
- Dr. Mukta Karamadi is a Member of the Board of Studies in Interdisciplinary and Transdisciplinary Studies, Goa University.

- Dr. Joslyn Henriques is a Counsellor/Research Guide for IGNOU for the MA Psychology Program (MAPC) and is presently guiding 12 research projects.
- Dr. Joslyn Henriques is an Examination Evaluator for the IGNOU BAG Program.

iii. College committees:

- Dr. Joslyn Henriques is the Convenor of the Health Centre committee of the college.
- Dr. Joslyn Henriques is a member of the examination committee.
- Dr. Joslyn Henriques is a member of the NAAC Criteria I committee.

IX. ALUMNI ACHIEVEMENTS (if any): Nil

X. GENDER SENSITIZATION/EQUITY PROGRAMMES (if any): Nil

XI. BEST PRACTICES (not featuring under any Header above): Nil