



DCT'S

DHEMPE COLLEGE OF ARTS AND SCIENCE

MIRAMAR PANAJI GOA

2022-2023



SESSION ON DEALING WITH ABUSE IN INTIMATE RELATIONSHIP

Organised by Department of Psychology

An online session on 'Dealing with abuse in intimate relationship' was organized by the Department of Psychology of Dhempe College of Arts and Science, Miramar – Goa on 30th January 2023, at 2:30 pm to 3:30 pm for SY.BA Psychology students. It was attended by 25 students. The main aim of the session was to examine the impact of abusive relationship in the lives of the young people and making them aware of the various preventive measures to be taken in safeguarding them from it. The resource person for the session was Ms. Lourdes T. Botelho, College Counsellor of Dhempe college of Arts and Science.

The resource person spoke about the types of relationships and its significance. She further explained the physical, social and psychological changes that take place as the person grows and spoke about the healthy and unhealthy romantic relationships. She further described the various factors causing youth to have intimate relationships and spoke about the Facts about Technology Abuse. She also explained the Effects of Dating Abuse on Teens and highlighted on the reasons for adolescents reluctant to seek help.



At the end of the session students were asked to introspect and ask themselves questions like what is the right age for them to enter into intimate relationship; why they want a relationship

in the first place. Is it because they really like the person, or they trying to distract themselves from other problems and so on. Overall the session was very informative and interactive and students got a deeper understanding on dealing with relationship issues and also identifying the various threats faced in an abusive relationship.

A handwritten signature in blue ink, appearing to read 'Botelho', with a long horizontal stroke underneath.

(Mrs. Lourdes Botelho)
College Counsellor