



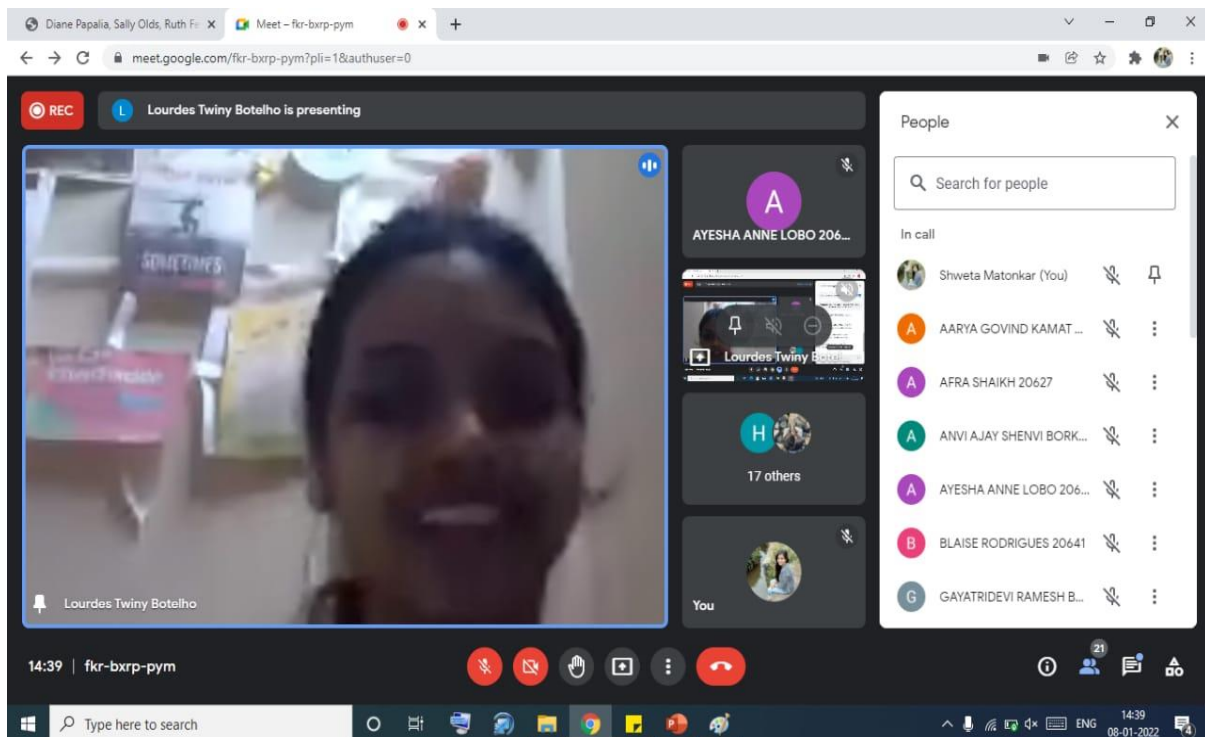
DCT'S
DHEMPE COLLEGE OF ARTS AND SCIENCE
MIRAMAR PANAJI GOA
2021-2022

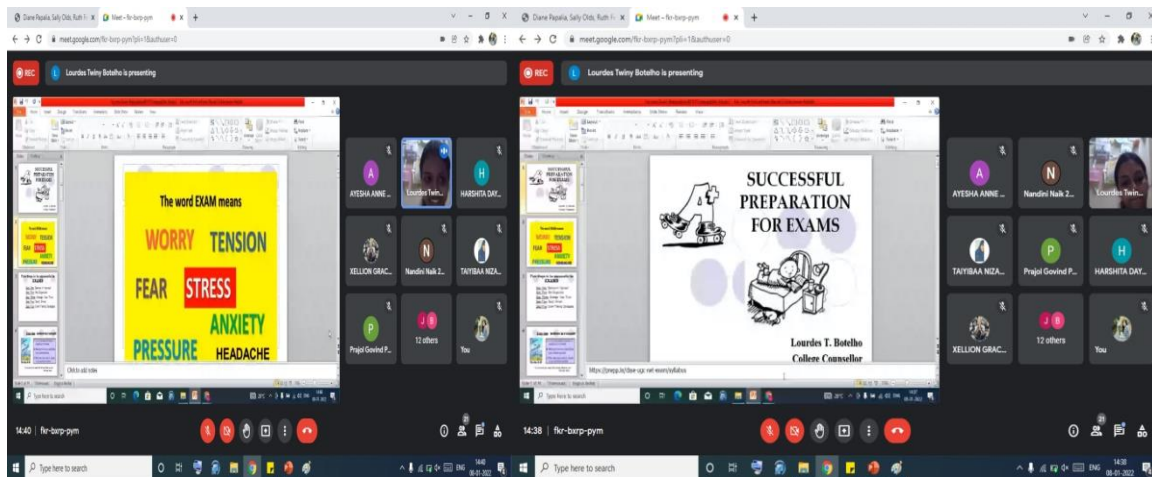


ONLINE SESSION ON SUCCESSFUL PREPARATION FOR EXAMS

Organised by Department of Psychology

An online session on 'Successful preparation for exams' was held by the Department of Psychology of Dhempe College of Arts and Science, Miramar – Goa on 8th January 2022 at 2:30pm to 3:30pm for FY.BA and SY.BA Psychology students. It was attended by 26 students along with the 1 faculty member. The main aim of the session was to help the students in successfully preparing for exams and managing their stress and motivating them to perform well. The resource person for the session was Ms. Lourdes T. Botelho, College Counsellor of Dhempe college of Arts and Science.





At the beginning the resource person spoke about the importance of preparation for exams. She further explained the steps to be successful in exams and also highlighted on various study techniques that would be very efficient for the student during exams. She further spoke about Exam Taking Strategies. At the end of the session Counsellor answered the student's queries they had and also gave them study tips. Overall the session was very informative and students enjoyed the session.

(Mrs. Lourdes Botelho)
College Counsellor