



DCT'S
DHEMPE COLLEGE OF ARTS AND SCIENCE
MIRAMAR PANAJI GOA
2021-2022



WORKSHOP ON MAINTAINING A POSITIVE ATTITUDE

A workshop was organized by the College Counsellor Mrs. Lourdes Twiny Botelho, on 28th June 2022 for the administrative staff, Dhempe College of Arts and Science, Miramar – Goa at 10:30 am in the Swami Vivekananda Hall. The topic for the session was ‘**Maintaining a Positive Attitude**’. 18 staff members attended the session i.e. 11 males and 9 females.

The objective of the workshop was to develop a positive workplace attitude among the administrative staff of the college.

The counsellor gave a deep understanding of the meaning of attitude including positive and negative and also spoke about the benefits of maintaining a positive attitude in the workplace and in the personal lives.



She also shared her experience of working for the last 8 years in different institutions and gave various case examples explaining the impact of both positive and negative attitude. She further explained about different ways of building a positive attitude. There were also various activities held during the session. The overall session was very interactive and truly enjoyed by the staff members.

(Mrs. Lourdes T. Botelho)
College Counsellor