



**DCT'S
DHEMPE COLLEGE OF ARTS AND SCIENCE
MIRAMAR PANAJI GOA
2022-2023**



DEPARTMENT OF PSYCHOLOGY

WEBINAR ON BEYOND BINARY: UNDERSTANDING SEXUAL ORIENTATION

The Department of Psychology organised a webinar on Beyond Binary: Understanding Sexual Orientation on 03 July 2023 from 03:00 p.m. to 04:00 p.m. in Anx 2, Dhempe College of Arts and Science, Miramar Goa. The resource person for the same was Ms. Aafreen Khan, counsellor of Dhempe College of Arts and Science, Miramar- Goa. 14 students participated in the same Ms. Sweta Matonkar.

Objective:

To create awareness among students with regards to various sexual orientations and to help reduce stigma associated with the LGBTQ+ community.

Participants' Profile:

The workshop was organised for the students of FY BA from the Psychology Department.

Proceedings:

The webinar entailed valuable inputs from Ms. Aafreen Khan who started the session with an introduction to the concept of gender identity and sexual orientation. The participants were informed about the stigma attached to sexual orientation. The participants learnt about the different types of gender identities and sexual orientations existing. The resource person also expressed the stigma, discrimination and prejudice experienced by the community which had a major impact on their physical and mental health. The participants were encouraged to develop sensitivity towards the minority community and spread awareness on such topics. The benefits of the webinar were evident in the verbal feedback that was provided by the participants at the end of the session. The webinar ended with Question-and-Answer round at and a vote of thanks proposed by Ma'am Shweta Matonkar.

Outcome:

The webinar helped in enhancing the understanding of the participants with regard to the concept of gender, sexual orientation, LGBTQ+ community, societal attitude towards them and its impact on their physical and mental health. Participants further learnt the importance of acknowledging and creating an environment that respects and celebrates our differences in gender identities and sexual orientation and expression and creating an inclusive culture that prevents children and youth from experiencing distress, discrimination, bullying and ultimately negative health outcomes. Overall the session was interactive and enjoyed by the students.



Aafreen Khan
Counsellor

Ms.Sweta Matonkar
Activity Coordinator