

## DCT'S DHEMPE COLLEGE OF ARTS AND SCIENCE MIRAMAR PANAJI GOA 2023-2024



## **HEALTH & COUNSELLING CENTRE**

## **REPORT OF EYE CHECK UP CAMP**

The Health and Counselling Centre of Dhempe College of Arts and Science, in collaboration with ESG Eye Hospital Miramar, Panaji - Goa, organized a successful eye check-up camp in the AV Room of the college on the 14th of August 2023. The primary objective of this camp was to offer free eye check-up services to the staff and students of the college. The camp began at 10:30 AM and ended at 2:15 PM. A total of 136 individuals (83 students and 53 staff members), benefited from the expertise of a team of three professionals from ESG Eye Hospital Miramar.

The ESG Eye Hospital team comprised a Senior Optometrist, a Technician, and a Sales Executive. Their collective knowledge and dedication played a pivotal role in the camp's success. Throughout the day, a range of eye care services were provided, including visual acuity tests, refraction tests, counselling, etc.

The camp helped in the early detection of various eye conditions thus helping individuals receive timely interventions and appropriate treatment, potentially preventing the progression of these conditions. The camp also helped in creating awareness about the importance of regular eye check-ups and overall eye health. This enhanced awareness is expected to encourage individuals to prioritize their eye health, leading to better long-term outcomes.

Dr. Joslyn Henriques, Convenor, Health committee, Ms. Aafreen Khan, Counsellor, and all the members of the Health Committee namely, Dr. Priyanka Kole and Dr. Preeti Poduval contributed in the smooth conduct of the camp.



(Dr. Joslyn Henriques) Convenor, Health Centre (Ms. Aafreen Khan) Counsellor